

PALMDALE

News • Activities • Entertainment



PALMDALE
a place to call home

Fall 2013

The City of Palmdale presents

The 1940s Radio Hour

Book by Walton Jones
Music by various composers

Friday and Saturday, December 13 & 14, 7:30 pm

Saturday and Sunday, December 14 & 15, 2 pm

Tickets: \$14/adults, \$12/seniors, students, military, 12 & under

Guest Director: M. Steven Felty • Musical Director: Jenny M. Chaney
Produced by special arrangement with SAMUEL FRENCH, INC.



The
Palmdale
Playhouse

38334 10th Street East, Palmdale
661/267-5611 or 661/267-5684





PALMDALE
a place to call home

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Palmdale: News • Activities • Entertainment
Fall 2013

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CITY COUNCIL

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Councilmember Mike Dispenza
Councilmember Steven D. Hofbauer
City Manager David Childs

On The Cover: "Gabriel's House," in memory of eight-year-old Gabriel Fernandez, will open this fall. Read the full story on page 13.

New!



**AFTER HOURS
Emergency Contact:
661/267-5338**

To report emergencies, residents may call 661/267-5338 after 6 pm and before 7:30 am Monday through Thursday and all day Friday, Saturday and Sunday. Emergencies include sewer overflows, roadway/right of way hazards, downed tree limbs, downed signs, potholes, or broken sprinkler lines in City parks or landscaped areas.

News

LETTER FROM THE CITY MANAGER



DAVID CHILDS, CITY MANAGER

Welcome to the fall 2013 edition of Palmdale Magazine!

After an incredibly busy summer, we at the City of Palmdale are pleased to present to our residents a full plate of cultural, recreational, educational and entertainment opportunities for the fall.

We're also continuing to unfold our City's strategic plan of "Success Through Sustainability" with impressive results. Our approach of engaging residents, City staff and our business and agency partners through three key components — community, economy and organization — is already producing some wonderful results.

We've seen our strategic plan unfolding in a number of exciting and tangible ways. In our neighborhoods, for example, we're

seeing residents, the City and groups like Youth Build partnering for neighborhood clean ups and BBQs. Take a drive down Palmdale Blvd. and you'll see two of our "older" shopping centers sporting a fresh new look. Our partnership with the Palmdale Aerospace Academy, which will begin its second year shortly, is helping prepare the future workforce for our aerospace partners at Plant 42 and provide our youth with a pathway to bright careers. The new Palmdale Recycled Water Authority forged an important partnership between the City and the Palmdale Water District which will provide huge dividends for our residents by utilizing a precious resource in a most effective way — keeping our parks and open spaces nice and green, while preserving potable water. All across Palmdale, Neighborhood Watch groups are meeting to not only make their neighborhoods safer, but also to learn about emergency preparedness, City resources, and to just get to know each other. And we're connecting with our residents in our focus neighborhoods through our Neighborhood Houses, including our newest one, which we're naming "Gabriel's House" in memory of Gabriel Fernandez.

There's much more to come for our residents, and I encourage you to become involved and engaged. It's YOUR City and together we will continue to build a great community to call home.

Sincerely,

Dave Childs
City Manager

Attend City Meetings ... You're Invited!

Palmdale City Council meetings are held on the first Wednesday of the month beginning at 7 pm.

Palmdale Planning Commission meets on the first Thursday of the month beginning at 7 pm.

The Board of Library Trustees meets on the third Tuesday of each month at 5:30 pm.

These meetings take place at the Council Chamber, 38330 Sierra Highway, Suite B.

The Next Generation Youth Council meets at 6:30 pm on the first and third Monday each month at the Larry Chimbole Cultural Center, 38250 Sierra Highway.



Palmdale Means Business!

Palmdale continues to be the destination for businesses to start, relocate and above all, grow! As a result, residents have greater opportunities to shop, dine and work close to home.

"We've created some excellent business parks and retail corridors for businesses to thrive," said Economic Development Manager David Walter. "We continue to work hard to attract potential manufacturers to come to Palmdale and take advantage of all that we have to offer — a skilled workforce, outstanding retail and restaurants, beautiful parks and amenities, and affordable housing."

NOW OPEN NEAR PALMDALE REGIONAL MEDICAL CENTER

Dr. Gill Cardiology — Dr. Kanwaljit Gill, MD, board certified cardiologist.
38656 Medical Center Dr., Suite A.

Vargo Physical Therapy — is a leading provider of rehabilitation treatment for sports and industrial injuries as well as post-operative and age-related conditions. 38656 Medical Center Dr., Suite B.

Nick Alapour, DO, Neurosurgery — 38925 Trade Center Dr., Suite A/B.

The Joint Chiropractic Place — 39445 10th St. West, Suite D.



New Businesses in Palmdale....

Some of the new businesses that have opened and new developments include:

INDURA

Ultimate welding performance. Leading international company in gases, welding consumables and equipment established in 1948. Their west coast division opened at 360 Grand Cypress Ave., Suite 301.

PRECISION LABS

Offering fully third party registered instrument calibration and value-added services for thousands of Southern California manufacturers. They offer the economical alternative to in-house calibration while still providing modern equipment, and a professional staff. Located at 644 E. Rancho Vista Blvd.

AEROWIRE TECHNICAL SERVICES, INC.

Aerowire, which relocated from Lancaster in May, is a minority woman owned small business focused on providing contract manufacturing services in the avionics and wire/cable fabrication industry. Located at La Quinta Lane, 40222A, Suite 102.

Platinum Mortgage

5th St. West — Business offices with a market.

Palmdale Health & Wellness Center

38921 Trade Center Drive

Toneman project

Trade Center Drive — east side of street, south of Venture Commerce Center.

Cruz Thru Express Car Wash

10th St. West — Full service car wash

Campano Law Group

41301 12th St. West

Family Christian Center

10th St. West, (near Souplantation)



New Restaurants ...

Guadalajara Taco Grill, 832½ Ave. Q-6

I Love BBQ, Korean BBQ, 40140 10th St. West

Azteca Restaurant, 856 West Palmdale Blvd.

Aloha Shave Ice, 3115 Rancho Vista Blvd.

Yoshinoya, 540 W Rancho Vista Blvd.

Mahli's Indian Cuisine, 39438 Trade Center Dr., Suite A

Mi Pueblito, 38575 5th St. East

Sam's Flaming Grill, 422 W. Rancho Vista Blvd.

Santa Ana Fresh Mexican, 1327, E. Palmdale Blvd.

Coming Soon to East Palmdale...

Pizza Experience, 47th East & Ave. R

Buffalo's Café, Ave. S

Nai Hao Sushi, 47th East & Ave. R

“ WE CONTINUE TO WORK HARD TO ATTRACT POTENTIAL MANUFACTURERS TO COME TO PALMDALE AND TAKE ADVANTAGE OF ALL THAT WE HAVE TO OFFER — A SKILLED WORKFORCE, OUTSTANDING RETAIL AND RESTAURANTS, BEAUTIFUL PARKS AND AMENITIES, AND AFFORDABLE HOUSING. ”

— DAVID WALTER ECONOMIC DEVELOPMENT MANAGER



Summit Energy Set to Build Palmdale Power Plant

Palmdale's City Council approved the terms for the sale of the Palmdale Power Plant to Summit Power Group LLC, an energy project developer from Seattle, Wash.

The 570 megawatt project, hailed by the EPA as a "model for power plants across the nation," and the "cleanest power plant ever permitted," will provide more than 800 construction jobs for up to 3 years, 35 high-paying full time jobs to operate the plant and dozens of support jobs, and will infuse \$5 million into the local economy annually.

In August 2011, after three years of intense study and scrutiny, the California Energy Commission (CEC) adopted the Presiding Member's Proposed Decision to approve the Palmdale Power Plant. That was followed in November, 2011, by the Environmental Protection Agency's (EPA) issuance of their permit to the City of Palmdale, for the construction and operation of the project.

"This is the most scrutinized project in the history of the Antelope Valley," said Palmdale's Director of Public Works Mike Mischel.

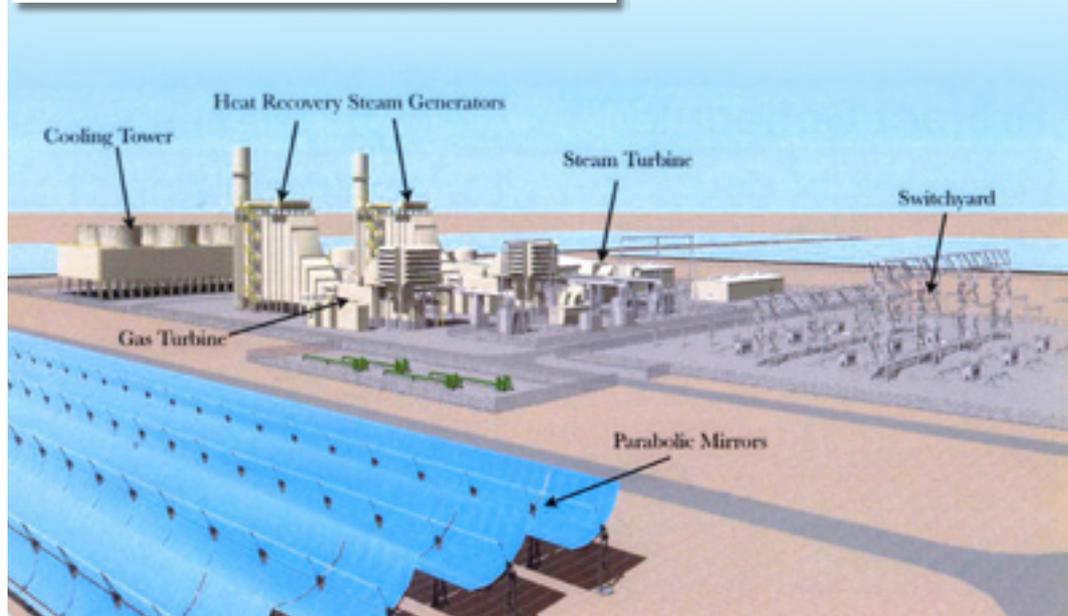
Summit has nearly 4,500 megawatts of electric power plants in operation and several additional megawatts in development in a wide spectrum of energy technologies.

Palmdale Power Plant Site Map



Palmdale Power Plant Supporters

- State Senator Steve Knight
- Palmdale Chamber of Commerce
- AV Black Chamber of Commerce
- AV Hispanic Chamber of Commerce
- LA/Orange Counties Building & Construction Trades Council
- George Runner
- Congressman Howard "Buck" McKeon
- Assemblymember Steve Fox



The Palmdale Power Plant will bring enormous benefits to the Antelope Valley

Direct Local Expenditures

Over \$5 million dollars a year infused into the local economy. This includes purchase of supplies and equipment, outsourced maintenance, vehicles, legal services, insurance, car & equipment rentals, painting, waste disposal, etc.

Taxes

More than \$6 million annually in property taxes, most of which will accrue to the County, including contributions to local school and water districts.

Regional Economic Benefits

Up to \$5 million invested for paving of 4-6 miles of roads, much of which are in unincorporated Los Angeles County.

- Construction of a regional reclaimed water trunk line at a cost of some \$20 million which will benefit both Palmdale and Lancaster, paid for by the power plant.
- Up to \$27 million paid to the City of Palmdale through the sale, enabling expansion of important general fund programs such as law enforcement and parks programs.

Jobs

Over 800 skilled, union construction jobs, overwhelmingly drawn from the local communities.

35 direct, permanent, high paying jobs, with benefits and longevity.

40-50 additional indirect (e.g., material and equipment suppliers, truck drivers, outsourced maintenance services, etc.) and induced (e.g., grocery stores, laundromats, eateries, etc.) jobs.





- Production of 600 MW of electricity— enough to supply approximately 500,000 homes — and will help hold down the costs of generating electricity system-wide.
- Provides much needed source of reliable, clean power to allow State to increase intermittent renewable sources of power.

Looking Good, Palmdale!

Two shopping centers on Palmdale Blvd. recently received extensive remodeling and a fresh new look. The shopping center located between Sierra Hwy. and 6th E., and the Towne Center, located east of 20th E. are both managed by Ophir Management. “Kudos to the owners of these properties for their investment in Palmdale,” said City Manager Dave Childs. “This is the kind of effort from the private sector that helps build pride in the community as well as providing a nicer shopping experience for our residents.”

AV CANCER CENTER OPENS IN PALMDALE

The Antelope Valley Cancer Center is now open at 38660 Medical Center Drive, Suite 380. “Our new location right at the Palmdale Regional Medical Center close to the 14 Freeway will provide easier transportation convenience for our patients and their families,” said Dr. Mukund Shah of the Antelope Valley Cancer Center.

“Moving to a newer building will enable the Cancer Center [to] continue our innovative treatment advances and patient care focus with state-of-the-art medical technology,” Dr. Shah continued. “It will also provide more comfortable and relaxed surroundings for our patients and staff.”



- EPA called it “cleanest power plant ever permitted in the nation.”
- Called a “model” for power plants in the country by EPA.
- The CEC Final Decision states: “The Conditions of Certification also assure that the project will neither result in, nor contribute substantially to, any significant direct, indirect, or cumulative adverse environmental impacts.”
- CEC’s Final Decision, Public Health section, states: “There is no competent evidence in this record that PHPP poses any threat to the health of the public in general, or to residents of Lancaster in particular.”
- The Emission Reduction Credits are required at a level (1.3:1) that is greater than 1:1, thereby resulting in reduced emissions.
- Road paving will dramatically reduce particulate matter in the air.
- Project will use reclaimed water from the Palmdale treatment facility freeing up potable water for future needs.
- Allows the retirement of older, dirtier and less efficient plants.



Interest List Forming for Transit Village

With work nearing completion on the City's first phase of the innovative Transit Village project, an interest list is forming for potential residents.

"If you would like to be on the list, please contact the Michael's Organization at 1-877-885-7323," said Housing Manager Mike Miller.

Phase 1 comprises of a 156-unit, five-story apartment complex located south of the Palmdale Transportation Center. It will feature underground parking and a second-floor courtyard with a playground and community swimming pool.

"Transit Village will provide affordable and market-rate housing specific to the needs of commuting workforce households," said Miller. "In addition to increasing our supply of affordable housing, it is removing blight and creating a beautiful extension of the Transportation Center."

Phase two, which will feature 122 townhomes, is expected to be under construction in early 2014.



Doing Business with the City of Palmdale Workshop

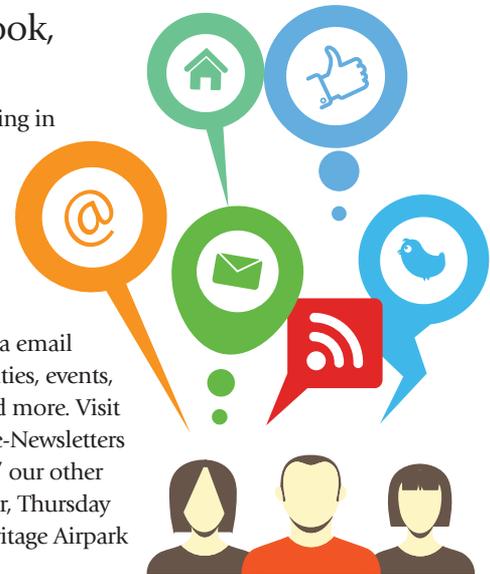
The City will host a workshop on "How to do Business with the City of Palmdale" on Wednesday, Oct. 23 from 10 am to noon at the City Council Chamber, 38330 Sierra Highway, Suite B.

This workshop will provide the business community with a brief overview of "Vendor Self-Service, which allows business owners to register as a prospective vendor with the City of Palmdale online. This service allows vendors to access their company information and records, update their profile and contact information, as well as register the commodities and services they provide. Additionally, purchase orders, invoices, AP checks and bid information are all available online 24 hours a day, seven days a week.

The workshop will also acquaint vendors with information on how to provide responsive competitive bids and proposals. The Supplier Development Program will also describe the basic procurement guidelines and policies under which the City operates. Info: 661/267-5440.

Stay Connected: Follow the City on Facebook, Twitter and with E-News!

Stay "in the know" on what's happening in Palmdale by following us on Facebook at City of Palmdale-Government and Instagram@CityofPalmdale. Or if you use Twitter, you can get our "tweets" at PalmdaleCity. Also, you may subscribe to one of the City's e-Newsletters that will bring information directly to you via email — information regarding job opportunities, events, public safety information, programs and more. Visit www.cityofpalmdale.org and select the e-Newsletters that you wish to receive. You may "like" our other Facebook pages; Palmdale Amphitheater, Thursday Night on the Square and Joe Davies Heritage Airpark at Palmdale Plant 42.



Palmdale Lands Transportation Grant

The City has been awarded a grant for \$400,000 to fund the Palmdale Transit Orientated Development Overlay Zone and EIR Project. The project will update the Palmdale Transit Specific Plan (PTVSP), General Plan and Zoning Ordinance to reflect the City's plans for TOD-oriented development and multi-modal connectivity to the Palmdale Transportation Center (PTC).

"Palmdale is in position to showcase a future state-of-the-art transportation center unlike any other in the world," said Transportation/GIS Manager Mike Behen. Plans are underway to bring together two high-speed rail systems (California High Speed Rail CHSR and XpressWest from Las Vegas), two freeways (SR 14 and the future E-220 High Desert Corridor), Metrolink, Palmdale Regional Airport, Amtrak, AVTA bus service, and other modes, all feeding into Palmdale at the PTC. "These funds will help to bring the city one step closer to being at the center of the state's first-ever interstate, intermodal high-speed rail station," said Behen. Work on the grant is scheduled to begin in Fall 2013.

“PALMDALE IS IN POSITION TO SHOWCASE A STATE-OF-THE-ART TRANSPORTATION CENTER UNLIKE ANY OTHER IN THE WORLD.”

— MIKE BEHEN



Keep Fats, Oils & Grease Out of Your Sink



The holidays are fast approaching, and the City is reminding residents to keep FOG — Fats, Oils and Grease — out of household sinks and drains.

"The Thanksgiving and Christmas holidays traditionally are the times of year when we face some sewer blockages due to the build-up of fats, oils and grease — which include cooking oils, salad dressings, sandwich spreads, meat drippings, meat juices, meat fat and other similar products — that are dumped down the sink," said Palmdale's Utilities Services Manager Gordon Phair. "Deep-frying turkeys is very popular but many people do not know the proper procedure to dispose of the used cooking oil. This used cooking oil can be disposed at the Antelope Valley Environmental Collection Center (AVECC) on the first and third Saturday of every month."

"Eventually, dumping FOG items down the sink results in sewer backups that can overflow onto the streets and even into the home, which can damage both property and the environment," Phair said.

The City of Palmdale recommends the following in regards to handling FOG materials:

- Never pour fats, oils and grease down the sink or garbage disposal.
- Pour fats, oils and grease after they have cooled into a sturdy container, such as an empty glass jar or coffee can. Once the container is full, close the lid securely and place it in the trash.
- Prior to washing, scrape and dry wipe pots, pans and dishes with paper towels and dispose of those materials in the trash.
- Use sink strainers to catch food items, and empty the strainer into the trash.
- To recycle large amounts of FOG from deep-frying a turkey, please contact the Antelope Valley Environmental Collection Center (AVECC) at 1-888-CLEAN LA (1-888-449-7587).
- For businesses or households with larger volumes of FOG, contact 661/267-5272 for recycling options.

"By helping to prevent sewer blockages, you are helping your home, your pocketbook, and the environment," said Phair. "It is important to remember that each household in our City plays an important role in preventing neighborhood sewer blockages."

For more information about Palmdale's FOG prevention program, please call 661/267-5300.



SIDEWALK ETIQUETTE

With the nice weather, more residents are taking advantage of our city sidewalks when taking evening strolls. When schools are in session, sidewalks are in high demand with children returning home from school. Therefore, the Parking Enforcement Office wants to remind residents that it is unlawful to park a vehicle with any portion of the vehicle parked on or extending over any portion of a sidewalk because they are for the exclusive use of pedestrians. The area of the sidewalk between the street and the driveway is for pedestrians to walk safely, it is not part of the property or driveway, and needs to be kept clear. Please be attentive to this and keep our sidewalks safe and clear for everyone. For more info, please call at 661/267-5436.



REGISTER FOR LANDLORD TRAINING CLASSES

August 20 & 27 and October 23 & 30

If you own or manage single or multi-family rental property in Palmdale, then consider attending an 8-hour (2-night) landlord training class facilitated by the Partners Against Crime program. Fee: \$25/person and pre-registration is required. Contact the Public Safety Department at 661/267-5172 for questions and to register, or contact Kelly Long at: klong@cityofpalmdale.org.

December is 3-D Month

National
Drunk & Drugged Driving
Prevention Month



December has been designated as "National Drunk and Drugged Driving Prevention (3-D) Month." As a result, national attention will be focused on the impaired driver. State and local governments, consumer groups and the media have rallied to support 3-D Month activities.

Here are some easy ways you can support the cause in Palmdale:

TIE ONE ON FOR DRIVING SAFETY

The City is encouraging all drivers to display a red ribbon on their vehicle's antenna to show their support of the Tie One On campaign which runs from Thursday, Nov. 28 and runs through Wednesday, Jan. 1. Free ribbons will be available to residents for pick up beginning Nov. 25 at Palmdale's public safety and community relations department, 827 East Avenue Q-9.

Lights On for Life

DECEMBER 21, 2013



The City is encouraging citizens to drive with their headlights on during the day on Dec. 21 as part of the Lights on for Life campaign in honor of those killed or injured by drunk drivers.

SPOTS OPEN FOR PALMDALE SHERIFF'S COMMUNITY ACADEMY

The Palmdale Sheriff's Station is seeking 50 interested residents to participate in the Antelope Valley's Twenty-Ninth Community Academy which will take place Sept. 3-Oct. 22. This program will focus on the Sheriff Department's operational procedures, as well as sessions ranging from criminal law to undercover operations. Participants will go on a ride-a-long, tour a custody facility and participate in role-playing exercises. The purpose of the Academy is to build a better understanding between the community and the Sheriff's Department through education. The class meets for eight weeks and is absolutely free. Classes will be held on Tuesday evenings from 6:30 to 9 pm at the Lancaster Sheriff Station, 501 West Lancaster Blvd, Lancaster.

To register, please pick up an application at the front counter of the Palmdale Sheriff Station, 750 E. Ave. Q.

For more information, contact Deputy Jodi Wolfe at 661/272-2520 or jewolfe@lasd.



Emergency Preparedness Presentation

Be prepared! Join us for an Emergency Preparedness presentation on Tuesday, September 10 at 7 pm in the City Council Chamber, at 38300 Sierra Hwy, Suite B.

“Being properly prepared for an emergency is important and a must for all residents,” said Crime Prevention Officer Kery German. “This presentation will offer how-to information, educational presentations and materials on how to be properly prepared.”

Guest speakers from the LA County Fire Department, LA County Sheriff’s Department, Red Cross and others will be present.

“Remember, it’s never too early to prepare but it can be too late,” German said.

For more information please call 661/267-5170.

Emergency Preparedness Info Online

www.avpreppers.webs.com

www.antelopevalleycert.com

www.preparesocal.org

SAFETY PRESENTATIONS FOR SENIORS AT LEGACY COMMONS

The City will host an Emergency Preparedness presentation for seniors on Thursday, Sept. 12 at 9:30 am at Legacy Commons Senior Center, 930 East Avenue Q-9. The presentation is free and open to the public, and will offer information and suggestions specifically for seniors on how to be properly prepared for any emergency. Info: 661/267-5170.



HOLIDAY AND PERSONAL SAFETY

Be safe around the holidays! This presentation for seniors will be held on Thursday, Nov. 14 at 9:30 am at Legacy Commons for Active Seniors. It’s free and open to the public.

The presentation will teach basic safety and security tips on various holiday situations such as shopping, home security, protecting your personal information while shopping, holiday traveling and more. Info: 661/267-5170.

THE JIMENEZ LAW GROUP

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Injuries
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- Civil
- Landlord/Tenant
- Criminal/DUIs

Chellei G. Jimenez, Attorney at Law

1672 West Avenue J, Suite 203 • Lancaster 93534

661/722-7474

www.jimenezlawgroup.com

Christmas PARADE
PALMDALE CHAMBER OF COMMERCE

Saturday, December 14 • 10 am
47th St. E. between Ave. R & S
Info: 661/273-3232

Parade sponsors...

PALMDALE AUTO MALL SUPER CENTER www.PalmdaleAutoMall.com



What's Happening at the Palmdale City Library?

Here's a peek at what's in store this Fall:

- Dog Rescue — Saturday, Aug. 24
- Chess for K-6 grades — Wednesday, Aug. 28 & Sept. 4
- Baby/Toddler Storytime —
Wednesday mornings, 10 am starting Sept. 18
- Fall story times: Preschool — Tuesdays, 10 am,
Bilingual — Fridays, 10 am
- Yoga for 6-12 years — Saturday, Sept. 14
- Paws to Read — Wednesday, Oct. 16

Check out our incredible online resources www.cityofpalmdale.org/library, including:

Mango Languages

Learn a new language today for free, or brush up on your English.

Brainfuse

Get help with your homework at all grade levels (even college!), or have them look at your resume!

General Reference Center

When you need to find articles on current events, popular culture, business and industry trends, the arts and sciences, sports, hobbies, and more.

“Like” us on Facebook @ Palmdale City Library to see more!

Palmdale City Library 700 E. Palmdale Blvd., Palmdale
661/267-5400 • www.cityofpalmdale.org/library

Hours: Monday-Thursday, 10 am to 8 pm

Friday & Saturday, 10 am to 5 pm

Sunday, 1 to 5 pm



PALMDALE WORKS! YOUTH JOB ACADEMY

The Palmdale Works! Youth Job Academy is designed to assist youth ages 15-18 in preparation for seeking and applying for employment as well as being successful on the job. This is not a job placement program; it is a job readiness program. Students who complete all classes receive a certificate of completion.

Next session is Sept. 10-26, Tuesday & Thursday, 3:30 to 5:30 pm. Info: www.cityofpalmdale.org/pbp/youth or email tjones@cityofpalmdale.org.

PALMDALE PARTNERS ACADEMY

Want to learn how YOUR City works? Participants are being recruited for the Spring 2014 session of the Palmdale Partners Academy. The academy is designed to present citizens with a first-hand look at City operations and services. Participants will interact with City staff and learn the challenges facing municipal governments as well as gain insight into the City's future goals and objectives. Classes will be held on 10 consecutive Wednesdays from 7 to 9 pm beginning Feb. 19, 2014. Applications may be obtained on the City website at www.cityofpalmdale.org, or by contacting Trish Jones at 661/267-5665. Interested persons should submit their application as soon as possible as participation is limited. Citizens unable to commit to all the classes are asked to apply for future sessions. Priority will be given to Palmdale's residents.

Application deadline: Feb. 9, 2014.

NEXT GENERATION YOUTH COUNCIL

The Next Generation Youth Council is recruiting new members for the 2013-2014 school year. Palmdale residents ages 12-18 are invited to participate. The Council meets twice each month at the Chimbole Cultural Center.

For meeting schedule, please visit www.cityofpalmdale.org/pbp/youth.





Volunteers Sought for Domenic Massari Park Makeover

One of Palmdale's most popular parks is going to receive a makeover on Saturday, Oct. 5! Join City staff as we work together to freshen up Domenic Massari Park, located at 37716 55th St. East.

"We're looking for volunteers from our residents and businesses to help us with projects that include fencing, landscaping, light carpentry, painting and cleaning," said Administrative Analyst Cheryl Hughes. "We need people with expertise in these areas, people who are willing to pitch in and help, and from businesses, donation of materials and supplies."

To participate or for more information, please email Cheryl Hughes at chughes@cityofpalmdale.org or Trish Jones at tjones@cityofpalmdale.org or call 661/267-5665.

FALL EVENTS COMING TO PALMDALE

Several important community events will be happening in Palmdale this fall including:

AV International Heritage Festival — Saturday, Sept. 14, 10 am to 3 pm at Poncitlán Square.
Info: 661/406-4320.

Kiwanis Duck Race — Saturday, Sept. 14, 6 to 9 pm at Drytown Water Park.
Info: visit www.duckrace.com/antelopevalley

Gracefest — Music & message festival, featuring Jars of Clay, Kutless and Colton Dixon, Friday & Saturday, Sept. 20 & 21 at the Palmdale Amphitheater. Info: visit www.gracefestav.com.

Relay for Life — Saturday, Sept. 21, 9 am at Highland High School.
Info: RelayForLifePalmdale@hotmail.com.

Strides Against Breast Cancer 5K Walk — Saturday, Oct. 19 at the Palmdale Amphitheater.
Info: Jo Ann Baker: 661/221-0293 or joann@networkinkmedia.com.

Vietnam Veterans Memorial Wall for the Antelope Valley — On display Thursday, Nov. 7 through Tuesday, Nov. 12, 8 am at the Palmdale Amphitheater. Info: www.avwall.org.



CITY'S NEWEST NEIGHBORHOOD HOUSE TO BE NAMED "GABRIEL'S HOUSE"

The Palmdale City Council voted unanimously to approve the dedication of a home in Focus Neighborhood 3 for a new Neighborhood House, and name it "Gabriel's House" in memory of eight-year-old Gabriel Fernandez who was tragically killed.

Working with local partners, "Gabriel's House" will serve as a music and performing arts center to provide children in the area with the opportunity to develop their creative talents.

"We've received an outpouring of support from our community partners who will be donating their resources, time and labor to help transform the house into a place where our young people can thrive in the arts," said Housing Manager Mike Miller. "Our Neighborhood Houses have been outstanding in helping to connect our residents in our Focus Neighborhoods with city resources and a variety of programs."

A dedication ceremony is scheduled for fall 2013.

Located at 38553 4th St. East, it is the City's third Neighborhood House. The other two are located at 503 E. Ave. Q-3, and 1129 E. Ave. R-4.

For more information, contact Housing at 661/267-5125.

Fall 2013



The
Palmdale
Playhouse

Celebrates 19 years of Community Theatre!

The Palmdale Playhouse serves as a learning center for people of all ages and abilities to explore the many aspects of theatre arts and provides a place for the enjoyment of community based theatre.

PURCHASE TICKETS FOR PLAYHOUSE SHOWS AND PERFORMANCES

Palmdale Recreation and Culture office,
38260 10th Street East or call 661/267-5611.
www.cityofpalmdale.org/playhouse.
Palmdale Playhouse Box Office opens two hours prior to each show,
38334 10th Street East or call 661/267-5684.

Check the website,
www.cityofpalmdale.org/playhouse
for updates.

ART GALLERY EXHIBIT

See the best of local artists at our intimate gallery.

Art is a Way of life

Art by Peaceful Valley Artists Guild

Thursday, September 19 through Sunday, November 3

Reception: Thursday, September 19, 6:30-8:30 pm

Members of Peaceful Valley Artists Guild will present a variety of art media featuring watercolors, oils and acrylics with landscapes, flowers, portraits and more. Artists meet every Thursday night under the instruction of Debra Schneider.

PLAYHOUSE HOLIDAY EVENTS

Holiday Open House with Santa

Wednesday, November 27, 11 am-4 pm
Wednesday, December 4 & 11, 6-9 pm
Wednesday, December 18, 11 am-4 pm & 6-9 pm

Take a break from the traffic and crowds.
Experience the sights, sounds and scents of the season. The Playhouse is filled with seasonal decorations and Santa Claus is on hand to hear holiday wishes from young and old. Relax and enjoy complimentary refreshments!

Admission free • Picture with Santa \$5



CINDERELLA and ROOMFUL OF CHRISTMAS

Friday, December 6, 7:30 pm
Saturday, December 7, 2 pm

The Palmdale Junior Ballet presents a classic fairy tale that comes alive with romance and comedy, mesmerizing dance, and hilarious fun for the entire family. If you love Christmas, come see the Palmdale Tap and Jazz Dance Ensembles perform to "Holly Jolly Christmas" by Michael Buble, "I Believe" by Frank Sinatra and "Christmas This Year" by Toby Mac. Plus many, many more! Your toes will be tapping, your hearts will be touched and your lives will be enriched by this exciting holiday dance production.

Tickets: \$12/adults, \$10/seniors, students, military, 12 & under

West Coast Classical presents

HOLIDAY CELEBRATION

Friday, December 20, 7:30 pm

West Coast Classical's String Orchestra, Wind Ensemble and Flute choir present a family-friendly holiday concert featuring "This Christmas," a funky, upbeat rock style piece, "Christmas Classics," showcasing March from Tchaikovsky's 'Nutcracker Suite' followed by Bizet's March of the Three Kings and Handel's Hallelujah Chorus. The concert concludes with "A Holiday Celebration" with *Hark The Herald Angels Sing* and *O Come, All Ye Faithful*.

Tickets: \$12/adults, \$10/seniors, students, military, 12 & under

West Coast Classical presents

HOLIDAY FANTASTIQUE

Saturday, December 21, 7:30 pm

West Coast Classical's Holiday Fantastique celebrates the holiday season featuring "Symphonie Fantastique" by Hector Berlioz. This musical tale of hopeless love is widely regarded as one of the most significant works of the early Romantic period. The concert will also feature Christmas at the Movies with music from six holiday films. This music medley recalls some of the memorable songs and themes from *Home Alone*, *How The Grinch Stole Christmas*, *Miracle On 34th Street*, *A Christmas Story*, *The Polar Express* and *The Nightmare Before Christmas*. Also included is Bob Cerulli's jazzy and upbeat arrangement of the classic holiday tune "It's The Most Wonderful Time of the Year."

Tickets: \$12/adults, \$10/seniors, students, military, 12 & under

OPEN AUDITIONS

The City of Palmdale presents

The 1940's Radio Hour

a musical comedy By Walton Jones

Fri., September 20, 2013 • 6 pm

Sat., September 21, 2013 • 10 am

At the Palmdale Playhouse

38334 10th St. E. Palmdale, CA 93550

- Bring a current bio and photo.
- Rehearsal schedule: September through December 2013, Times/Dates TBD
- Performance Dates: December 13-15, 2013 @ the Palmdale Playhouse
- Audition materials provided for both singing & non-singing roles
- Males & females ages 18-70 may audition

For more information or to view an audition flyer visit us online at

www.cityofpalmdale.org/

playhouse

or call **661/267-5611**



The
Palmdale
Playhouse

GUEST DIRECTORS WANTED

The Palmdale Playhouse is accepting applications for experienced guest directors for productions to be performed at The Palmdale Playhouse.

If you love theatre and would like to put your skills to use and bring your artistic vision to the stage, we encourage you to apply today!

- This is a Volunteer position
- Applicants must have prior directing experience
- Applicants may submit their original work for consideration
- Applications accepted through January 15, 2014

For complete information and to apply, please visit www.cityofpalmdale.org



Follow the Palmdale Playhouse on Twitter – @PalmdaleCity and Facebook – City of Palmdale-Government

activities



PALMDALE
RECREATION & CULTURE

38260 10th Street East
(between Palmdale Blvd. & Avenue R)
661/267-5611 • 661/267-5636 fax
7:30 am–6 pm Monday–Thursday
Please arrive at least 15 minutes
prior to closing

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Class Location Key

- AVP** Anaverde Park
- AQP** Arnie Quinones Park
- BVL** Brunswick Vista Lanes
- BWSC** Best of the West
Softball Complex
- CCC** Chimbole Cultural Center
- CPB** Courson Pool Building
- CP** Courson Park/Pool
- DSP** Desert Sands Park
- DMP** Domenic Massari Park
- DT** DryTown Water Park
- HAC** Hammack Activity Center
- JHP** Joshua Hills Park
- LC** Legacy Commons
- LS** Local Schools
- MZP** Manzanita Park
- MKP** Marie Kerr Park/Pool
- MKPRC** Marie Kerr Park Recreation Center
- MP** McAdam Park/Pool
- POP** Palmdale Oasis Park/Pool
- POPC** Palmdale Oasis Park Center
- PPH** Palmdale Playhouse
- PRO** Parks and Recreation Office
- PTC** Palmdale Transportation Center
- PVP** Pelona Vista Park

**Parks
Make
Life
Better!**

"The instructors have been absolutely fabulous. They are wonderful, warm, positive and encouraging — exactly what a preschool teacher should be! We are so thankful they've made my daughter's experience so positive."

— Sarah Pesses

"The sports program in Palmdale attracts a good group of kids; coaching is great; facilities are clean."

— Stacey Rhineer

"A very nice family atmosphere." — German Vasconez

"My son likes having a place that his friends go to and always talks about the fun activities, safety, friendliness and playtime with other children."

— Anonymous

registration information

Fall registration begins online and in person,
August 19 at 7:30 am unless otherwise noted.

Online Registration

Visit www.cityofpalmdale.org/playpalmdale and click on the registration link. Activities available for online registration are identified by a 'mouse' icon.

- **New customers** and those who have not registered within the past five years must visit the recreation and culture office to open an account. Proof of address (Calif. I.D. or utility bill) is required to verify Palmdale residency. An e-mail address must be provided to register online.
- **Returning customers who have not provided an e-mail address** must call recreation and culture to obtain a Family ID and Account PIN.
- **Returning customers who have provided an e-mail address** may obtain a Family ID and Account PIN by visiting www.cityofpalmdale.org/playpalmdale. Answers to frequently asked questions are available on the Web site.

Registration information

Some classes require on site registration. In most cases, students must be enrolled with payment prior to participation. Register online or at the recreation and culture office. You may register during operating hours in person, by fax or phone. Programs are filled on a first-come, first-served basis. Information is subject to change.

Resident/non-resident information

Resident and non-resident fees are in place to benefit Palmdale residents. Those living outside Palmdale city limits pay an extra fee for some registrations.

Sibling discount

A discount rate is offered for select programs to register two or more children in your immediate family into the **same program**. Discount is not available online.

Proof of age requirement

Tiny Tots and Youth Sports programs require child's proof of age (birth certificate required for Tiny Tots) at time of registration.

Payment options

Payment may be made by cash, check, Visa or MasterCard. Adult sports programs require payment by company check, cashier's check, money order or cash (personal checks accepted from team managers only). **Please make checks payable to City of Palmdale.** The City charges a \$25 fee for returned checks.

Withdrawal/refund policy

Full refunds/credits are available for courses cancelled by the City or instructor. Patron-requested cancellations must be received three days before the second meeting for full refund/credit. No refund/credit will be issued after this time. For cash or check transaction refunds, please allow four to six weeks to process. **Aquatics program** cancellations must be made seven days prior to the first meeting. Late requests will be processed as an account credit for 50% of the fee. Withdrawals/refunds are not available once the program begins. Bus Excursions cancellations must be made two weeks in advance of excursion. Cancellation of programs due to weather or facility maintenance will be processed as an account credit on a per participant/class basis.

Contract Instructor Material Fees

In addition to the registration fee some contract instructors may charge a material fee for supplies or costumes. Material fees are paid directly to the contract instructor and are the responsibility of the instructor. Any issues with supplies received or refund requests must be handled directly with the contract instructor.

Waiver

A signed Release, Waiver, and Assumption of Risk is required for all program participants.

Notice

- Registration or participation in City of Palmdale programs and events constitutes authorization to use program/participant photographs for City marketing purposes.
- The City of Palmdale reserves the right to prohibit any individual from participating.

Aqua Pass

Those using select aquatic programs must present a pre-paid reloadable Aqua Pass. Passes can be obtained at the recreation and culture office.

Must be 14 years of age or older to obtain an Aqua Pass.





youth sports

Little Tennis 1

Students will learn beginning control of the racket and ball, hand/eye coordination, movement and reflexes through fun games and play day. Parents are required to assist in class. Loaner tennis rackets provided. \$3 materials fee per student paid to instructor. Instructor: Leonard Johnson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15858	5-6	Sep 7-28	Sa	10-10:30 am	MKP	\$66
15859	5-6	Oct 5-26	Sa	10-10:30 am	MKP	\$66

Little Tennis 2

Students will learn racket control, forehand and backhand rally progression, beginning serve, return and volley through fun games and play day. Parents are required to assist in class. Loaner tennis rackets provided. \$3 materials fee per student paid to instructor. Instructor: Leonard Johnson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15863	7-8	Sep 7-28	Sa	10:45-11:15 am	MKP	\$66
15864	7-8	Oct 5-26	Sa	10:45-11:15 am	MKP	\$66

Tennis Beginner

Students will have no or to limited tennis background. Students will learn basic strokes, rules of tennis, scoring and beginning tennis games, and will be tested at the end of the eight week session if they wish to advance to the next level. Loaner tennis rackets provided. All students must bring one unopened can of tennis balls or \$5 materials fee. Instructor: Leonard Johnson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15871	7-10	Aug 31-Oct 19	Sa	11:30 am-12:30 pm	MKP	\$100
15872	11-16	Aug 31-Oct 19	Sa	12:30-1:30 pm	MKP	\$100
15873	18+	Aug 31-Oct 19	Sa	1:30-2:30 pm	MKP	\$100

Jr. Team Tennis

This class is for intermediate to advanced players who are currently playing tournaments, high school team tennis, tennis leagues, USTA Junior Team Tennis or aspire to do so. Player must be able to serve, hit forehand and backhand, volley, have an understanding of the court layout, play, and score a game of tennis. Focus will be on improving technique, footwork, ball control, stroke production and point construction. All students must bring one unopened can of tennis balls or \$5 materials fee. Instructor: Leonard Johnson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15877	12-17	Aug 31-Oct 19	Sa	2:30-3:30 pm	MKP	\$100

T-Ball All-Stars

Students learn to bat, catch, field and run bases. Fundamental skills and good sportsmanship are emphasized. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
1595	4-5	Sep 4-Oct 23	W	4-4:45 pm	POPC	\$27R/\$32NR
15952	6-7	Sep 4-Oct 23	W	5-5:45 pm	POPC	\$27R/\$32NR
15953	4-5	Nov 6-Dec 18	W	4-4:45 pm	POPC	\$24R/\$29NR
15954	6-7	Nov 6-Dec 18	W	5-5:45 pm	POPC	\$24R/\$29NR



COMMUNITY BENEFITS OF RECREATION & CULTURE

Great cities have a strong sense of community

Outside the individual benefits, recreation is an essential, verifiable community asset that provides opportunities to strengthen family bonds, promote cultural diversity, and stimulate a greater acceptance of others. Recreation can help us build a better and more livable community.

- Participation in recreation activities promotes volunteerism. Without volunteers, many recreation activities could not be offered. Volunteers have a sense of pride in their community and serve as docents, coaches, and board members.¹
- Recreation is the ideal medium for encouraging and developing stewardship of the land. People who participate in recreation activities are more familiar with natural resources and the environment, and take a greater interest in maintaining the land and its resources.¹
- Recreation promotes positive contact between ethnic groups and opens communication in a non-threatening atmosphere to provide social interaction that can help break down the barriers of unfamiliarity, fear, and isolation.¹
- Recreation plays a vital role in learning and skill development. Organized sports, in particular, provide kids with opportunities to learn from coaches, instructors and mentors, where they learn important leadership skills and improve their social abilities, such as sharing and cooperation.²
- Culture and recreation provide the means to build social capital, and those who participate in these programs tend to promote social connectness and shape civic behavior later in life.²
- Arts and recreation programs, and community events help keep neighbors in touch with each other and reinforce the relationships that make neighborhoods strong.²

**Parks
Make
Life
Better!**SM

Cultural programs and outdoor play strengthen our neighborhoods and families — get out and play today!

¹"The Health and Social Benefits of Recreation," California State Parks Planning Division (March 2005); ²The Caledon Institute of Social Policy (2004).



youth sports

Basketball Hoopsters

This skills clinic is designed to teach youngsters fundamentals of basketball and good sportsmanship. Students learn to dribble, pass, shoot and more! Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15943	4-5	Sep 9-Oct 28	M	4-4:45 pm	POPC	\$27R/\$32NR
15944	6-7	Sep 9-Oct 28	M	5-5:45 pm	POPC	\$27R/\$32NR
15945	4-5	Nov 4-Dec 16	M	4-4:45 pm	POPC	\$24R/\$29NR
15946	6-7	Nov 4-Dec 16	M	5-5:45 pm	POPC	\$24R/\$29NR

Youth Coed Basketball

Coed youth basketball league includes jersey, picture package and trophy. Practices are held during the week between 4-9 pm; coach determines practice day and time. Games are held Saturdays 9 am-5 pm. Proof of age required at registration. Register early, limited registration per division.

Register 10/7-11/27.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15990	7-8	Jan 25-Mar 22	Sa	9 am-5 pm	LS	\$57R/\$68NR
15991	9-10	Jan 25-Mar 22	Sa	9 am-5 pm	LS	\$57R/\$68NR
15992	11-12	Jan 25-Mar 22	Sa	9 am-5 pm	LS	\$57R/\$68NR
15993	13-14	Jan 25-Mar 22	Sa	9 am-5 pm	LS	\$57R/\$68NR
15994	5-6	Jan 25-Mar 22	Sa	9 am-5 pm	HAC	\$57R/\$68NR
15995	7-8	Jan 25-Mar 22	Sa	9 am-5 pm	LS	\$57R/\$68NR
15996	9-10	Jan 25-Mar 22	Sa	9 am-5 pm	LS	\$57R/\$68NR
15997	11-12	Jan 25-Mar 22	Sa	9 am-5 pm	LS	\$57R/\$68NR
15998	13-14	Jan 25-Mar 22	Sa	9 am-5 pm	LS	\$57R/\$68NR

Track, Fit & Fun

This class is designed to teach youth fitness for life by focusing on speed, strength, coordination and balance that can be applied to any sport including track and field.

Instructor: Amos Wellington

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15820	4-8	Sep 3-24	Tu	5:30-6:15 pm	MKP	\$28
15821	9-13	Sep 3-24	Tu	6:30-7:15 pm	MKP	\$28
15822	4-8	Oct 1-22	Tu	5:30-6:15 pm	MKP	\$28
15823	9-13	Oct 1-22	Tu	6:30-7:15 pm	MKP	\$28
15824	4-8	Nov 5-26	Tu	5:30-6:15 pm	MKP	\$28
15825	9-13	Nov 5-26	Tu	6:30-7:15 pm	MKP	\$28
15826	4-8	Dec 3-17	Tu	5:30-6:15 pm	MKP	\$28
15827	9-13	Dec 3-17	Tu	6:30-7:15 pm	MKP	\$28

Kidz Love Soccer

Kids aged 3-1/2 to 6 learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method. Sessions include age-appropriate activities, skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Visit www.kidzlovesoccer.com for more information. KLS Rain-out Hotline: 1-888- 372-5803.

Instructor: Kidz Love Soccer

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15702	5-6 Soccer 1	Sep 16-Oct 14	M	3:45-4:30 pm	DSP	\$55
15701	4-5 Pre	Sep 16-Oct 14	M	4:30-5:05 pm	DSP	\$55
15700	3-4 Tot	Sep 16-Oct 14	M	5:05-5:35 pm	DSP	\$55

Pee Wee Soccer

A fun, non-competitive introduction to this popular sport. Students learn to kick, dribble and pass. Fundamental skills and good sportsmanship are emphasized. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15947	4-5	Sep 3-Oct 22	Tu	4-4:45 pm	POPC	\$27R/\$32NR
15948	6-7	Sep 3-Oct 22	Tu	5-5:45 pm	POPC	\$27R/\$32NR
15949	4-5	Nov 5-Dec 17	Tu	4-4:45 pm	POPC	\$24R/\$29NR
15950	6-7	Nov 5-Dec 17	Tu	5-5:45 pm	POPC	\$24R/\$29NR

Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the world's most popular game. As you and your child participate in our fun, age appropriate activities, your child will develop motor and socialization skills. A variety of activities designed around soccer will be played each week. KLS Rain-out Hotline: 1-888-372-5803. Visit www.kidzlovesoccer.com for more information. Instructor: Kidz Love Soccer

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16086	2-3	Sep 16-Oct 14	M	5:45-6:15 pm	DSP	\$55

Young Champions Youth Soccer

Students learn essential skills and strategy to play winning soccer. Master your skills to become a top player! Beginner, intermediate and advanced instruction provided. Learn dribbling, passing, trapping, shooting, defending and scoring. Instructor: Young Champions

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16088	4-6	Oct 12-Dec 14	Sa	9:30-10:10 am	DSP	\$68
16089	7-9	Oct 12-Dec 14	Sa	10:20-11 am	DSP	\$68
16090	10-15	Oct 12-Dec 14	Sa	11:10-11:50 am	DSP	\$68

Young Champions Self-Defense & Safety Awareness

This program combines self-defense instruction in a fun, structured environment. Students learn and practice verbal and physical skills for self-defense against bullies and strangers. Course content includes breakaways, close contact techniques, communication skills and confident posture. Weekly safety awareness information addresses the lures strangers use to attract and abduct children and teens. Students progress in rank and earn their belts. Instructor: Young Champions

COURSE	AGE	LEVEL	DATE	DAY	TIME	LOC	FEE
16105	4-15	New Students	Oct 7-Jan 13	M	4:30-5:10 pm	POPC	\$80
16098	8-15	Yellow	Oct 7-Jan 13	M	5:15-5:55 pm	POPC	\$80
16099	5-15	Orange	Oct 7-Jan 13	M	6-6:40 pm	POPC	\$80
16100	5-15	Purple	Oct 7-Jan 13	M	6:45-7:25 pm	POPC	\$80
16101	4-15	Yellow & Orange	Oct 8-Jan 14	Tu	6:15-6:55 pm	MKPRC	\$80
16102	5-15	Purple	Oct 8-Jan 14	Tu	7-7:45 pm	MKPRC	\$80
16103	18+	Adults	Oct 8-Jan 14	Tu	7:45-8:25 pm	MKPRC	\$80
16104	4-15	New Students	Oct 8-Jan 14	Tu	5:30-6:10 pm	MKPRC	\$80
16094	4-7	New Students	Oct 12-Jan 18	Sa	9-9:40 am	MKPRC	\$80
16096	8-15	New Students	Oct 12-Jan 18	Sa	9:45-10:25 am	MKPRC	\$80
16097	5-15	Yellow Belts	Oct 12-Jan 18	Sa	10:30-11:10 am	MKPRC	\$80
16107	5-15	Orange & Purple	Oct 12-Jan 18	Sa	11:15-11:55 am	MKPRC	\$80
16095	5-15	Green & Above	Oct 12-Jan 18	Sa	12-12:40 pm	MKPRC	\$80
16106	18+	Adults	Oct 12-Jan 18	Sa	12:45-1:25 pm	MKPRC	\$80

Guerra Fencing Studio

Students will learn the sport of fencing, its history and rules. Develop concentration, flexibility, balance, speed and self-esteem while learning one of the most complete sports of all time. \$60 deposit for jacket payable to instructor. Deposit will be refunded upon jacket return at end of session. Instructor: Jose Guerra

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15887	6-12	Sep 4-25	W	6:30-7:30 pm	MKPRC	\$70
15888	13+	Sep 4-25	W	7:30-8:30 pm	MKPRC	\$70
15889	6-12	Oct 2-23	W	6:30-7:30 pm	MKPRC	\$70
15890	13+	Oct 2-23	W	7:30-8:30 pm	MKPRC	\$70
15891	6-12	Nov 6-27	W	6:30-7:30 pm	MKPRC	\$70
15892	13+	Nov 6-27	W	7:30-8:30 pm	MKPRC	\$70
15893	6-12	Dec 4-18	W	6:30-7:30 pm	MKPRC	\$52.50
15894	13+	Dec 4-18	W	7:30-8:30 pm	MKPRC	\$52.50

Adult Sports are sponsored by



adult sports

Adult Basketball

Teams play one classification game prior to start of league and a 10-game schedule at local gyms. Teams pay \$25 per game for official. Register early, limited registration per division. Register 10/21-12/5.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15987	16+	Jan 6-Mar 31	M	6-10 pm	LS	\$440
15988	16+	Jan 8-Apr 2	W	6-10 pm	LS	\$440

Adult 35+ Basketball

Teams play one classification game prior to start of league and a 10-game schedule at local gyms. Teams pay \$25 per game for official. Register early, limited registration per division. Register 10/21-12/5.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15989	35+	Jan 5-Mar 23	Su	1-4 pm	POPC/MKPRC	\$440

Adult Tournament Tennis

This class is for students interested in competitions. Student should be able to serve, hit forehand, backhand, sustain a short rally, play, score a game of tennis, and know basic rules. Focus will be on point construction, foot work, and strategy. All students must bring one unopened can of tennis balls or \$5 materials fee. Instructor: Leonard Johnson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15869	18+	Aug 31-Oct 19	Sa	4:30-6 pm	MKP	\$120



aquatics

Lifeguard Academy

If you want a fantastic summer job that is challenging and requires concentration with an ability to respond to emergency situations, become a lifeguard! Lifeguard Academy participants who successfully complete requirements will receive American Red Cross Lifeguarding certifications. Successful completion of the Lifeguard Academy guarantees an interview to become a City of Palmdale lifeguard upon completion of employment application and pre-screening test during recruitment period. Course fees include textbooks and supplies. A pocket mask must be purchased by the participant and an additional \$35 certification fee is due the day of the test. Participants must possess the ability to swim 300 yards continuously prior to the first day of course. If participants are unable to pass the swim test, they will be removed from the course and their registration fee will be fully refunded. **Mandatory participant meeting Wednesday, August 28, at 6 pm at Marie Kerr Pool.** All lifeguard candidates who wish to apply for a job must be 17 years of age by May 1, 2014.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16079	16+	Sep 6-22	F-Su Sa, Su	6-9 pm 9 am-4 pm	MKP	\$80R/\$96NR

Adult Lap Swim

This low impact, full body workout will help you reach your fitness goals. You must obtain an Aqua Pass (see pg. 17) to participate. Times and location are subject to change.

AGE	DATE	DAY	TIME	LOC	FEE
14+	Sep 3-Dec 13	M-F	12-2 pm	MKP/POP	\$3R/\$4NR
14+	Sep 4-Dec 13	M-F	7-9 pm	MKP/POP	\$3R/\$4NR

Senior Citizen Swim

Seniors, grab your suit and towel and head to the pool for a refreshing, therapeutic swim. You must obtain an Aqua Pass (see pg. 17).

AGE	DATE	DAY	TIME	LOC	FEE
55+	Sep 3-Oct 25	M-F	11 am-12 pm	MKP	\$1.50

Water Resistance Exercise

Join us in the shallow end of the Oasis Pool and train with the resistance of the water. This course will provide a workout for all levels of exercise enthusiasts with the goal of providing training while reducing the impact on your body. Must be 15 years old to participate. Children under 16 must be accompanied by a registered adult.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16080	15+	Oct 1-24	Tu, Th	6:30-7:30 pm	POP	\$24R/\$32NR

Looks better here



Not here.

Please don't litter.

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IT'S GOOD FOR THE CAN.™**

1-800-RECYCLE www.bottlesandcans.com



visual & performing arts



Pre-Ballet

Introduction to dance for young children. Students develop a foundation for dance and other physical activities through creative movement activities and dance specific exercises. Musicality, rhythm and spatial awareness, balance, coordination, creativity and locomotor skills are emphasized. Instructor: Heather Benes

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15838	5-7	Sep 5-Nov 21	Th	3:15-4 pm	PPH	\$75
16128	5-7	Sep 10-Nov 26	Tu	3:15-4 pm	PPH	\$75

Beginning Ballet

An introduction to classical ballet techniques plus character dance and creative movement for young beginners. Instructor: Heather Benes

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15832	6-12	Sep 5-Nov 21	Th	4:15-5:15 pm	PPH	\$80

Ballet Basics

Continuation of study of elementary ballet barre and center work, with emphasis on port de bras, adagio, enchainment, petit and grand allegro, and pirouettes. Students are encouraged to study twice a week to facilitate competency. When progressing to the next level, students are expected to retain knowledge of the preceding coursework. Instructor: Heather Benes

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15759	9+	Sep 5-Nov 21	Th	5:30-6:30 pm	PPH	\$80

Basic Ballet II/Low Intermediate Ballet

A continuation of study of elementary ballet barre and center work with emphasis on port de bras, Adagio, enchainment, petit and grand allegro, and pirouettes. Students are encouraged to study twice a week to facilitate competency. When progressing to the next level, students are expected to retain knowledge of the preceding coursework. Instructor: Heather Benes

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15761	9+	Sep 10-Nov 26	Tu	5:30-6:30 pm	PPH	\$80

Beginning Ballet For Teens

Students learn the formal skills and vocabulary of classical ballet as appropriate for their age and physical development. Class incorporates character dance, performance skills, class and stage etiquette. Instructor: Heather Benes

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15834	13-20	Sep 10-Nov 26	Tu	4:15-5:15 pm	PPH	\$80

Intermediate/Advanced Ballet Plus Pointe

Classical ballet technique class with pointe and variations. Consent of instructor and concurrent attendance in intermediate ballet class. Instructor: Heather Benes

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15836	12+	Sep 5-Nov 21	Th	6:45-8:30 pm	PPH	\$90
16129	12+	Sep 10-Nov 26	Tu	6:45-8:30 pm	PPH	\$90

Palmdale Junior Ballet

Choreography and rehearsal leading to a ballet performance of *Cinderella* and repertory dances. Student must audition for placement. Instructor: Heather Benes

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15840	7+	Sep 14-Nov 23	Sa	10 am-1 pm	PPH	\$80

Ballet & Tap

This class will focus on posture, balance, self-discipline, grace, self-confidence, fitness and individual expression. Instructor: Melineh Alahverdian

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15897	4-5	Sep 3-Oct 22	Tu	4-4:45 pm	POPC	\$60
15898	6-7	Sep 3-Oct 22	Tu	5-5:45 pm	POPC	\$60
15899	8-12	Sep 3-Oct 22	Tu	6-6:45 pm	POPC	\$60
15911	3-4	Sep 4-Oct 23	W	3:30-4:15 pm	MKPRC	\$60
15912	5-10	Sep 4-Oct 23	W	4:30-5:15 pm	MKPRC	\$60
15903	3-4	Sep 5-Oct 24	Th	3:30-4:15 pm	POPC	\$60
15904	5-6	Sep 5-Oct 24	Th	4:30-5:15 pm	POPC	\$60
15895	4-5	Sep 9-Oct 21	M	4-4:45 pm	POPC	\$60
15896	6-7	Sep 9-Oct 21	M	5-5:45 pm	POPC	\$60
15907	8-12	Sep 9-Oct 21	M	6-6:45 pm	POPC	\$60
15908	4-5	Nov 4-Dec 16	M	4-4:45 pm	POPC	\$60
15909	6-7	Nov 4-Dec 16	M	5-5:45 pm	POPC	\$60
15910	8-12	Nov 4-Dec 16	M	6-6:45 pm	POPC	\$60
15900	4-5	Nov 5-Dec 17	Tu	4-4:45 pm	POPC	\$60
15901	6-7	Nov 5-Dec 17	Tu	5-5:45 pm	POPC	\$60
15902	8-12	Nov 5-Dec 17	Tu	6-6:45 pm	POPC	\$60
15913	3-4	Nov 6-Dec 18	W	3:30-4:15 pm	MKPRC	\$60
15914	5-10	Nov 6-Dec 18	W	4:30-5:15 pm	MKPRC	\$60
15905	3-4	Nov 7-Dec 19	Th	3:30-4:15 pm	POPC	\$60
15906	5-6	Nov 7-Dec 19	Th	4:30-5:15 pm	POPC	\$60

Get Into Tap

Class teaches the fundamentals of sound, rhythm and coordination, from classical style to the new craze of rhythm tap. This is a performance class. Students will perform during the holiday dance show in December. Instructor: Erin Hvegholm

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15848	6-11	Sep 9-Dec 2	M	4:15-5:15 pm	PPH	\$80/\$70

Tap For Fun

Tap dance builds aerobic fitness and muscle control in a fun environment. Students review all basic tap steps and study new vocabulary, acapella combinations and improvisation. Prerequisite: This is a performance class. Students will perform during the holiday dance show in December. Instructor: Erin Hvegholm

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15852	12+	Sep 9-Dec 2	M	6:30-7:30 pm	PPH	\$80

Jazz Dancing

Jazz dancing is energetic and fun, consisting of unique moves, fancy footwork, big leaps and quick turns. Class features warm-ups, strengthening, floor and barre work. This is a performance class. Students will perform during the holiday dance show in December. Instructor: Erin Hvegholm

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15856	12+	Sep 10-Nov 26	Tu	6:30-7:30 pm	PPH	\$80

Jazz for Kids

Class teaches kids improvised rhythmic dancing and a variety of theatrical dance styles. This is a performance class. Students will perform during the holiday dance show in December. Instructor: Erin Hvegholm

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15851	7-11	Sep 9-Dec 2	M	5:30-6:30 pm	PPH	\$80

Jazz Improvisation

Presented by West Coast Classical, this course is designed for students wanting to learn and develop basic improvisational skills through instrumental performance. The student will learn to create jazz melodies at a simple harmonic level as well as learn to improvise on various common chord progressions, including blues and various standards. Prerequisite: Must be able to play all 12 major scales. For required materials please call Jeff Kaser at 818/590-4190. Instructor: Patricia Graham

COURSE	AGE	LEVEL	DATE	DAY	TIME	LOC	FEE
15841	12+	Beg/Int	Sep 3-Dec 10	Tu	7-8:30 pm	PPH	\$100

Introduction to Children's Dance

This class is introducing young dancers to the wonderful world of tap and ballet. This is a fun and positive way to learn basic technique and rhythm, creative movement, and boost self-confidence. Instructor handles optional costume purchase for performances. Tap and ballet shoes are required. Instructor: Caravan Dance Studio

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15739	3-4	Sep 3-24	Tu	4-4:45 pm	MKPRC	\$35
15740	5-7	Sep 3-24	Tu	4:45-5:30 pm	MKPRC	\$35
15737	3-4	Oct 1-22	Tu	4-4:45 pm	MKPRC	\$35
15738	5-7	Oct 1-22	Tu	4:45-5:30 pm	MKPRC	\$35
15733	3-4	Nov 5-26	Tu	4-4:45 pm	MKPRC	\$35
15734	5-7	Nov 5-26	Tu	4:45-5:30 pm	MKPRC	\$35
15735	3-4	Dec 3-17	Tu	4-4:45 pm	MKPRC	\$30
15736	5-7	Dec 3-17	Tu	4:45-5:30 pm	MKPRC	\$30

visual & performing arts



Belly Dance: American Tribal & Tribal Fusion

Students will learn basic belly dance moves and combinations of American Tribal Style belly dance (ATS) in the FCBD format. Using slow movements and fast steps while focusing on group improvisation, isolations, strengthening, drills, technique and an introduction to zills (finger cymbals). Geared toward the new student, this class is also for continuing students for refinement, and establishes a strong foundation. Performance opportunities available. Instructor: Dana Adoptante

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15693	15+	Sep 12-Oct 17	Th	7:45-8:45 pm	MKPRC	\$65
15694	15+	Oct 24-Dec 12	Th	7:45-8:45 pm	MKPRC	\$65

Young Champions Hip-Hop Dance

This is a fun, high-energy class where students learn the fundamentals of hip-hop and modern dance. Popular with both girls and boys, this program promotes artistic expression, movement, and teamwork in a fun, musical environment. Participants are invited to participate in state competition. Instructor: Young Champions

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16108	6-7	Oct 9-Jan 8	W	5:30-6:10 pm	MKPRC	\$74
16109	8-9	Oct 9-Jan 8	W	6:15-6:55 pm	MKPRC	\$74
16110	10-15	Oct 9-Jan 8	W	7-7:40 pm	MKPRC	\$74

Young Champions Cheerleading

Students learn arm motions, formations, voice projection, cheers, chants and dance movements taught by experienced coaches. Cheering skills progress with each consecutive session. All students are invited to participate in a performance at the end of the session. Instructor: Young Champions

COURSE	AGE	LEVEL	DATE	DAY	TIME	LOC	FEE
16114	4-7	New & Stars	Oct 10-Jan 9	Th	4:30-5:10 pm	MKPRC	\$68
16115	8-15	New & Stars	Oct 10-Jan 9	Th	5:15-5:55 pm	MKPRC	\$68
16116	5-15	Junior	Oct 10-Jan 9	Th	6-6:40 pm	MKPRC	\$68
16117	5-15	Pro Elite	Oct 10-Jan 9	Th	6:45-7:25 pm	MKPRC	\$68

Swordplay for Teens

Learn safety, fun, and critical thinking skills in this very popular cardio class using padded boffer swords. Instructor Wayne Crews teaches chivalry, history, and the art of the sword. \$10 materials fee for sword payable to instructor. Instructor: Wayne Crews

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15983	8-18	Sep 9-30	M	6-7 pm	PPH	\$40
15984	8-18	Oct 7-28	M	6-7 pm	PPH	\$40
15985	8-18	Nov 4-18	M	6-7 pm	PPH	\$40
15986	8-18	Dec 2-23	M	6-7 pm	PPH	\$40



Music Theory I

Studying music is proven to improve I.Q. scores. This course is designed for students who want to have a concise understanding of the language of music. The student will learn how music is constructed, how scales and chords are configured, major and key relationships, how to notate music, defining terms and ear training. Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15847	9+	Sep 7-Dec 14	Sa	11:30 am-12:30 pm	PPH	\$100

West Coast Classical Concert Orchestra

Program is designed for intermediate to advanced level musicians and offers a creative outlet for those wishing to play a wide variety of musical styles. The Concert Orchestra performs contemporary arrangements as well as traditional orchestral repertoire. Students must audition for class. Call the Palmdale Playhouse at 661/267-5684 to schedule an audition on August 28 or 29. Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15844	7+	Sep 4-Dec 18	W	6:15-7:45 pm	PPH	\$100

West Coast Classical Flute Choir

This program is a performance oriented class exploring the diverse flute ensemble literature. The course is designed for intermediate to advanced members; student must audition. Call the Palmdale Playhouse at 661/267-5684 to schedule an audition on August 28 or 29. Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15846	7+	Sep 7-Dec 14	Sa	10-11:30 am	PPH	\$100

West Coast Classical Symphonic Orchestra

This advanced-level orchestra specializes in traditional repertoire and solo opportunities for qualifying members. The Symphonic Orchestra performs literature written by composers such as Beethoven, Brahms, Tchaikovsky, Mozart, Mussorgsky and Mendelssohn. Student must audition. Call the Palmdale Playhouse at 661/267-5684 to schedule an audition on August 28 or 29. Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15845	7+	Sep 4-Dec 18	W	8-9:30 pm	PPH	\$100

West Coast Classical Wind Ensemble

This program is designed for intermediate to advanced level musicians exploring repertoire written for the band literature. The course will examine a wide variety of styles such as classical, movie, popular, Latin and Jazz. Student must audition. Call the Palmdale Playhouse at 661/267-5684 to schedule an audition on August 28 or 29. Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15843	7+	Sep 4- Dec 11	W	5-6 pm	PPH	\$100

West Coast Classical String Orchestra

This program is designed for intermediate violin, viola, cello, and bass musicians. The class offers an opportunity to explore and share an exciting range of music written specifically for the string repertoire. Student must audition. Call the Palmdale Playhouse at 661/267-5684 to schedule an audition on August 28 or 29. Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15842	7+	Sep 4-Dec 11	W	5-6 pm	PPH	\$100

How to Play Piano by Ear

A very practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing, all expressed in everyday language. This is an ideal follow-up to 'Instant Piano' and is open to anyone who has a basic understanding of chords on any instrument. **\$29 material fee payable to instructor.** \$10 discount if participant also registers for Instant Piano; call recreation & culture to receive discount. Instructor: Craig Coffman

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16060	18+	Sep 14	Sa	1-3:30 pm	MKPRC	\$30

Sweet Celebrations

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Baked Fresh Daily using the Finest All-natural Ingredients: Real Vanilla Beans, Sweet Cream Butter, Fresh Fruit and Rich European Chocolate.

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WINNER



visual & performing arts

Instant Piano for Hopelessly Busy People

In just a few hours you can learn enough secrets of the trade to give you years of musical enjoyment. While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in this one session. Beginners can request a free pamphlet by sending a SASE to Innovative Keyboard Instruction, 2841 S. Southwind Dr., Gilbert, AZ 85295. **\$29 material fee payable to instructor.** \$10 discount if participant also registers for How to Play Piano by Ear; call recreation & culture to receive discount.

Instructor: Craig Coffman

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16057	18+	Sep 14	Sa	9 am-12 pm	MKPRC	\$30

Instant Guitar for Hopelessly Busy People

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs. Bring your acoustic guitar. **\$29 materials fee payable to instructor.** Visit www.instantguitar.com for more information. Instructor: Craig Coffman

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16058	13+	Sep 13	F	6:30-9 pm	MKPRC	\$30

Television/Video Production Workshop I

This introductory level class centers on basic techniques of studio and film productions. Using digital video cameras and non-linear editing tools, students will cover pre-production, production and post production skills. Learn basic directing, editing, shooting, audio and lighting techniques for both television and live performances. A final project will culminate with a multi-camera taping of the Playhouse's *Cinderella* dance production on December 6. Production Workshop II will be offered in January 2014. Students who participate in both workshops will receive a certificate of recognition and be qualified to apply as a volunteer Production Assistant for the City of Palmdale. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16069	17+	Nov 12-Dec 3	Tu	7-9 pm	PPH	\$185R/\$200NR
		Nov 21, Dec 6	Th & F	7-9 pm		



 Online registration available at www.cityofpalmdale.org/playpalmdale

Registration for most programs begins on August 19

Introduction to Theatre Arts

This class will provide exposure to a variety of theatre fundamentals. Students will learn and play a variety of theatre games as well as work on basic improvisational skills. This course is designed for students who have little or no theatre experience. No class Nov. 11. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16066	9-11	Sep 9-Dec 2	M	6-6:45 pm	PPH	\$70R/\$90NR

Fall Theatre Arts Experience

This class is a intermediate performance level course in which students will hone their acting skills through a variety of methods. Course work will include; monologue, duo and trio scene work which will culminate in a showcase to be performed for the general public. Previous experience required such as, completion of Introduction to Theatre Arts course, school, church or other community theatre participation. No class Nov. 11. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16067	12 -18	Sep 9-Dec 2	M	7-8:30 pm	PPH	\$70R/\$90NR

Theatrical Storytelling

Each class children will create a basic theatrical prop to use during storytelling. Children will be exposed to the art of performance through music, movement and imaginative storytelling. All materials used will be provided for registered participants. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16068	4-6	Sep 28-Oct 19	Sa	10-11 am	PPH	\$30R/\$35NR

Adult Acting Class

Adult Acting Workshop I & II is a combination class. Start training by building a solid foundation in acting. Here you will learn the building blocks of professional acting techniques and utilize your mind, voice, and body to communicate truth on stage. Further your training by exploring the craft of acting on an elevated level by learning advanced techniques from Meisner to Stanislavski. This class is designed for full group participation as well as individual scene study. Class culminates in an actor's showcase. \$40 materials fee payable to the Laity Arts Foundation. Instructor: James Goins

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15813	18+ Class I	Sep 3-Oct 29	Tu	7-8:30 pm	PPH	\$140
15814	18+ Class II	Sep 5-Oct 24	Th	7-8:30 pm	PPH	\$140

Young Champions Art & Illustration

This is a fun and creative class, where students learn the fundamentals of art and illustration. Participants will expand creativity and imagination, learn drawing and painting methods, and strengthen individual and group skills. Learn to draw anime and other forms of cartooning! For all new students a one time \$25 material fee for all essential art supplies used in class. Instructor: Young Champions

COURSE	AGE	LEVEL	DATE	DAY	TIME	LOC	FEE
16118	4-6	All Students	Oct 7-Dec 16	M	5:30-6:10 pm	MKPRC	\$68
16119	7-9	All Students	Oct 7-Dec 16	M	6:15-6:55 pm	MKPRC	\$68
16120	10-15	All Students	Oct 7-Dec 16	M	7-7:40 pm	MKPRC	\$68



SAVE the DATE

4TH ANNUAL LAPS4LITERACY

SATURDAY, OCTOBER 12TH, 2013

9:00 A.M. - 1:00 P.M.

JOIN US AT THIS **FREE FAMILY EVENT & 5K WALK/RUN/STROLL**

- KIDS FUN RUN
- MOVEMENT ACTIVITIES, OUTDOOR RUN & ENTERTAINMENT
- STORYTELLING, HANDS ON SCIENCE, ART & MUSIC ACTIVITIES
- EVERY CHILD WILL GO HOME WITH A FREE BOOK

WHERE: JETHAWKS STADIUM



TO SPONSOR THIS EVENT OR FOR MORE INFORMATION VISIT CCRCLA.ORG OR CALL 1-866-67-4KIDS



bus excursions

Registration for online and walk-in customers begins at 7:30 am on Monday, August 19. All buses meet at Palmdale Transportation Center, 39000 Clock Tower Plaza. The name of each person attending, address, phone number, emergency contact, and each minor child's birthdate are required. An adult must accompany anyone under age 18. The City requires a minimum of 20 registrants for an excursion to take place. Individuals who wish to purchase more than eight tickets for any one trip must contact the excursion supervisor. Cancellations must be made two weeks in advance of excursion.

Lincoln The Exhibition

The Ronald Reagan Presidential Library presents *A. Lincoln: From Railsplitter to Rushmore*. This temporary exhibit explores the life of Abraham Lincoln, commemorates the Civil War and marks the 150th anniversary of the Emancipation Proclamation. This extraordinary and engaging exhibit features over 250 original artifacts as well as sets from the Steven Spielberg-directed movie *Lincoln*, is a must-see for everyone.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15699	All	Sep 21	Sa	9 am-5 pm	PTC	\$24R/\$29

The Battleship IOWA

Celebrate the American Spirit on board the USS IOWA. Your journey takes you through World War II, the Korean War and the Cold War to experience the life of a sailor on the lead ship of the last class of gunships. Walk the wood decks, see areas such as the 16" guns, 5" guns, missile decks, the bridge, mess cabin. Known as 'The Battleship of Presidents,' USS IOWA has hosted three presidents and numerous dignitaries during nearly 70 years of service. Please note, the USS IOWA is not ADA compliant.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15724	All	Oct 5	Sa	9 am-5:30 pm	PTC	\$24R/\$29NR

A Party To Murder

Six people have been invited to play a game at a rustic island cottage on Halloween. They appear set for a weekend of fun until ghosts from the past begin to haunt the proceedings and it becomes clear that all is not as it seems. This thrilling mystery presented by Glendale Centre Theatre is full of crafty mayhem in the classic Christie fashion.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15725	All	Oct 19	Sa	11 am-7 pm	PTC	\$25R/\$30NR



Descanso Gardens

Descanso Gardens is an urban retreat of year-round natural beauty, internationally renowned botanical collections and spectacular seasonal horticultural displays. During November, fall foliage, camellias, toyon berries and annuals are in season. In 1953, Descanso founder E. Manchester Boddy preserved these 160 acres of gardens, woodlands and chaparral for future generations to experience the natural heritage and beauty of Southern California. Descanso Gardens welcomes thousands of visitors annually, from around the world.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15726	All	Nov 2	Sa	9:30 am-4:30 pm	PTC	\$12R/\$17NR

Space Shuttle Endeavor & IMAX

Space Shuttle Endeavor has a new home at the California Science Center in the Samuel Oschin Pavilion. This excursion includes seeing Endeavor up close and discovering some of the science behind this amazing vehicle, then viewing an IMAX film on the largest screen in Los Angeles at seven stories tall. The Science Center also features over 100 hands-on exhibits of science and exploration.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15731	All	Nov 9	Sa	9:30 am-5 pm	PTC	\$13R/\$18NR

Solvang - Sharing Holiday Cheer

The Danish Capital of America is transformed into a Northern European-style Christmas village during Solvang's annual Julefest Celebration. Your day will feature special events taking place throughout the village. You might feel like you are half-way around the world!

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15732	All	Dec 7	Sa	7 am-7 pm	PTC	\$19R/\$24NR

 **Online registration available at**
www.cityofpalmdale.org/playpalmdale

Registration for most programs begins on August 19

High Desert Medical Group
& Heritage Health Care
presents

Senior Expo 2013

DANCING *through the*
DECADES



SAVE THE DATE

Thursday,
October 3rd
AV Fairgrounds
9 am-3 pm

Free Admission
Free Parking
Free Health Screenings
Free Entertainment
Free Flu Shot (age 62+)
Free Bingo
Vendor Booths
Giveaways and more!

For more information
call 661-951-3046

Health plan sales representatives will be available in the H.W. Hunter Pavilion with 2014 benefit options and enrollment information.

HIGH DESERT MEDICAL GROUP

HDMG *Life...*



early childhood

Tiny Tots Registration Information

Session 2: Participants may register in an open class at any time during the session, however, fees are not pro-rated. A birth certificate is required at registration. Children must be minimum 3 years old by October 1, 2013 to register for Twinkling Stars, or minimum of 4 years old by October 1, 2013 for Blazing Comets. Enrollment is limited to 20 per class. Participants may not enroll in more than one class per session.

Tiny Tots

This program offers recreational curriculum for children ages 3-5 years. Your child will build social skills and independence while being introduced to the alphabet, numbers, colors and shapes in a developmentally appropriate environment. Children should be fully potty-trained and accustomed to parental separation. During two classes in the session, parents are required to assist, provide a snack and a simple hands-on craft project. Sibling discount available for each session. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
Blazing Comets						
16034	4-5	Nov 4-Feb 21	M, W, F	9 am-12 pm	MKPRC	\$240R/\$288NR
16035	4-5	Nov 4-Feb 21	M, W, F	9 am-12 pm	POPC	\$240R/\$288NR
16036	4-5	Nov 4-Feb 21	M, W, F	9 am-12 pm	DSP	\$240R/\$288NR
Twinkling Stars						
16037	3-4	Nov 5-Feb 20	Tu, Th	10 am-12 pm	MKP	\$120R/\$144NR
16038	3-4	Nov 5-Feb 20	Tu, Th	10 am-12 pm	POPC	\$120R/\$144NR
16039	3-4	Nov 5-Feb 20	Tu, Th	10 am-12 pm	DSP	\$120R/\$144NR

Lunch Box Tots

For children currently enrolled in Tiny Tots: Pack her/his lunch once each week and she/he can stay and play when class is over! Children have lunch with friends, listen to stories and enjoy music while parents have time for errands or just an afternoon off. You cannot register for this program online. Please call the recreation & culture office to register.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16040	4-5	Nov 6-Feb 19	W	12-1 pm	MKP	\$36R/\$32R
16041	4-5	Nov 6-Feb 19	W	12-1 pm	POPC	\$36R/\$32R
16042	4-5	Nov 6-Feb 19	W	12-1 pm	DSP	\$36R/\$32R
16043	3-4	Nov 5-Feb 18	Tu	12-1 pm	MKP	\$36R/\$32R
16044	3-4	Nov 5-Feb 18	Tu	12-1 pm	POPC	\$36R/\$32R
16045	3-4	Nov 5-Feb 18	Tu	12-1 pm	DSP	\$36R/\$32R

Lil' Sprouts Sports

This is a non-competitive introduction to sports that promotes confidence, self-esteem and teamwork. Toddlers will be introduced to soccer, basketball, and T-ball. Parent participation is required. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15975	2-4	Sep 9-30	M	11-11:45 am	POPC	\$14R/\$17NR
15976	2-4	Oct 7-28	M	11-11:45 am	POPC	\$14R/\$17NR

Wiggle & Giggle Tots

Enjoy music and movement with your toddler. Staff provide organized activities that emphasize balance, coordination, motor skills and self-expression. Toddlers are encouraged to explore, create and play together! Parent participation required.

Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15971	2-4	Sep 9-30	M	9-9:45 am	POPC	\$14R/\$17NR
15967	2-4	Sep 9-30	M	10-10:45 am	POPC	\$14R/\$17NR
15972	2-4	Oct 7-28	M	9-9:45 am	POPC	\$14R/\$17NR
15968	2-4	Oct 7-28	M	10-10:45 am	POPC	\$14R/\$17NR

Games to Grow On

Does your tot have energy to spare? Staff provide organized games and activities for toddlers in a fun and safe environment. Parent participation is required. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15963	2-3	Sep 4-25	W	9-9:45 am	POPC	\$14R/\$17NR
15959	2-3	Sep 4-25	W	10-10:45 am	POPC	\$14R/\$17NR
15955	3-5	Sep 4-25	W	11-11:45 am	POPC	\$14R/\$17NR
15966	2-3	Sep 5-26	Th	9-9:45 am	MKPRC	\$14R/\$17NR
15962	2-3	Sep 5-26	Th	10-10:45 am	MKPRC	\$14R/\$17NR
15958	3-5	Sep 5-26	Th	11-11:45 am	MKPRC	\$14R/\$17NR
15964	2-3	Oct 2-23	W	9-9:45 am	POPC	\$14R/\$17NR
15960	2-3	Oct 2-23	W	10-10:45 am	POPC	\$14R/\$17NR
15956	3-5	Oct 2-23	W	11-11:45 am	POPC	\$14R/\$17NR
16134	2-3	Oct 3-24	Th	9-9:45 am	MKPRC	\$14R/\$17NR
16132	2-3	Oct 3-24	Th	10-10:45 am	MKPRC	\$14R/\$17NR
16130	3-5	Oct 3-24	Th	11-11:45 am	MKPRC	\$14R/\$17NR
15965	2-3	Nov 6-27	W	9-9:45 am	POPC	\$14R/\$17NR
15961	2-3	Nov 6-27	W	10-10:45 am	POPC	\$14R/\$17NR
15957	3-5	Nov 6-27	W	11-11:45 am	POPC	\$14R/\$17NR
16135	2-3	Nov 7-21	Th	9-9:45 am	POPC	\$11R/\$17NR
16133	2-3	Nov 7-21	Th	10-10:45 am	POPC	\$11R/\$17NR
16131	3-5	Nov 7-21	Th	11-11:45 am	POPC	\$11R/\$17NR

Kids Korner

A wonderful introduction to the social world for your toddler. Class offers crafts, music, circle time and socialization. Parents are encouraged to stay and play. A parent/guardian must stay if child is not potty-trained or accustomed to parental separation. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16046	2-3	Sep 3-24	Tu	9:30-11 am	POPC	\$29R/\$35NR
16047	2-3	Oct 1-22	Tu	9:30-11 am	POPC	\$29R/\$35NR
16048	2-3	Nov 5-26	Tu	9:30-11 am	POPC	\$29R/\$35NR
16049	2-3	Dec 3-17	Tu	9:30-11 am	POPC	\$22R/\$27NR

Kinder Korner

Preschoolers participate in circle time, music play, craft projects and free-play activities. Parents are encouraged to stay and play. A parent/guardian must stay if child is not potty-trained or accustomed to parental separation. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16050	3-5	Sep 5-26	Th	9:30-11 am	POPC	\$29R/\$35NR
16051	3-5	Oct 3-24	Th	9:30-11 am	POPC	\$29R/\$35NR
16052	3-5	Nov 7-21	Th	9:30-11 am	POPC	\$22R/\$27NR
16053	3-5	Dec 5-19	Th	9:30-11 am	POPC	\$22R/\$27NR

Discovering Dance

Your child will be introduced to the wonderful world of dance in this combination tap and ballet class. Students will learn basic tap and ballet through age-appropriate music and instruction. Tap and ballet shoes are required. Instructor: Dance Evolutions

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15719	2-3	Sep 4-25	W	9-9:30 am	PPH	\$30
15708	3-4	Sep 4-25	W	9:30-10:15 am	PPH	\$30
15709	4-5	Sep 4-25	W	10:15-11 am	PPH	\$30
15710	2-3	Oct 2-23	W	9-9:30 am	PPH	\$30
15711	3-4	Oct 2-23	W	9:30-10:15 am	PPH	\$30
15712	4-5	Oct 2-23	W	10:15-11 am	PPH	\$30
15718	2-3	Oct 30-Nov 20	W	9-9:30 am	PPH	\$30
15720	3-4	Oct 30-Nov 20	W	9:30-10:15 am	PPH	\$30
15721	4-5	Oct 30-Nov 20	W	10:15-11 am	PPH	\$30
15713	2-3	Dec 4-18	W	9-9:30 am	PPH	\$25
15716	3-4	Dec 4-18	W	9:30-10:15 am	PPH	\$25
15717	4+	Dec 4-18	W	10:15-11 am	PPH	\$25

 Online registration available at
www.cityofpalmdale.org/playpalmdale
 Registration for most programs begins on August 19



fitness

Exercise Ballet

Students get a total body workout by strengthening muscles and developing flexibility and stamina. Instructor: Erin Hvegholm

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15854	12+	Sep 10-Nov 26	Tu	5:30-6:30 pm	PPH	\$80/\$70

Total Body Challenge

Total Body Challenge is eight weeks of pushing, pulling, jumping, and stretching your way to a new you. Designed by fitness enthusiast Terrance Spann, a world champion track and field sprinter, TBC will take your fitness to the next level. Incorporating calisthenics and cardiovascular drills to train your arms, abs, and glutes! You will be on your way to a healthier and fitter you! Take the challenge today! Bring exercise mat, towel, and water bottle. Instructor: Terrence Spann

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15697	18+	Sep 11-Oct 30	W, M	6-7 pm	POPC	\$80
15698	18+	Nov 6-Dec 18	W, M	6-7 pm	POPC	\$70

Jazzercise

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Each class combines dance-based cardio with strength training and stretching to sculpt, tone and lengthen muscles. Choreographed to today's hottest music, Jazzercise is a fusion of jazz dance, resistance training, pilates, yoga and kick-boxing. Start dancing yourself fit and change the shape of your body! Please bring a mat and hand weights to class. Instructor: Joanne Harris

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15745	15+	Sep 3-30	Tu, Th, M	6:15-7:15 pm	MKPRC	\$33
15746	15+	Oct 1-31	Tu, Th, M	6:15-7:15 pm	MKPRC	\$33
15747	15+	Nov 4-26	M-Tu, Th	6:15-7:15 pm	MKPRC	\$33
15748	15+	Dec 2-19	M-Tu, Th	6:15-7:15 pm	MKPRC	\$33

Aerobics Fun for Kids

This class will educate the children on the importance of exercise. Fun and lively music will have children moving, sweating, and having fun with aerobics.

Instructor: Tiffany Wellington

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15755	7-12	Sep 4-25	W	5-5:40 pm	MKP	\$28
15756	7-12	Oct 9-30	W	5-5:40 pm	MKP	\$28
15757	7-12	Nov 6-27	W	5-5:40 pm	MKP	\$28
15758	7-12	Dec 4-18	W	5-5:40 pm	MKP	\$21

Pilates

Pilates is an exercise designed for people of all fitness levels. It is fun and invigorating while providing an overall body workout with a focus on the core muscles. The movements are slow and controlled to promote strength, endurance, flexibility, and muscle tone. Bring a pilates/yoga mat and water bottle.

Instructor: Sara O'Connel

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15689	16+	Sep 4-18	W, M	6-7 pm	MKPRC	\$30
15690	16+	Oct 2-30	W, M	6-7 pm	MKPRC	\$45
15691	16+	Nov 4-25	M, W	6-7 pm	MKPRC	\$35
15692	16+	Dec 2-18	M, W	6-7 pm	MKPRC	\$30

Yoga

All levels of yoga practitioners are welcome in this mixed-level yoga class. Yoga is a great way to enhance your health through poses and observance of breath. Build a solid foundation in the poses or work on refining as you develop strength, flexibility, stamina, and ease in the body and breath in order to quiet the mind. Please bring a yoga mat and wear comfortable clothes that are easy to move in. Instructor: Sarah Ibis

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15753	16+	Oct 1-29	Tu, Th	6:15-7:30 pm	MKPRC	\$45
15754	16+	Nov 5-Dec 19	Tu, Th	6:15-7:30 pm	MKPRC	\$65

Zumba Fitness

Zumba is an exhilarating Latin-inspired calorie burning dance fitness party. The class will provide an hour of fun movin' and shakin' and getting your sweat on! A great way for men and women to get fit and make new friends. Bring a towel and water.

Instructor: Lydia Maine

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15919	16+	Sep 3-26	Tu, Th	6:30-7:30 pm	POPC	\$40
15915	16+	Sep 4-30	W, M	9-10 am	MKPRC	\$40
15920	16+	Oct 1-24	Tu, Th	6:30-7:30 pm	POPC	\$40
15916	16+	Oct 2-30	W, M	9-10 am	MKPRC	\$40
15921	16+	Oct 29-Nov 26	Tu, Th	6:30-7:30 pm	POPC	\$40
15917	16+	Nov 4-27	M, W	9-10 am	MKPRC	\$40
15918	16+	Dec 2-23	M, W	9-10 am	MKPRC	\$40
15922	16+	Dec 3-19	Tu, Th	6:30-7:30 pm	POPC	\$40



Online registration available at
www.cityofpalmdale.org/playpalmdale

Registration for most programs begins on August 19

City of SANTA CLARITA



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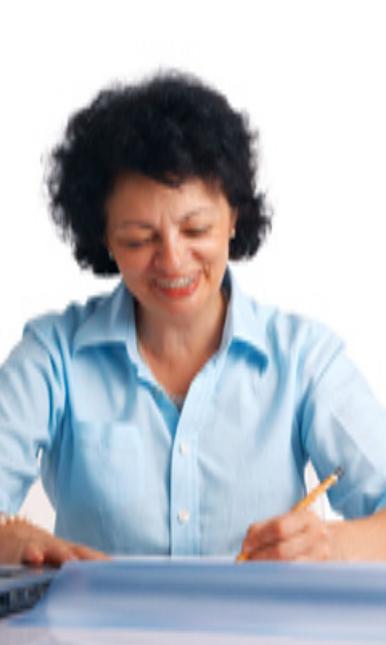
TO REGISTER:

scmarathon.org



City of
SANTA CLARITA

educational/more choices



Painted Gift Bag Workshops

Students will learn how to paint and personalize gift bags and greeting cards for special occasions and everyday fun. \$5 materials fee payable to instructor. Instructor: Juanita McWilliams

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15927	5+	Sep 27	F	3:30-5 pm	POPC	\$10
15928	5+	Oct 25	F	3:30-5 pm	POPC	\$10
15929	5+	Nov 22	F	3:30-5 pm	POPC	\$10
15930	5+	Dec 20	F	3:30-5 pm	POPC	\$10

Fabulous Faux:

Classic - Tuscan - Metallics

Save thousands and learn a faster, easier way to use a patterned basecoat tool to replicate old world, classic, romantic, or stone-like looks on your walls. Add the 'pizazz' of metallics for an extra 'wow' factor. Like granite, marble or travertine? This class will teach you how to mimic 'texture'. Professional faux painter Linda Coffman shares her years of experience with this method. Bring a paint shirt. \$29 materials fee payable to instructor. \$10 discount if participant also registers for Fabulous Faux Suede.

Call recreation & culture to receive discount.

Visit www.twistonwalls.com. Instructor: Linda Coffman

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16062	18+	Sep 14	Sa	9:30 am-12 pm	MKPRC	\$30

Fabulous Faux:

Suede - Rustic - Modern

Want to achieve a soft blend of colors on your wall? From rustic western and warm southernwestern to sleek or modern? Learn how with a 'two colors at the same time' approach that is much easier than sponging. Learn to make false raised bricks from sheetrock mud! Bring a paint shirt. \$10 discount if participant also registers in Fabulous Faux Metallics. Call recreation & culture to receive discount. Visit www.twistonwalls.com for more information. Instructor: Linda Coffman

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
16064	18+	Sep 14	Sa	1-3:30 pm	MKPRC	\$30

Beginners Painting

Students will learn painting techniques using mediums such as acrylics, watercolor and oil paints, watercolor pencils and charcoal. \$40 material fee payable to instructor.

Instructor: Juanita McWilliams

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15931	5-11	Sep 7-Oct 26	Sa	10-11 am	POPC	\$40
15932	12+	Sep 7-Oct 26	Sa	11 am-12 pm	POPC	\$40
15934	5-11	Nov 2-Dec 21	Sa	10-11 am	POPC	\$40
15933	12+	Nov 2-Dec 21	Sa	11 am-12 pm	POPC	\$40

GED Prep

Students will learn practical strategies and helpful tips for the five main areas of the GED: math, reading, writing, social studies, and science. They will practice fundamental skills and review key concepts in addition to learning research-based test-taking strategies. Instructor: Math Magicians

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15828	16+	Sep 2-25	M, W	6:30-7:30 pm	MKPRC	\$69
15829	16+	Sep 30-Oct 23	M, W	6:30-7:30 pm	MKPRC	\$69
15830	16+	Nov 4-27	M, W	6:30-7:30 pm	MKPRC	\$69

Memoir Writing Workshop

Everyone has a story inside them, just waiting to be told. Learn how to trigger memories, increase your powers of observation, discover your best stories, and turn your memories into memoirs using descriptive and narrative writing strategies. What better gift could you give your children or legacy for your grandchildren than your personal/family stories to be enjoyed for generations to come? Instructor: Anne Yale

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15935	18+	Sep 4-25	W	10 am-12 pm	POPC	\$40
15939	18+	Sep 4-25	W	6-8 pm	POPC	\$40
15936	18+	Oct 2-23	W	10 am-12 pm	POPC	\$40
15940	18+	Oct 2-23	W	6-8 pm	POPC	\$40
15937	18+	Oct 30-Nov 20	W	10 am-12 pm	POPC	\$40
15941	18+	Oct 30-Nov 20	W	6-8 pm	POPC	\$40
15938	18+	Dec 4-18	W	10 am-12 pm	POPC	\$30
15942	18+	Dec 4-18	W	6-8 pm	POPC	\$30

Online registration available at
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Registration for most programs begins on August 19



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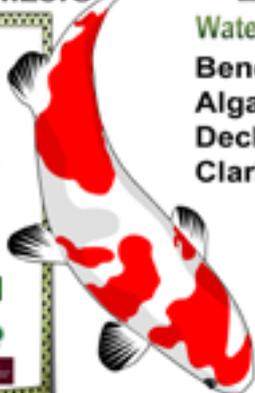
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after-school fun centers



We provide a structured environment with many opportunities to participate in group and individual activities. Recreation staff offer daily homework assistance and organized activities such as sports, games and unique crafts. Fun Center participants must be registered with payment prior to participation. A weekly rate is charged; you can register in advance online or at the recreation & culture office. On-site registration is not available. NOTE: Westside School District sites dismiss 45 minutes early every Thursday. No Fun Center September 2, due to Labor Day, or November 25-27, due to Thanksgiving break.

Cottonwood Fun Center

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15768	K-6	Sep 3-6	Tu-F	2:15-6 pm	LS	\$22
15773	K-6	Sep 9-13	M-F	1:15-6 pm	LS	\$28
15774	K-6	Sep 16-20	M-F	2:15-6 pm	LS	\$27
15775	K-6	Sep 23-27	M-F	1:15-6 pm	LS	\$29
15776	K-6	Sep 30-Oct 4	M-F	2:15-6 pm	LS	\$27
15765	K-6	Oct 7-11	M-F	2:15-6 pm	LS	\$27
15777	K-6	Oct 14-18	M-F	2:15-6 pm	LS	\$27
15766	K-6	Oct 21-25	M-F	2:15-6 pm	LS	\$27
15767	K-6	Oct 28-Nov 1	M-F	2:15-6 pm	LS	\$27
15764	K-6	Nov 4-8	M-F	2:15-6 pm	LS	\$27
15769	K-6	Nov 12-15	Tu-F	2:15-6 pm	LS	\$22
15770	K-6	Nov 18-22	M-F	2:15-6 pm	LS	\$27
15771	K-6	Dec 2-6	M-F	2:15-6 pm	LS	\$27
15772	K-6	Dec 9-13	M-F	1:15-6 pm	LS	\$28
15763	K-6	Dec 16-20	M-F	1:15-6 pm	LS	\$28

Esperanza Fun Center

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15791	K-6	Sep 3-6	Tu-F	1:50-6 pm	LS	\$25
15792	K-6	Sep 9-13	M-F	12:50-6 pm	LS	\$32
15783	K-6	Sep 16-20	M-F	1:50-6 pm	LS	\$31
15784	K-6	Sep 23-27	M-F	12:50-6 pm	LS	\$33
15785	K-6	Sep 30-Oct 4	M-F	1:50-6 pm	LS	\$31
15779	K-6	Oct 7-11	M-F	1:50-6 pm	LS	\$31
15786	K-6	Oct 14-18	M-F	1:50-6 pm	LS	\$31
15787	K-6	Oct 21-25	M-F	1:50-6 pm	LS	\$31
15788	K-6	Oct 28-Nov 1	M-F	1:50-6 pm	LS	\$31
15789	K-6	Nov 4-8	M-F	1:50-6 pm	LS	\$31
15790	K-6	Nov 12-15	Tu-F	1:50-6 pm	LS	\$25
15778	K-6	Nov 18-22	M-F	1:50-6 pm	LS	\$31
15780	K-6	Dec 2-6	M-F	1:50-6 pm	LS	\$31
15781	K-6	Dec 9-13	M-F	12:50-6 pm	LS	\$32
15782	K-6	Dec 16-20	M-F	12:50-6 pm	LS	\$32

 **Rancho Vista Fun Center**

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15802	K-6	Sep 3-6	Tu-F	2-6 pm	LS	\$23
15793	K-6	Sep 9-13	M-F	1-6 pm	LS	\$30
15795	K-6	Sep 16-20	M-F	2-6 pm	LS	\$29
15803	K-6	Sep 23-27	M-F	1-6 pm	LS	\$31
15804	K-6	Sep 30-Oct 4	M-F	2-6 pm	LS	\$29
15797	K-6	Oct 7-11	M-F	2-6 pm	LS	\$29
15805	K-6	Oct 14-18	M-F	2-6 pm	LS	\$29
15806	K-6	Oct 21-25	M-F	2-6 pm	LS	\$29
15807	K-6	Oct 28-Nov 1	M-F	2-6 pm	LS	\$29
15794	K-6	Nov 4-8	M-F	2-6 pm	LS	\$29
15808	K-6	Nov 12-15	Tu-F	2-6 pm	LS	\$23
15809	K-6	Nov 18-22	M-F	2-6 pm	LS	\$29
15798	K-6	Dec 2-6	M-F	2-6 pm	LS	\$29
15810	K-6	Dec 9-13	M-F	1-6 pm	LS	\$30
15811	K-6	Dec 16-20	M-F	1-6 pm	LS	\$30

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 Registration for most programs begins on August 19



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Legacy Commons

for Active Seniors

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Legacy Commons, Palmdale's award-winning recreation facility, was designed especially for active adults aged 55+. Amenities include an auditorium with stage, three classrooms, billiards room, TV/social nook, Wi-Fi and outdoor patio in over 14,000 square feet. Lawn games include bocce, croquet, fling golf and horseshoes (drop-in and pick-up game equipment at the front desk). Visitors are invited to pick up a detailed schedule of activities. Legacy Commons is also available for event rentals.

- Open Monday-Thursday, 8 am-4:30 pm, Friday, 8 am-12 pm
- Programs and activities are available to those age 55+.
- Most activities are free and require no membership.



Monthly Birthday Parties

Sponsored by High Desert Medical Group

Celebrate your special day with friends at Legacy Commons. On the fourth Monday of each month, birthday celebrants are honored with cake, ice cream and lots of laughs. Note: When the fourth Monday falls on a holiday, the party is held on the third Monday.

AGE	DAY	TIME	LOC	FEE
55+	4th M	11-11:30 am	LC	Free

Legacy Commons Advisory Board

The board meets to discuss programs and business. Participants are encouraged to attend.

AGE	DAY	TIME	LOC	FEE
55+	1st W	9:15-10 am	LC	Free

Free Wi-Fi Access

Sponsored by Lockheed Martin

You will need a Wi-Fi enabled device. Most newer computers, tablets and smart phones have built-in Wi-Fi. Older versions may require a separate Wi-Fi card which can be purchased at most electronic retail stores.





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- Take your used oil to **AVECC**, 1200 West City Ranch Road. Hours: 9 AM-3PM, first & third Saturday of every month.



Table Tennis

Join us for an energetic game of table tennis. Paddles and ping-pong balls are provided.

AGE	DAY	TIME	LOC	FEE
55+	M	10:30 am-4 pm	LC	Free

Billiards

Anyone interested in picking up a game of eight or nine ball is invited to stop in at the billiards room.

AGE	DAY	TIME	LOC	FEE
55+	M-Th	8 am-4 pm	LC	Free
	F	8 am-12 pm		

Bingo

Bring your friends for a chance to win groceries!

AGE	DAY	TIME	LOC	FEE
55+	W	1-3 pm	LC	\$0.25/card

Bunco

Join us each month for a lively game of bunco. This dice game is easy to learn and lots of fun.

AGE	DAY	TIME	LOC	FEE
55+	1st & 3rd Fri	9-10:45 am	LC	Free

Lawn Games

Bocce, croquet, ladder golf and horseshoes; pick up game equipment at the front desk.

AGE	DAY	TIME	LOC	FEE
55+	M-Th	8 am-4 pm	LC	Free
	F	8 am-12 pm		

Knitting & Crocheting

Create an heirloom; bring your own supplies.

AGE	DAY	TIME	LOC	FEE
55+	W	8 am-12 pm	LC	Free

Songbirds

Come join the fun singing oldies and new standards. This group meets once a week for sing-a-longs and performs at various Legacy Commons functions as well as community events.

AGE	DAY	TIME	LOC	FEE
55+	M	8:30-10:30 am	LC	Free

Golden Jammers

Do you play an instrument or sing? Join this weekly group for a fun, casual jam session.

AGE	DAY	TIME	LOC	FEE
55+	F	10-11 am	LC	Free

Volunteer-led Programs

The City is grateful to the volunteers who make these programs possible.

Fit, Lean & Fun!

A fun, energetic and lively workout that combines chair with standing exercises. Light cardio with swing, jazz, and '60s music will keep you motivated during this upbeat class. Wear comfortable clothing and workout shoes.

AGE	DAY	TIME	LOC	FEE
55+	M, F	8:15-9:15 am	LC	Free

Skincare

Have you ever wondered if the lotion you use on your face is right for your skin type? What about the make-up color you choose? Once a month you can meet with a former beauty consultant to discuss your questions and concerns.

AGE	DAY	TIME	LOC	FEE
55+	M	12-1 pm	LC	Free

Flex, Stretch & Cardio with BB

Choreographed cardio for fitness and fun, Latin dance, muscle toning, stretch, balance, coordination and agility (beg. to adv.). Bring towel and water. Optional weights and tubes. Wear comfortable clothing and workout shoes.

AGE	DAY	TIME	LOC	FEE
55+	W	8-9:15 am	LC	Free

Hatha Yoga

Learn poses (asanas) to tone, build stamina, and invigorate the body. Smooth transitions and breathing techniques are stressed. Benefits can extend to emotional and mental aspects. Wear comfortable clothing, and bring a mat and small towel.

AGE	DAY	TIME	LOC	FEE
55+	Tu, Th	9-10 am 10:15-11:15 am	LC	Free

My Yoga

Ashtanga incorporates controlled breathing with poses for flexibility and strength. Some yoga experience is recommended. Wear loose fitting clothing, and bring a floor mat and towel.

AGE	DAY	TIME	LOC	FEE
55+	Tu, Th	8-9 am	LC	Free

Yoga Made Easy

Stretch and tone, learn breathing techniques, and enjoy the benefits of restorative meditation. Wear loose clothing, and bring a mat, towel and water.

AGE	DAY	TIME	LOC	FEE
55+	M, W	10:30-11:30 am	LC	Free

Senior Services

The City appreciates the individuals and organizations who make these programs possible.

Basic Computer Class

Challenge yourself and have fun learning the basics of computer operation in this eight week course. Call for class registration and dates.

AGE	DAY	TIME	LOC	FEE
55+	M	8:30-11:30 am	LC	Free

Book Club

Looking for something new to read? Join us each month for a lively discussion of a selected book. Our book list is available at the front desk.

AGE	DAY	TIME	LOC	FEE
55+	3rd M	10-11 am	LC	Free

Legacy of Art

Try your hand at creating a masterpiece using a variety of paint mediums; bring your own supplies.

AGE	DAY	TIME	LOC	FEE
55+	Th	1-3 pm	LC	Free
55+	F	9-11 am	LC	Free

Creative Crafters

If you love crafts, this is for you! This group meets twice each month to create simple, fun crafts. All supplies are provided.

AGE	DAY	TIME	LOC	FEE
55+	2nd & 4th Tu	9:30-11 am	LC	Free

Digital Photography

Learn how to operate your digital camera and take great pictures. Call for class start dates.

AGE	DAY	TIME	LOC	FEE
55+	Th	9:30-10:30 am	LC	Free

Archaeology Club

Interested in archaeology and paleontology? Come hang out with other aficionados for learning and fun.

AGE	DAY	TIME	LOC	FEE
55+	1st & 3rd Tu	9:30-11:30 am	LC	Free

AVCOA Meals for Seniors

Nutritious lunches are served by the Antelope Valley Committee on Aging; registration begins at 10 am on a first-come, first-served basis.

AGE	DAY	TIME	LOC	FEE
60+	M-F	11 am-12 pm	LC	\$2 suggested donation

Blood Pressure Testing

AGE	DAY	TIME	LOC	FEE
55+	Th	9-11 am	LC	Free

Diabetes Self-Management

Learn how to minimize the complications of diabetes through self-care management. Instructor: Naomi Tanikawa, R.N., M.S. No class in November and December.

AGE	DAY	TIME	LOC	FEE
55+	4th W	9:15-10:15 am	LC	Free

Hearing Aid Service

Beltone provides free hearing aid cleaning and service. Please call the day you plan to come to verify service.

AGE	DAY	TIME	LOC	FEE
55+	2nd Tu	10-11:30 am	LC	Free

AARP Driver Safety Program

This two-day class may help you receive auto insurance discounts. Advanced registration required. AARP member fee \$12; non-member \$14. Please call Legacy Commons for monthly dates.

AGE	DAY	TIME	LOC	FEE
50+	Th & F	8 am-12 pm	LC	\$12/\$14

Notary Service

Free notary service by James S. Bryant, licensed Notary Public.

AGE	DAY	TIME	LOC	FEE
55+	1st Tu	9:30-11:30 am	LC	Free

Parkinson's Support Group

For those with Parkinson's Disease and/or their family.

AGE	DAY	TIME	LOC	FEE
18+	3rd Tu	10 am-12 pm	LC	Free

Legacy Commons Rental Programs

The City is grateful to the individuals and organizations who make these programs possible.

Antelope Valley Square Dance

Come enjoy an evening of dancing with Charlie Robertson. To Plus, A-1, A-2 and C-1.

AGE	DAY	TIME	LOC	FEE
55+	1st & 3rd W	6-9 pm	LC	\$5

Aces & Deuces Square Dances

Swing your partner and do-si-do to the latest steps. Suggested donation payable to Aces & Deuces. Rounds 7-7:30 pm.

AGE	DAY	TIME	LOC	FEE
55+	2nd Sa	7-10:15 pm	LC	\$8 donation

Square Dance Lessons

Square dancing for beginners, as easy as 1-2-3.

AGE	LEVEL	DAY	TIME	LOC	FEE
55+	Plus, A	Th	6-7 pm	LC	\$5
55+	Beg	Th	7-9 pm	LC	\$5

Fun After Forty Dance Club

Dance away the evening to ballroom music. Lessons available prior to the dance at 6:30 pm.

AGE	DAY	TIME	LOC	FEE
40+	F	7:30-10 pm	LC	\$5/\$7

Happy Hoofers Tap Dancers

Learn basic tap dance and performance skills.

AGE	LEVEL	DAY	TIME	LOC	FEE
55+	Beg	Th	4:30-6:30 pm	LC	\$25

WELCOME TO PALMDALE REGIONAL MEDICAL CENTER

Comfort and Space With Room to Grow

- Ample Parking for Patients, Visitors, Employees and Physicians
- All-private, Single-occupancy Patient Rooms
- 157 Beds and a Plan to Ultimately Expand to 239 Beds
- Medical Office Building – A Second 60,000 Sq Ft Building is Planned for the Future
- Palm Café

Emergency Care

With a helipad and 35 beds, the hospital's Emergency Department (ED) is proud to be the largest in the Antelope and Santa Clarita Valleys!

More Special Services & Features

- Orthopedics and Sports Medicine
- Joint & Spine Surgery
- Gynecology
- Neurosurgery
- Oncology
- Advanced Cardiac Services and Certified STEMI Receiving Center
- Award-winning ICU
- Inpatient and Outpatient Surgery
- Transfusion-Free Medicine & Surgery
- Weight-loss Surgery
- Outpatient Radiology and Lab Services
- Center for Wound Care and Hyperbaric Medicine
- Rehabilitation & Orthopedic Institute

In addition to Worker Compensation claims, we also accept most major insurance plans, Medi-Cal, Medicare and TRI-CARE®.

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The Healthcare You Deserve – Close to Home.



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REGIONAL
MEDICAL CENTER**

38600 Medical Center Drive
Corner of Tierra Subida and Palmdale Blvd.
Palmdale, CA 93551



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Need a Doctor? Call Palmdale Regional's **FREE** Physician Referral Service, Direct DoctorsSM Plus, at 1-800-851-9780.

Physicians are independent practitioners who are not employees or agents of Palmdale Regional Medical Center. The hospital shall not be liable for actions or treatments provided by physicians.

useful information

Services Directory

Administration 267-5115	Neighborhood Watch 267-5170
Animal Care and Control..... 940-4190	Palmdale
Antelope Valley Hispanic Chamber of Commerce 538-0607	Chamber of Commerce 273-3232
Antelope Valley Human Relations Task Force (94-PRIDE) 947-7433	Palmdale City Library..... 267-5600
Antelope Valley Transit Authority (AVTA) 945-9445	Palmdale Film, Convention & Visitors Bureau..... 267-5125
AV Environmental Collection Center (888/CLEAN LA) 888/253-2652	Palmdale Geographic Information Systems (GIS) 267-5353
AV Mosquito & Vector Control District..... 942-2917	Palmdale Playhouse..... 267-5684
Building & Safety 267-5353	Palmdale Pride Line (94-PRIDE) 947-7433
Business License..... 267-5434	Palmdale Sheriff's Station... 272-2400
Business Watch..... 267-5170	Palmdale
City Clerk..... 267-5151	Transportation Center..... 267-5977
City Council 267-5115	Parking Enforcement..... 267-5436
City Hall..... 267-5100	Partners Against Crime (PAC)267-5172
Code Enforcement 267-5234	Planning..... 267-5200
Communications 267-5115	Poncitlán Square..... 267-5656
Crime Prevention 267-5170	Public Safety & Community Relations 267-5181
Crime Tip Hotline (94-PRIDE)947-7433	Public Works 267-5353
Economic Development 267-5125	Purchasing 267-5444
Engineering 267-5353	Recreation & Culture 267-5611
Finance 267-5440	Sewer Maintenance 267-5272
Fire Prevention (Emergency 911) 949-6319	Sheriff (Emergency 911) 272-2400
Graffiti Removal Hotline (94-PRIDE) 947-7433	Shopping Cart Retrieval (94-PRIDE) 947-7433
Hearing Impaired Access-TDD267-5167	South Antelope Valley Emergency Services (SAVES)267-5191
Housing..... 267-5126	South Valley WorkSource Center..... 265-7421
Housing Rights Center .800/477-5977	Street Cleaning..... 267-5338
Human Resources..... 267-5400	Traffic Signals (94-PRIDE) .. 947-7433
Jobs Hotline (24-hr. recorded information)..... 267-JOBS	Traffic/Transportation 267-5353
Maintenance (94-PRIDE) 947-7433	Trash Service..... 947-7197
Metrolink (800/COMMUTE) 800/266-6883	Used Oil Recycling 800/449-7587

Organizations

American Indian Little League 972-2234	Highland Youth Football 305-7472
American Red Cross..... 267-0650	International Moms Club.....877/257-0956
A.V. Athletic Club..... 951-8553	Lions Club..... 947-7909
A.V. Track Club 209-6525	Palmdale Boys & Girls Club. 274-2582
Aces & Deuces Square Dance Club 224-1314	Palmdale Bullets Track Club 317-4575
Adorable Baby's Jump Start 272-9416	Palmdale Little League 285-2166
Antelope Adult Futbol League406-0869	Palmdale Pony Youth Baseball, Inc..... 947-7676
Antelope Valley Sea Cadets. 266-2165	Palmdale Youth Soccer League 533-2255
Antelope Valley Special Olympics..... 945-6210	Palmdale Universal Futbol-Soccer & Lightning Soccer Club 998-3428
AYSO - Palmdale 626/568-4779	Palmdale Youth Football..... 450-8793
AYSO - Quartz Hill 943-7008	Pete Knight Hawks Youth Tackle Football & Cheerleading... 250-4321
Boy Scouts of America..... 942-0582	SoCal Supersonic Youth Track Club..... 323/309-4601
Coach Leonard's Tennis Instruction..... 818/800-7802	Youngblood Wrestling Club . 547-3403
Canyon Aquatics 362-3210	Youth Have Vision, Inc. 947-9705
Frog Aquatics 406-3849	
Girl Scouts..... 723-1230	

Palmdale youth and adult non-profit organizations may request to be listed by calling 267-5611.



~BACK BY POPULAR DEMAND~

Point Man Antelope Valley and City of Palmdale present

AV Wall

MOBILE VIETNAM VETERANS MEMORIAL
for the ANTELOPE VALLEY

Thursday, November 7, 12 pm
through **Tuesday, November 12, 8 am**

Palmdale Amphitheater at Marie Kerr Park
2723 Rancho Vista Boulevard

~24 Hour Public Access~

SPECIAL EVENTS:



★Opening Ceremony★

★AVSOA Veterans Day Celebration★

★Veterans Day Closing Ceremony★

AV Wall Info & Facts

- \$100,000 was raised locally from 2005-2009 to build the AV Wall
- It is a replica of the original at the National Mall in Washington, D.C.
- It contains all 58,286 names of the men and women who lost their lives in the Vietnam War. The names are engraved so that visitors may obtain a pencil rubbing of any name.
- It was dedicated on November 13, 2009 at Joe Davies Heritage Airpark.
- Point Man Antelope Valley (PMAV) is the guardian of the AV Wall. A dedicated committee oversees all aspects of the wall.



PALMDALE

For more information, please call
661/524-6408, 661/267-5611
or visit www.avwall.org

Most Walls Keep People Out. This Wall Brings People Together.



parks/facilities map



1. **Recreation & Culture Office**
38260 10th Street East
267-5611 • Fax 267-5636
Palmdale Playhouse
38334 10th Street East • 267-5684
2. **Melville J. Courson Park**
38226 10th Street East • 267-5611
Pool • 267-5688
3. **Legacy Commons for Active Seniors**
930 East Avenue Q-9 • 267-5904
4. **Chimbole Cultural Center**
38350 Sierra Highway • 267-5656
Palmdale City Library
700 East Palmdale Blvd. • 267-5600
5. **Poncitlán Square**
38315 9th Street East • 267-5656
6. **Barrel Springs Trail & Equestrian Arena**
1300 Barrel Springs Road • 267-5611
7. **Pelona Vista Park**
37800 Tierra Subida Avenue • 267-5611
8. **Manzanita Heights Park**
431 Mesa Verde Street • 267-5655
9. **Joshua Ranch Trail - Closed**
10. **Marie Kerr Park**
39700 30th Street West • 267-5611
Marie Kerr Park Pool
2723 Rancho Vista Blvd. • 267-6145
Marie Kerr Park Recreation Center • 267-6138
Palmdale Amphitheater • 267-5611
Best of the West Softball Complex
2723 Rancho Vista Blvd. • 267-5611
11. **Arnie Quinones Park**
41003 50th Street West • 267-5611
12. **Desert Sands Park**
39117 3rd Street East • 267-5611
13. **Hammack Activity Center/ Roller Hockey Rinks**
815 East Avenue Q-6 • 267-5611
14. **Joe Davies Heritage Airpark at Palmdale Plant 42**
2001 East Avenue P • 267-5300
15. **William J. McAdam Park**
38115 30th Street East • 267-5611
William J. McAdam Park Pool • 267-5654
16. **Domenic Massari Park**
37716 55th Street East • 267-5611
17. **Palmdale Oasis Park and Recreation Center**
3850 East Avenue S • 267-6150
Palmdale Oasis Pool • 267-6157
DryTown Water Park
3850 East Avenue S • 267-6161
18. **Joshua Hills Park**
Fairfield & Via del Rio • 267-5611
19. **Anaverde Park**
2820 Greenbrier Street • 267-5611
20. **Foothill Park**
2525 The Groves • 267-5611
21. **South Valley Work Source Center**
38510 Sierra Highway • 265-7421
22. **South Antelope Valley Emergency Services (SAVES)**
1002 East Avenue Q-12 • 267-5191

WASTE MANAGEMENT REMINDS YOU TO RECYCLE RIGHT

By keeping your recyclables clean of trash, together, we can ensure items are well on their way to a second life!

Recycling right is easy. Here are a few ways you become a recycling champion.

Sorting. The easiest way to sort your recycling is to start at the source! Simply keep two waste containers in the kitchen and use one for recyclable material only. Remember, if its "Ooey, Gwey or Chewy", it goes in the trash. Everything else is likely recyclable!

Get the Rest of the Family Involved. Spend some time educating your family members about what can be recycled and what cannot, as well as about why it is important.

Make it Kid Friendly. Have the kids decorate your kitchen recycling container with markers or paint. This creates excitement for recycling throughout the entire household!

- Aluminum
- Plastic
- Glass
- Metal Products
- Paper
- Cardboard

For more information on recycling visit our recycling section at www.KeepingAVClean.com or contact Waste Management's customer service at 661-947-7197.





CITY OF PALMDALE
38300 Sierra Highway
Palmdale, CA 93550-4798

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