

# PALMDALE

**SOUVENIR EDITION**

News • Activities • Entertainment



# AMERICA'S GREATEST RACE

**AMGEN**  **TOUR of CALIFORNIA**



PALMDALE  
*a place to call home*

**Summer** 2013

# JOIN US FOR 8 WEEKS OF SUMMER FUN!

## June 27 | All Eyes On You

Eyes will be all around you, literally, at this fun event! Kids will create furry finger friends, crazy eyeball rings, a whimsical picture frame and a googly eye pet creature.

## July 11 | Guess Who? Who?

Owls...that's who! These wise old birds can be fun, too. Design an artistic foam 3D owl, a cute pinecone owl and your very own wide-eyed sunglasses to wear.

## July 18 | Prehistoric Pooches

Neanderthal men, women, kids and dogs should come out of their caves tonight and join the Prehistoric Pooch Costume Contest & Parade for a chance to win prizes! Visit our website for contest categories. Kids can make a wild sabertooth tiger necklace, a wooden ancient impression bracelet and a clay fossil print.

## July 25 | Sandscapes

Celebrate the beauty of the beach on the Square! Create an art masterpiece with colorful sand, a cookie cutter garden sand stone and a sand art bracelet.

## August 1 | Bugalicious

Who knew bugs would taste so good? At this fun-filled foodie event kids will make an edible cookie spider, a Twinkie™ bumblebee and a butterfly goodie bag. Get your Bugalicious recipe book with all the recipes and space to record your own bugalicious recipe creations!

## August 8 | Battastic

These little creatures of the night are not just for vampire movies! Kids can enjoy making a bat-shaped votive candleholder, a trendy bat bead bracelet and a wooden window decal.

## August 15 | Mad Hatter Wonderland

Decorate a crazy bag hat to match your mad personality! Create a Queen of Hearts paper rose to give to your true love, and a watercolor lantern to hang in your room.

## August 22 | Monsterology

Have you ever been invited to a wild scavenger hunt? Tonight you have! First, create your monster feet and regal crown to wear. Then, turn your invitation into a Monsterology Dictionary so you can decode clues left on the Square that will help you find the Royal Rumpus!

*Stay tuned – the bands for each event will be announced at our June press conference.*

COMON DOWN TO THE SQUARE TO CELEBRATE EIGHT WEEKS OF SUMMER FUN IN PALMDALE! ENJOY LIVELY MUSIC, ENTICING FOOD, FREE KIDS ACTIVITIES AND AN OPEN-AIR MARKET FEATURING SPECIALTY ITEMS.

THURSDAYS • 5:30-8:30 PM  
PONCITLÁN SQUARE

Parks  
Make  
Life  
Better!

INFO: 661/267-5611 • [WWW.CITYOFPALMDALE.ORG/TNOTS](http://WWW.CITYOFPALMDALE.ORG/TNOTS)



### Live Music

sponsored by Valleywide Dental

### The Game Garden

featuring a variety of board games for all ages

### Children's Art & Activity Center

Open while supplies last

### Camp TNOTS

sponsored by High Desert Medical Group

featuring Guest Storytellers @ 6:30 pm

### Interactive Theatrical Storytelling @ 7:30 pm

### Easel Art & Origami Creatures

WE GRATEFULLY ACKNOWLEDGE OUR SPONSORS FOR THEIR GENEROUS SUPPORT:



HIGH DESERT MEDICAL GROUP



Life...



Valleywide Dental  
Dr. Robert Haze & Associates  
Creating Beautiful Smiles



Get caught  
green-handed!

Pets are not permitted except dogs at Prehistoric Pooches event on July 18. Children 12 and under must be accompanied by parent or guardian. Alcohol is not allowed. Children's Art & Activity Center and Camp TNOTS are for children age 12 & under.



PALMDALE  
a place to call home

## what's inside?

- 4-11 Amgen Tour of California (ATOC)
- 12-13 Commerce
- 14 Safety
- 15 Library
- 16-17 Community
- 18 Activities

Palmdale: News • Activities • Entertainment  
Summer 2013

A publication of the  
City of Palmdale  
38300 Sierra Highway, Suite A  
Palmdale, CA 93550-4798  
661/267-5115  
www.cityofpalmdale.org

**Design** Antelope Valley Press  
**Photography** City Staff

### CITY COUNCIL

**Mayor** James C. Ledford, Jr.  
**Mayor Pro Tem** Tom Lackey  
**Councilmember** Laura Bettencourt  
**Councilmember** Mike Dispenza  
**Councilmember** Steven D. Hofbauer  
**City Manager** David Childs

**On The Cover:** Amgen Tour of California

**New!**



**AFTER HOURS  
Emergency Contact:  
661/266-3195**

To report emergencies, residents may call 661/266-3195 after 6 pm and before 7:30 am Monday through Thursday and all day Friday, Saturday and Sunday. Emergencies include sewer overflows, roadway/right of way hazards, downed tree limbs, downed signs, potholes, or broken sprinkler lines in City parks or landscaped areas.

## News

### LETTER FROM THE CITY MANAGER



DAVID CHILDS, CITY MANAGER

Dear Resident,

Both Presidents Harry S. Truman and Ronald Reagan are credited with a saying that really sums up what's going on around here in Palmdale: "You can do great things if you don't care who gets the credit."

We are indeed doing some great things, here in Palmdale and it's because of the guidance, effort, commitment and input of our City Council, City staff and engaged residents. I personally want to thank everyone for making my first year as City Manager one filled with exciting new challenges and opportunities.

We have talked a lot about how we as a City will succeed through a philosophy of "sustainability" that can be broken down into three basic categories: the economy, our community and the organization itself.

In spite of a continued slow regional economy, we're seeing new businesses open, established businesses doing well and some good news coming soon in the manufacturing sector. We'll have more

news for you in our next issue — hopefully some great news! Our City's bond rating remains at an A level, our fiscal position is strong, and our budget is on track for long-term sustainability.

We continue to develop strong ties and partnerships in our community by engaging our residents to participate in programs such as Neighborhood and Business Watch, volunteering, youth programs, neighborhood clean up events and city meetings. By maintaining public safety and keeping our crime rate down, which is the number one priority of the City, we continue to build confidence and community pride.

Our list of things to do, from classes, concerts and events for the summer, is simply amazing! We've brought headline acts back to the summer concert series and added four family movie nights, along with a full summer of fun at DryTown, Thursday Night on the Square, the Palmdale Playhouse, our three City pools and our beautiful recreation and culture centers.

Our organization continues to evolve, serving our residents with a reduced staff that embraces a sense of service and enthusiasm that we can all be proud of. Some positive changes include extended hours at Legacy Commons for Active Seniors and the Palmdale City Library. Speaking of the Library, have you seen what's going on over there? Wow! Read all about it on page 15.

These great things are happening because all of us — the City Council, City staff, and our residents — have come together to make Palmdale a great place to live, work, play and shop.

Have a great summer!

Dave Childs  
City Manager

# STAGE 3

# AMGEN TOUR of CALIFORNIA



# Comes to Palmdale on May 14

at MARIE KERR PARK 8:30 AM

Palmdale will be the international center stage of the cycling world on Tuesday, May 14, as the City hosts the Stage 3 start of the 2013 Amgen Tour of California, cycling's most important and successful stage race in the United States.

Featuring world-class and Olympic athletes, this free event will take place at Marie Kerr Park beginning at 8:30 am. The public is encouraged to arrive early to claim a prime spot along the starting line, where they will be able to get autographs from many of cycling's greatest athletes. Attendees will also enjoy mingling with visitors from around the world, the festival area which will feature the official Amgen Tour of California merchandise, food vendors and the team parking area, which is always a fan favorite. (Bring a sharpie for autographs!)

Opening ceremonies will include interviews with the top racers from around the world and Palmdale's very own Breakaway from Cancer® survivor Ben Jefferson who will fire the starting pistol.

The race begins at 11:20 am sharp. The Stage 3 Palmdale to Santa Clarita race will offer one of the race's most challenging and scenic courses. From Marie Kerr Park, riders will head west on Rancho Vista Boulevard in a neutral start, providing enthusiasts spectacular viewing opportunities to catch the peloton as it passes through Palmdale. They will continue west on Avenue N, north on 70th West, west on Avenue I and up into the hills for a 110 mile trip to downtown Santa Clarita!



## DOUBLE D CUPCAKES

D • LUSCIOUS & D • LIGHTFUL

**Specially created for you!**  
Gourmet Cupcakes & Cakes for All Your Special Occasions

Baked Fresh Daily using the Finest All-natural Ingredients: Real Vanilla Beans, Sweet Cream Butter, Fresh Fruit and Rich European Chocolate.

SUGAR- & GLUTEN-FREE VARIETIES AVAILABLE.

Visit us at the Palmdale Stage Start of the Amgen Tour of California.

661/940-5522

818 West Ave. | Lancaster (across from postco) • [www.DoubleDCupcakes.com](http://www.DoubleDCupcakes.com)  
TU.-TH. 7 AM-7 PM • FRI. 7 AM-8 PM • SAT. 10:30 AM-8 PM • SUN. 11 AM-5 PM

**CUPCAKE WARS WINNER**  
Official Cupcake of the Palmdale Stage Start

**Proud Local Sponsor of the 2013  
AMGEN Tour of California**

AMGEN TOUR of CALIFORNIA  
PALMDALE

**AMR**  
AMERICAN MEDICAL RESPONSE®  
[www.amr.net](http://www.amr.net)



# TEAM ROSTER

## UCI PRO TEAMS:

- BMC Racing Team, USA
- Cannondale Pro Cycling, Italy
- Omega Pharma – Quick-Step Cycling Team, Belgium
- ORICA GreenEDGE, Australia
- RadioShack Leopard Trek, Luxembourg
- Team Garmin-Sharp, USA
- Team Saxo-Tinkoff, Denmark
- Vacansoleil-DCM Pro Cycling Team, The Netherlands

## UCI PROFESSIONAL CONTINENTAL TEAMS:

- Champion System Pro Cycling Team, China
- Team NetApp-Endura, Germany
- United Healthcare Pro Cycling Team, USA

## UCI CONTINENTAL TEAMS:

- 5-hour ENERGY presented by Kenda Racing Team, USA
- BISSELL Pro Cycling, USA
- Bontrager Cycling Team, USA
- Optum Pro Cycling presented by Kelly Benefit Strategies, USA
- Team Jamis – Hagens Berman, USA

For the latest information on the Palmdale Stage, please visit us at [www.cityofpalmdale.org/atoc](http://www.cityofpalmdale.org/atoc), like us on Facebook at ATOC Palmdale, and follow us on Twitter at PalmdaleCity.



PALMDALE  
RECREATION & CULTURE



The Palmdale Stage Start is unique in that the athletes are happy to sign autographs during the rider sign-in. Last year's race included 13 elite athletes who competed at the 2012 Olympics in London. These pages are left open so that you can collect autographs from this year's riders. Don't forget to bring a Sharpie!

PERMANENTE®





# Catch Cycling Fever!

*Join us at these  
fun filled events!*

## **'RACE TO ART'**

Jersey Design Contest

Now through April 29

Participants will design cycling jerseys for Stage 3 of the ATOC. To enter, pickup the jersey template and entry form at Palmdale Recreation and Culture Office, 38260 10th St. East, Palmdale. Info: 661/267-5611.

## **BICYCLE RODEOS (Ages 5-12)**

Saturday, May 4 at 10 am

Palmdale Oasis Park

3850 East Avenue S

Saturday, May 11 at 10 am

Marie Kerr Park

2723 Rancho Vista Blvd.

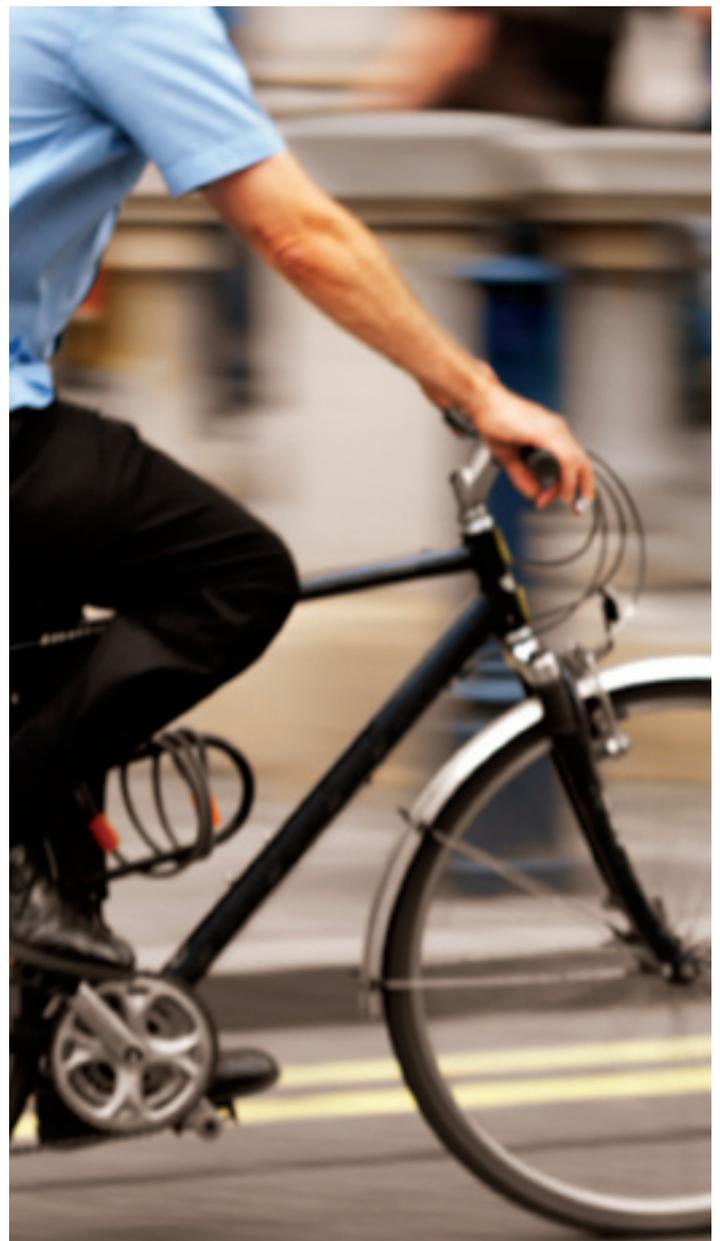
These bike rodeos for kids ages 5-12 will feature a safety clinic with bike inspections and a presentation about the rules of the road. Kids will ride a miniature "chalk street" course in the parking lot to learn hands-on where and how to apply the rules. Every participant will receive a medal and will have a chance to win a bike safety helmet while supplies last.



## Rules of the Road for Motorists

With hundreds of AV cyclists enjoying the cycling opportunities that abound in Palmdale, and hundreds more hitting our streets for the Amgen Tour of California, here are some safety tips for motorists as they encounter bicycles:

- › Watch for bicycles in traffic. They are smaller and harder to see than other motor vehicles.
- › Don't underestimate the speed of a bicyclist. Many bicyclists can easily travel at 25-30 miles per hour.
- › Slow down when passing a bicyclist.
- › Give at least three feet of space when passing a bicyclist. If traveling on a higher speed road, give more space.
- › Do not pass a bicyclist on a narrow two-lane road when oncoming traffic is near.
- › When driving near a child on a bike, be prepared for the unexpected.
- › Recognize situations that can be dangerous for cyclists such as broken glass, potholes, debris, parked cars, garbage cans and drain gates. Give them enough room to maneuver around these trouble spots.
- › Do not blast your horn when approaching a cyclist — you could startle the rider and cause a crash.
- › Do not pass a bicyclist if you'll be making a right turn in front of them.
- › When turning left at an intersection, yield to oncoming cyclists just as you would an oncoming car.
- › Do not park or drive in bike lanes.
- › Be respectful of other road users, including cyclists. Courtesy is contagious.



## Spokes model.

Transport yourself, through your everyday journeys and across every finish line. At Kaiser Permanente, we believe a happier, healthier you is well within reach.

KAISER PERMANENTE®  thrive

To find out more, call 1-800-464-4000 or visit [kp.org](http://kp.org).

# Cycling Racing Glossary



Best Young Rider



Breakaway from Cancer



Most Aggressive Rider



Sprint

**Abandon:** To quit during a race and remove yourself from competition.

**Attack:** A sudden acceleration, usually by a solo rider, to move ahead of another rider or group of riders.

**Block:** A tactical move in which a rider or group of riders slows down at the front of the main group in order to disrupt the speed of the group by causing its riders to slow down.

**Bonk/Hit the Wall:** Bad news for a cyclist. To “bonk” or to “hit the wall” means a rider has not consumed enough calories to fuel his/her body.

**Breakaway/Break/Escape:** A rider or group of riders who ride off the front of the peloton and form a lead pack. Breakaway riders want to maintain their lead, but whether they do so depends on how well they cooperate and how well the peloton cooperates in any attempt to chase them down and close the time gap.

**Bridge:** To leave one group of riders and join another group or rider that is further ahead.

**Broom Wagon:** The vehicle at the back of the race that signals the end of the race caravan and ensures the course is clear for the reopening of closed roads.

**Bunch/Peloton:** The main group of riders who ride together at a comfortable pace and share the pace-making. Flat stages tend to finish in a bunch or field sprint contested by most of the riders.

**Caravan/Follow Car:** The riders are followed by a large group of vehicles that support the race. This includes: commissaires, team directors, medical staff, VIPs, and neutral mechanical support. Each team is allowed two vehicles to provide riders with water bottles, food, and bike parts. A team's best-placed rider determines the order of the vehicles in the caravan so the athletes competing for the lead can have the quickest service when they find themselves in a dire situation.

**Categorized Climbs:** Climbs are categorized based on their length and average steepness. “Category 4” is the easiest and a “Category 1” is the most difficult. Large mountains and extremely difficult climbs are given a “Hors Catégorie (HC)” classification, which translates to “Beyond Categorization.”

**Chase, Chasers:** Riders trying to catch a breakaway group or rider.

**Climbers:** The smallest and lightest guys in the peloton are the climbers who excel in the mountains. The best climbers, such as Levi Leipheimer and Andy Schleck, take advantage of their impressive power to weight ratio and tend to save their energy for the key climbs.

**Commissaires:** The officials appointed to ensure teams and riders abide by the rules of the race and sport. Rule breakers are issued fines and time penalties.

**Directeur Sportif:** Also known as the team director and almost always an ex-pro rider, the directeur sportif's job is to dictate team tactics to riders from the team car, which is fitted with a television so he can follow the action. He must be a seasoned multi-tasker because he needs to do all this while driving, map reading, and handing out supplies. French for “sporting director.”

**Domestiques:** A French term for the “helpers” or “servants” on a team. Cycling is a team sport and a team leader, primary sprinter or star climber may find it difficult to win a race without the help of their loyal domestiques. Domestiques will shelter their teammates from the wind, visit the team car to collect extra water bottles, and chase down breakaway groups. On a rare occasion a domestique will receive the go-ahead to race for a stage victory if the conditions are right.

**Drafting/Slipstream:** The biggest enemy to a cyclist is aerodynamic drag. Riders can save a significant amount of energy by riding in a group behind other riders or by having their teammates break the wind for them. Riding behind a rider is much less strenuous and can give a 30% energy-savings advantage.

**Echelon:** A staggered line of riders, with each rider positioned downwind and off to the side of the rider ahead, creating a diagonal effect. In strong crosswinds, a large group will form into echelons.

**Feed Zone:** A designated stretch of road where soigneurs distribute musettes filled with food and drink to riders as they pass by at full speed. The end of the feed zone is often a good place for fans to get souvenirs as riders discard musettes and bottles after taking the supplies they need. It's an unwritten rule that riders do not attack a group in the feed zone.

**Field Sprint:** A sprint at the finish among the main group (peloton) of riders in a road race.

**Force the Pace:** To increase speed to make the group go faster.

**General Classification (GC):** The overall time rankings in a race. The rider with the lowest

cumulative time is first place on the GC.

**General Classification Riders:** Well-rounded riders who compete for the best overall time in a stage race. These riders are typically strong climbers and time trialists who are protected by their teammates.

**Gruppetto:** Literally translating from Italian as “little group,” this is the last pack of riders on mountain roads, usually made up of sprinters, domestiques, and team leaders, who are only riding to survive the difficult course of the day. The French call this the “autobus.” The goal of the gruppetto is to finish ahead of the time limit — worked out as a percentage of the stage winner's finish time. Riders finishing outside of the time limit are disqualified, so the gruppetto's pacing is very important.

**Hammer:** To ride hard.

**Jump:** A quick acceleration.

**Kick:** A burst of acceleration for the final sprint.

**King of the Mountain (KOM):** During a stage race, points are awarded to the first riders to cross the summit of categorized climbs. The rider who has accumulated the most points over the course of a race is crowned King of the Mountain.

**Lead-out Man:** Often an up-and-coming or veteran sprinter, this rider has the key task of preparing a star sprinter for a bunch sprint by keeping the pace high at the front of the peloton and sheltering his teammate from the wind. The lead-out man moves out of the way during the final few hundred meters to enable his sprinter to slingshot out of his slipstream for the stage win. Top sprinters like Tom Boonen can usually count on a lead-out “train” of several teammates to set them up for victory.

**Mechanical:** Slang for a mechanical problem with the bicycle.

**Musette:** A cotton bag, handed out in feed zones by soigneurs, containing food and drink.

**Neutral Support:** The support given to a rider by a neutral party, i.e. a mechanic in a follow vehicle not attached to any particular team.

**Off the Back:** When a rider or riders cannot keep pace with the main group and lag behind.

**Off the Front:** When a rider, or group of riders, break away from the main group.

**Paceline:** A string of riders moving at high speed, with individuals taking turns setting the pace at the front and then dropping back into the draft of the others.

**Palmares:** A rider's race results during their career. (“He has an impressive palmares.”)

**Peloton:** The main group of riders in a race; also called the pack, bunch or field. Can also refer to pro cyclists collectively: “He's respected in the peloton.”

**Power Meter:** A device used by professional riders to measure their physical effort during a race. Power is measured in units of watts and riders carefully monitor their power on climbs and during breakaways to ensure they are riding within their own capabilities. The most powerful metric in elite racing is the power to weight ratio. Most of the riders you will see winning races ending in a mountaintop finish will have the highest power to weight ratio.

**Pull:** To take a turn at the front of the group or paceline.

**Pull Off:** To move out of the front position in a group or paceline, so that a following rider can take over.

**Road Rash:** Skin abrasions resulting from a fall or crash onto the road.

**Rouleur/Strong men:** Literally a “roller,” this is a rider who can pedal a difficult gear for a long time on flat and rolling terrain. Every team has three or four rouleurs employed as domestiques who protect their leaders by chasing down breakaways and sheltering them from the wind.

**Saddle:** The bicycle seat.

**Sitting in/Sit on a Wheel/Sitting on:** Drafting, or riding closely behind the rider immediately in front to save energy.

**Soigneur:** From the French verb meaning “to take care of”. The role traditionally involves preparing food for the riders, driving the team's spare vehicles and providing massages.

**Sprint:** The final high-speed dash for the finish line in a race of any distance.

**Sprinters:** Each team typically has one powerful rider who has the ability to produce a quick



Race Leader



King of the Mountain

burst of speed at the end of a race; this is a sprinter. On flat courses, teams protect their sprinter from the wind so they can conserve as much energy as possible until the final few hundred meters of the race.

**Stage Race:** A bike-race format in which different races (stages) are held on different courses in the same geographical region over a period of consecutive days — all of the stages together compose the “race.” The rider with the lowest cumulative time after all of the stages wins the race. The Amgen Tour of California is a stage race.

**Team Captain:** A seasoned rider who directs the team’s strategy during a race.

**Team Leader:** The rider who is the focus of a team’s tactics and strategy — the rest of the team rides in order for the leader to win a stage or race.

**Tempo:** A brisk speed or pedal cadence.

**Time Trial:** A race in which riders start individually at given intervals, and race the course against the clock. Also known as “the race of truth.”

**Train:** A fast moving paceline of riders working together for tactical purposes.

**Tuck:** A riding position with the head and torso low, back flat, and arms close to the body, for best aerodynamics and maximum speed. Most riders will get into a tuck position on a very steep descent to save energy and increase speed.

# What do the jerseys mean?

**A long-standing tradition for professional cycling races, special race jerseys are awarded daily to overall leaders in several categories.**

The 2012 Amgen Tour of California, which covered nearly 800 miles of scenic California roadways and highways, featured many of the world’s elite cyclists vying for these ‘leader’ jerseys. The jerseys depicted are from the 2012 race; look for the new jersey designs to be unveiled closer to this year’s race.

## 2012 Amgen Race Leader Jersey

The Amgen Race Leader Jersey is awarded to the rider with the least amount of elapsed time over the entire race. Depending on each day’s results, the rider wearing the Leader Jersey can change from stage to stage. Because the overall winner is based on lowest cumulative time, it is possible for a rider to win the Amgen Race Leader Jersey without winning a daily stage.

## 2012 Amgen’s Breakaway from Cancer® Most Courageous Jersey

Each day, the most courageous rider will earn Amgen’s Breakaway from Cancer Jersey. It will be awarded to a cyclist who best exemplifies the character of those engaged in the fight against cancer — courage, sacrifice, inspiration, determination and perseverance.

## 2012 Nissan King of the Mountain Jersey

As a reflection of California’s majestic mountains, this jersey goes to the peloton’s strongest climber. A cyclist earns this jersey by collecting points at designated King of the Mountain (KOM) locations at the tops of mountains and hills. Only the first three cyclists to reach the top on rated climbs receive points towards this award.

## 2012 Visit California Sprint Jersey

The Sprint Jersey is awarded to the rider that accumulates the most bonus points, which are given based on Sprint Line performances as well as finishing the stage in the top-15 places. Cyclists who specialize in bursts of power and speed, or consistently finish near the top of each stage, will have the best chance to wear this respected green jersey.

## 2012 Rabobank Best Young Rider Jersey

Each day, all riders who are under 23 years old compete for this special recognition. The jersey will be awarded to the young rider with the least amount of elapsed time over the entire race.

## 2012 Exergy Most Aggressive Rider

The Most Aggressive Rider Jersey is awarded to the participant who shows the most sporting aggression by being involved in attacks, chasing down escapes, length of time in a breakaway, etc. The winner must appear on the podium at the conclusion of each stage and will wear the jersey during sign-in for the next stage. The jersey is not worn during competition, but a special set of race numbers is provided to be worn. The jersey is not awarded for the Individual Time Trial.

# ANTELOPE VALLEY’S PREMIER CYCLING CENTER



[www.blockbikes.com](http://www.blockbikes.com)

**(661) 729-2800**

604 West Ave. L Unit 101, Lancaster, CA 93534

- PROFESSIONAL SALES & SERVICE
- FULL FAMILY BICYCLE SHOP



# East Side Shopping Sizzles as Super Target Celebrates 5th Anniversary



It wasn't long ago when the only shopping destination on the east side of Palmdale consisted of a small market near the corner of Avenue S and 47th St. East.

Things have certainly changed!

2013 finds the Ave. R/S — 47th St. East corridor bustling with major retail, grocery and dining options. In fact, 2013 marks the fifth anniversary of Super Target's opening, the only Super Target store in the Antelope Valley.

"We're very proud of what this shopping corridor has to offer our residents," said Economic Development Manager Dave Walter.

Convenience, selection and quality are all hallmarks of what's happening in the east side of our City."

Area residents may also choose from major retailers such as Walmart, Lowe's, Home Depot, Walgreens, Rite Aid, CVS, Radio Shack, Dollar Tree and Vallarta; specialty stores like Big 5, Petsmart, Bath & Body Works, Ross, Game Stop, Prime Time Nutrition, Payless Shoes and Styles for Less; eateries that include Denny's, Starbucks, Tom's, Burger King, Panera Bread, Claudia's Café, Golden Dragon, Subway, McDonalds, El Pollo Loco, Panda Express, Jack in the Box, Taco Bell, Jamba Juice, Little Cesar's, Primo Burger, Gezzini's Pizza and Mi Casita; services such as High Desert Medical Group, Red Persimmon Nails & Spa, Gateway Dental, Bank of America, ATT, T-mobile, Chase Bank, Genesis Beauty Supply, Zaragoza's Tailoring, Martha Flores Beauty Salon, Metro PCS, Super Cuts and several other vital businesses.

"It's important that our residents support our local businesses," Walter said. "Shopping in Palmdale helps retain and create jobs, and provides a larger share of sales tax receipts which helps the City continue to provide the services and amenities we all enjoy."



## SWEETFROG FROZEN YOGURT NOW OPEN

SweetFrog will bring its delicious menu of frozen yogurt treats to east Palmdale! Located at 38029 E. 47th St., in the Super Target Center, sweetFrog is one of the fastest growing brands of premium, all natural, self-serve yogurt restaurants. Their concept is simple: sweetFrog is a bright, positive, family-friendly environment where customers can create their dessert, their way — at a very modest price point. Hours: Mon.–Sun., 11 am–11 pm. Contact: 661/285-2147 or [sweetfrogpalmdale@yahoo.com](mailto:sweetfrogpalmdale@yahoo.com).

## HIBACHI GRILL BUFFET

Featuring a \$7.99 lunch buffet during the week, Hibachi Grill Buffet is now open at 1215 W. Rancho Vista Blvd. at the AV Mall's Restaurant Row. A wide selection of delicious options including salads, sushi, Mongolian BBQ, Chinese dishes, desserts, pizza, fruit and much more. Info: 661/273-8880.

## COMING SOON ...

**Buffalo's Café**, which offers world famous buffalo wings and classic American dining in a family friendly atmosphere, is coming to 4611 E. Avenue S. Information and menus: [www.buffaloscfe.com](http://www.buffaloscfe.com).

**Yoshinoya**, is coming to 540 W. Rancho Vista Blvd. Their food is a combination of two cultures: traditional Japanese cuisine served in an American fast food environment. Info: [www.yoshinoyausa.com](http://www.yoshinoyausa.com).

**Mahli's**, an AV favorite, is bringing its sumptuous Indian cuisine to 39438 Trade Center Dr., Ste. A, next to Numero Uno.



## Palmdale's Foreign-Trade Zone Provides Opportunity

Palmdale's Foreign-Trade Zone #191 offers international traders, importers and exporters outstanding opportunities to take advantage of special custom privileges. These incentives can lower barriers to trade, improve cash flow and reduce or eliminate duty rates for goods.

Companies that locate within the Foreign-Trade Zone may qualify for special financial incentives such as:

- Paying no duties on labor, overhead, or profit from Foreign-Trade Zone operations
- Enjoying substantially discounted cargo rates
- Deferring Harbor Maintenance fees
- Re-exporting materials duty-free
- Adding value to the goods without affecting the assessed value
- Eliminating delays in customs clearance and duty drawback procedures

The service area of Palmdale's Foreign-Trade Zone #191 includes the Antelope Valley, Southeast Kern County, North Los Angeles County, and Santa Clarita Valley.

If you import goods or materials for your business please contact Foreign-Trade Zone Manager Kari Blackburn in our Economic Development Department at 661/267-5125.



## TRANSIT VILLAGE NEARING COMPLETION

Applications are being accepted for potential residents interested in moving into the City's first phase of its innovative Transit Village project. A late summer move in is anticipated. The Village will consist of a 156-unit, five-story apartment complex with — underground and first floor complex parking, adult and "tots" swimming pools, and second-floor courtyard and playground areas. For more information, please contact the Michaels Organization Management Group at 877/885-7323.



## AV Mall Welcomes Buckle

Known for its unique mix of on-trend clothing, shoes and accessories, Buckle, now open at the AV Mall, caters to style-conscious men and women who seek to express their individuality through fashion. Buckle carries a wide selection of fits, styles, and finishes from leading denim brands, including the company's exclusive brand, BKE, along with Big Star, Big Star Vintage, Rock Revival, MEK Denim, Miss Me, Buffalo, Reclaim, Silver Jeans, 7 for All Mankind, and Division E. To help guests complete their looks, Buckle offers tops, footwear, and accessories from popular lifestyle labels including BKE Boutique, Buckle Black, Affliction, RVCA, Sinful, Daytrip, Archaic, Roar, OBEY, 7 Diamonds, Billabong, Hurley, Fossil, and Fox.

## THE JIMENEZ LAW GROUP

Se Habla Español



- Bankruptcy\*  
*Chapter 7/Chapter 13*
- Family Law  
*Divorce, Modifications*
- Workers' Compensation\*\*
- Wills/Trusts
- Criminal/DUIs

**Chellei G. Jimenez, Attorney at Law**

2827 West Avenue L • Lancaster, CA 93536

(Next to Vince's Pizza & Pasta)

661/722-7474

[www.jimenezlawgroup.com](http://www.jimenezlawgroup.com)

\*We are a debt relief agency. We help people file for bankruptcy relief under the bankruptcy code.

\*\*Making a false or fraudulent material statement or material representation for the purpose of obtaining or denying a workers' compensation claim or benefits is a felony subject to up to 5 years in prison or a fine of up to \$50,000 or double the value of the fraud, whichever is greater, or by both imprisonment and fine.



# FREE *informative workshops*

*to help individuals and businesses.*

The City's Public Safety and Community Relations Department is presenting a series of FREE informative workshops to help individuals and businesses.



## Identity Theft and Schemes, Scams and Cons Presentation for Seniors

Thursday, May 2 at 9:30 am  
Legacy Commons  
930 East Avenue Q-9

Participants will learn how identity theft occurs, how to minimize individual risk, and what to do if one becomes a victim of identity theft. "Scams, Schemes and Cons" is designed to educate people on the many different scams that trick people out of money, property or personal information and give seniors the tools they need to recognize and avoid fraud and deceptive schemes. Info: 661/267-5541.

## Security and Safety for Small Businesses

Tuesday, June 11, 8 am  
Palmdale City Council Chamber  
38300 Sierra Highway, Suite B

The topics to be covered include an overview of the Business Watch program, burglary and robbery prevention, current theft and fraud trends, how to address incidents of vandalism and loitering, as well as how to identify counterfeit currency, credit cards and checks.

Staff members from the City's public safety and community relations department and representatives from the Palmdale Sheriff's Station will be at the meeting.

## Neighborhood Watch Orientation

Tuesday, July 9 at 7 pm  
Palmdale City Council Chamber  
38300 Sierra Highway, Suite B

Residents who are not currently involved in Neighborhood Watch are encouraged to come learn about the program and see how easy it is to create and maintain a group in their neighborhood. Neighborhood Watch is the most effective means available for keeping crime out of our neighborhoods. It is also very effective in preparing yourself and your neighborhood for any emergency situation that may arise.

Crime Prevention Officers from the City and Deputies from the Los Angeles County Sheriff's Departments Palmdale Station will facilitate the presentation.

For more information about the meeting or to learn more about Neighborhood Watch, please call 661/267-5170.

## Home Security and Personal Safety Presentation for Seniors

Thursday, August 22, 9:30 am  
Legacy Commons  
930 E. Ave. Q-9

Geared toward seniors, the presentation will teach basic tips on home security, personal security, and current theft and fraud trends aimed at seniors.

Info: 661/267-5541.



# Now happening at the Palmdale City Library ...

## Now Open 7 Days

The Palmdale City Library is now open 7 days a week. Hours of operation are Monday through Thursday from 10 am to 8 pm; Friday and Saturday from 10 am to 5 pm, and Sunday from 1 to 5 pm.

## Story Time is Back!

Join us Tuesday mornings at 10 am for Preschool Story Time, and Bilingual Story Hour on Friday afternoons at 1 pm now through May 17. Registration is required.

## FREE Wi-Fi

We offer FREE Wi-Fi Internet access to Palmdale City Library card holders.

## Coming Soon! E-books

We will soon be offering more than 300 e-books and e-readers for check out!

## Reading is So Delicious

Prepare to indulge in a summer reading feast at the Palmdale City Library! Programs, reading logs, prizes and more! Details to come.

## Now on Facebook

Follow us on Facebook at Palmdale-City-Library.

## El día de los niños/El día de los libros (Children's Day/Book Day)

April 20, 11 am-12 noon  
Larry Chimbole Cultural Center

Come celebrate the importance of literacy for children of all linguistic and cultural backgrounds and enjoy the entertainment and interactive experience of "More Than Musica" by Nathalia Palis, who hails from Barranquilla, Colombia. Nathalia will have copies of her two CDs, "From Here to There" and "Animal Bop," available for purchase.

May 4, 11 am-12 noon  
Larry Chimbole Cultural Center

Stories in English, Spanish and other languages, and special activities will highlight the Library's first annual "Día" celebration.

## Mystery, Murder and Mayhem Book Club

The Mystery, Murder and Mayhem Book Club meets the third Wednesday of the month at 7 pm, at the Larry Chimbole Cultural Center. The group is open to anyone who enjoys a good mystery.

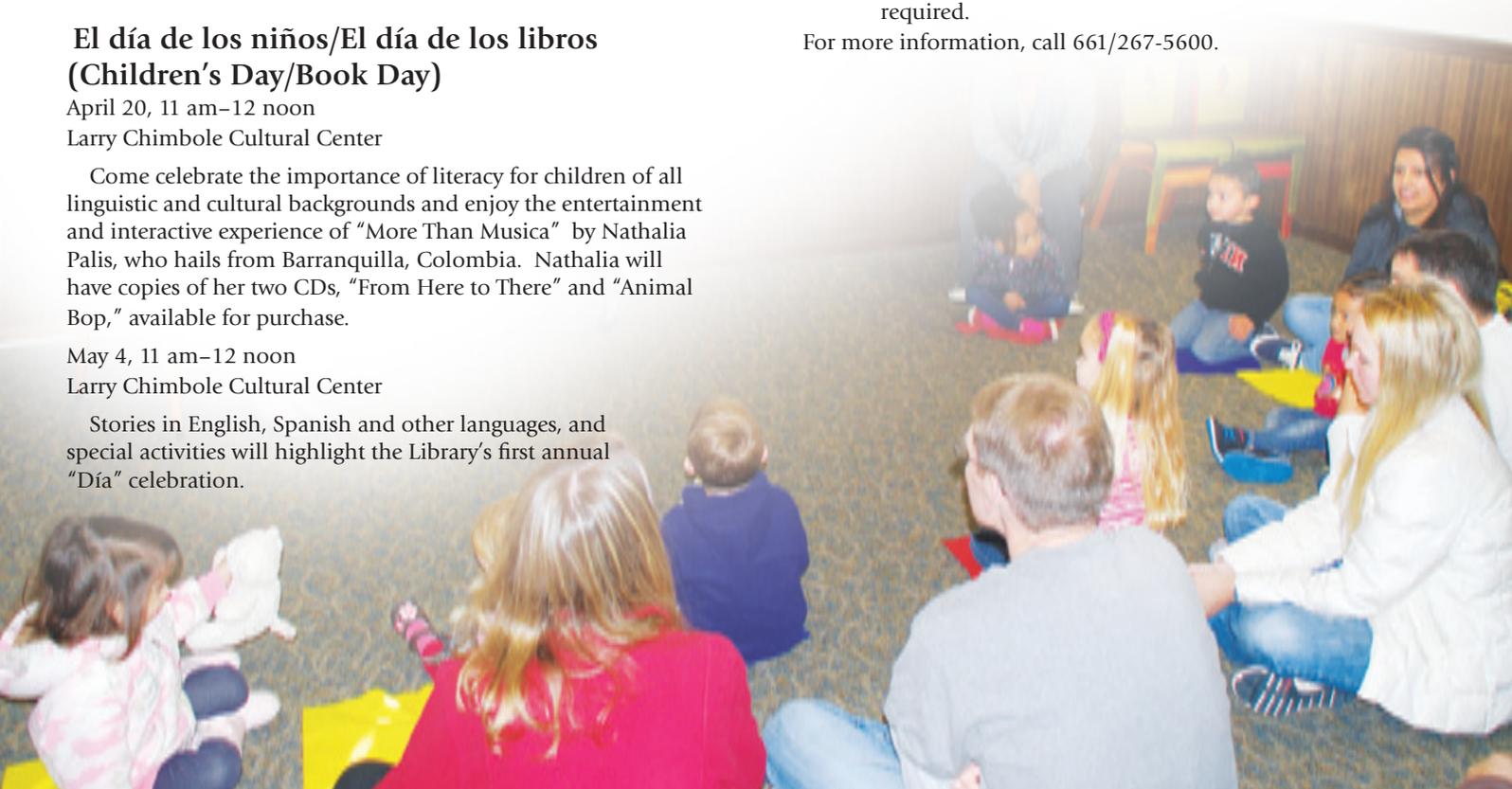
May 15 – *Defending Jacob* by William Landay  
June 19 – *The Devil's Star* by Jo Nesbo  
July 17 – *The Silent Girl* by Tess Gerritson

## ¡Leamos, Palmdale!/Let's Read, Palmdale! The Día Family Book Club

Join us as we bring together parents and children to read and discuss award winning children's books with multicultural themes.

April 27 – *Esperanza Rising* by Pam Muñoz Ryan (ages 7 and up)  
May 25 – *I, Too, Am America* by Langston Hughes,  
illustrated by Brian Collier (Coretta Scott King Award)  
(ages 5 and up)  
June 22 – *Where the Mountain Meets the Moon* by Grace Lin  
(ages 7 and up) Time: 1 pm. Each family attending  
will receive a copy of the book. Registration is  
required.

For more information, call 661/267-5600.





## AERO Institute Partners with AIAA

The AERO Institute has partnered with the American Institute of Aeronautics to expand its offerings of courses for aerospace professionals and astronauts.

The new partnership offers technical courses intended to provide the opportunity for refresher courses in science and engineering skills, or be introduced to new knowledge and application capabilities. AIAA has similar partnerships with the National Institute of Aerospace in Virginia and the Ohio Aerospace Institute in Cleveland.

“The AERO is honored and delighted to welcome AIAA as a partner in our efforts to develop the necessary work force for the aerospace industry. It is through collaborations such as this that future success can be assured,” said AERO executive director Susan Miller.

Course subjects for 2013 include mathematical introduction to integrated navigation systems, optimal state estimation, gossamer systems analysis and design, and sensor systems and microsystems.

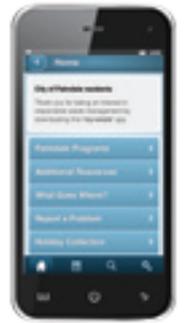
AERO Institute is a strategic partnership of federal, state and regional governments, commercial companies, academic institutions, and non-profits addressing our nation’s need for technically skilled workforce and STEM education at all levels. The organization is a participant with the City of Palmdale and the Palmdale School District in the Palmdale Aerospace Academy, an independent charter school.

## New “My Waste” Smart Phone App Available

The City of Palmdale unveiled a free new smart phone app called “my-waste™” which enables residents to receive alerts of trash/recycling collection days, notifications for street sweeping and a forum for general questions regarding street sweeping and trash/recycling services.

The app also allows residents the option to receive reminders during times when there are changes to their schedule such as holidays, provides answers to frequently asked questions, offers a quick and easy way to figure out whether or not an item is recyclable, and allows the reporting of issues such as missed collections or street sweeping.

The “my-waste™” app is available free via the App Store on iPhone and Droid.



## Take a Bite Out of Hunger at the Antelope Valley Mall

Enjoy great food and help those who need assistance in our community at the same time! The annual Take a Bite Out of Hunger event will be held in the AV Mall Food Court on July 20, from 11 am–3 pm. For \$5, you may sample food from all Food Court eateries. You can also receive two free tickets with your same day purchase of \$100; stop by Guest Services for complete details. All proceeds will benefit SAVES. Tickets may be purchased at the Guest Services desk at the Mall.

## New Sewer Camera to Aid Inspections

The City of Palmdale is using a new high-tech camera that is helping to inspect and monitor the City’s 404 miles of sewer lines.

The camera, a ROVVER X 130, is a remote-controlled, twin-motor, 6-wheel drive crawler, equipped with the RCX90 digital camera, a high-resolution, color, video/still camera that can zoom, rotate, tilt, and even measure the width of cracks in sewer pipes.

In July 2009, the City of Palmdale assumed responsibility for the city’s sewers.

“We like to tell people to keep ‘FOG’ out of their sinks and toilets,” said Utilities Services Manager Gordon Phair. “FOG stands for fats, oils and grease. These three items can cause havoc on our sewer systems, including overflows that can create great and costly damage to their homes. For more information on FOG, you can call us at 267-5272 or visit our Web site, [www.cityofpalmdale.org](http://www.cityofpalmdale.org).”



# Palmdale Poised to Become Regional Intermodal Hub

With an eye on the future of our region's transportation needs, Palmdale has developed a comprehensive, forward-thinking transportation plan that will be the most unique in the nation, if not the world. The Palmdale Transportation Center (PTC) is positioned to be an intermodal center where an airport, two high speed rail systems, regional bus service, Metrolink, Amtrak and two freeways [State Route 14 & High Desert Corridor (E-220)] all converge, to be integrated with transit-oriented, mixed-use housing and commercial development opportunities (Transit Village).

"The opportunities this presents for Palmdale and the region are endless," said Palmdale's Transportation/GIS Manager Mike Behen. "We will be the only place in the state and nation where

two major high speed rail systems converge — the California High Speed Rail and Xpress West High Speed Rail projects. These systems will provide rail access opportunities from Palmdale to Los Angeles, Las Vegas, San Francisco and Sacramento, and potentially beyond as the system expands. High speed rail combined with an airport, light rail, regional transit service and freeway access, sets the tone for an exciting future for Palmdale and the entire Antelope Valley!"

For information on both these important transportation systems, visit: [www.cahighspeedrail.ca.gov/](http://www.cahighspeedrail.ca.gov/) and [www.xpresswest.com](http://www.xpresswest.com). For more information on Palmdale's transportation vision, please call 661/267-5300.



# activities



PALMDALE  
RECREATION & CULTURE

38260 10th Street East  
(between Palmdale Blvd. & Avenue R)  
661/267-5611 • 661/267-5636 fax  
10 am–6 pm Monday–Thursday  
Please arrive at least 15 minutes  
prior to closing

## what's inside?

22	Sports
28	Aquatics
32	Fitness
34	Visual & Performing Arts
38	Educational/More Choices
40	Early Childhood
42	After-School Fun Centers
44	Legacy Commons – 55+

### In every issue

19	Registration Information
48	Directory of Organizations
50	Parks/Facilities Map

### Class Location Key

<b>AVP</b>	Anaverde Park
<b>AQP</b>	Arnie Quinones Park
<b>BVL</b>	Brunswick Vista Lanes
<b>BWSC</b>	Best of the West Softball Complex
<b>CCC</b>	Chimbole Cultural Center
<b>CPB</b>	Courson Pool Building
<b>CP</b>	Courson Park/Pool
<b>DSP</b>	Desert Sands Park
<b>DMP</b>	Domenic Massari Park
<b>DT</b>	DryTown Water Park
<b>HAC</b>	Hammack Activity Center
<b>JHP</b>	Joshua Hills Park
<b>LC</b>	Legacy Commons
<b>LS</b>	Local Schools
<b>MZP</b>	Manzanita Park
<b>MKP</b>	Marie Kerr Park/Pool
<b>MKPRC</b>	Marie Kerr Park Recreation Center
<b>MP</b>	McAdam Park/Pool
<b>POP</b>	Palmdale Oasis Park/Pool
<b>POPC</b>	Palmdale Oasis Park Center
<b>PPH</b>	Palmdale Playhouse
<b>PRO</b>	Parks and Recreation Office
<b>PTC</b>	Palmdale Transportation Center
<b>PVP</b>	Pelona Vista Park

**Parks  
Make  
Life  
Better!**<sup>SM</sup>

"This is a wonderful place and the people are exceptional to be around. Legacy Commons is an active place for a person thought to become inactive at a certain age."

— Anonymous

"My daughter really looked forward to every game this season. We thoroughly enjoyed the team work, encouragement and dedication of the coach and parents!"

— Lashaunda Mosley

# registration information

Summer registration begins online and in person,  
April 15 at 10 am unless otherwise noted.

## Online Registration

Visit [www.cityofpalmdale.org/playpalmdale](http://www.cityofpalmdale.org/playpalmdale) and click on the registration link. Activities available for online registration are identified by a 'mouse' icon.

- **New customers** and those who have not registered within the past five years must visit the recreation and culture office to open an account. Proof of address (Calif. I.D. or utility bill) is required to verify Palmdale residency. An e-mail address must be provided to register online.
- **Returning customers who have not provided an e-mail address** must call recreation and culture to obtain a Family ID and Account PIN.
- **Returning customers who have provided an e-mail address** may obtain a Family ID and Account PIN by visiting [www.cityofpalmdale.org/playpalmdale](http://www.cityofpalmdale.org/playpalmdale). Answers to frequently asked questions are available on the Web site.

## Registration information

Some classes require on site registration. In most cases, students must be enrolled with payment prior to participation. Register online or at the recreation and culture office. You may register during operating hours in person, by fax or phone. Programs are filled on a first-come, first-served basis. Information is subject to change.

## Resident/non-resident information

Resident and non-resident fees are in place to benefit Palmdale residents. Those living outside Palmdale city limits pay an extra fee for some registrations.

## Sibling discount

A discount rate is offered for select programs to register two or more children in your immediate family into the **same program**. Discount is not available online.

## Proof of age requirement

Tiny Tots and Youth Sports programs require child's proof of age (birth certificate required for Tiny Tots) at time of registration.

## Payment options

Payment may be made by cash, check, Visa or MasterCard. Adult sports programs require payment by company check, cashier's check, money order or cash (personal checks accepted from team managers only). **Please make checks payable to City of Palmdale.** The City charges a \$25 fee for returned checks.

## Withdrawal/refund policy

Full refunds/credits are available for courses cancelled by the City or instructor. Patron-requested cancellations must be received three days before the second meeting for full refund/credit. No refund/credit will be issued after this time. For cash or check transaction refunds, please allow four to six weeks to process. **Aquatics program** cancellations must be made seven days prior to the first meeting. Late requests will be processed as an account credit for 50% of the fee. Withdrawals/refunds are not available once the program begins.

Cancellation of programs due to weather or facility maintenance will be processed as an account credit on a per participant/class basis.

## Contract Instructor Material Fees

In addition to the registration fee some contract instructors may charge a material fee for supplies or costumes. Material fees are paid directly to the contract instructor and are the responsibility of the instructor. Any issues with supplies received or refund requests must be handled directly with the contract instructor.

## Waiver

A signed Release, Waiver, and Assumption of Risk is required for all program participants.

## Notice

- Registration or participation in City of Palmdale programs and events constitutes authorization to use program/participant photographs for City marketing purposes.
- The City of Palmdale reserves the right to prohibit any individual from participating.

## Aqua Pass

Those using select aquatic programs must present a pre-paid reloadable Aqua Pass. Passes can be obtained at the recreation and culture office.



Summer 2013



The  
Palmdale  
Playhouse

# Celebrates 19 years of Community Theatre!

The Palmdale Playhouse serves as a learning center for people of all ages and abilities to explore the many aspects of theatre arts and provides a place for the enjoyment of community based theatre.

## PURCHASE TICKETS FOR PLAYHOUSE SHOWS AND PERFORMANCES

Palmdale Recreation and Culture office,  
38260 10th Street East or call 661/267-5611.

Playhouse web site [www.cityofpalmdale.org/playhouse](http://www.cityofpalmdale.org/playhouse).

Palmdale Playhouse Box Office beginning two hours before each show or  
performance at 38334 10th Street East or call 661/267-5684

For a list of all Playhouse  
Visual and Performing Arts  
classes see pages 36 & 37

## ART GALLERY EXHIBIT

See the best of local artists at our intimate gallery.

**Stellar Reiki**—Art by David West

Thursday, April 25 through Sunday, June 9

Reception: Thursday, April 25, 6:30-8:30 pm

"Stellar Reiki" comes from the words Stellar, as it has a celestial feel, and Reiki, which is a Japanese technique for stress reduction and relaxation. This exhibit will feature different shapes and sizes of mural art which has been considered by many to be somewhat soothing and something to ponder upon, hopefully taking you to a tranquil place.

*Palmdale Theatre Arts Level 2 presents*

## Night Chills

Tales of Terror by Edgar Allan Poe

Adapted by Billy St. John

Saturday, May 11, 7:30 pm

"Night Chills" by Billy St. John is an Edgar Allen Poe anthology. Narrated by Poe himself, the audience is invited into four of his finest stories: "The Tell-Tale Heart" shows us how greed can drive a person insane, even to commit murder; "The Fall of the House of Usher" looks at the sad lives of two people overcome with disease and madness; "The Cask of Amontillado" is a story of pride, vanity and revenge. Our evening rounds out with "The Murders in the Rue Morgue" which is considered to be the very first modern detective story ever, and was the basis for the great literary detective Sherlock Holmes. The show is presented in two acts by the students of the Level 2 Palmdale Theatre Arts class.

Tickets: \$5

*"Produced by special arrangement with Eldridge Publishing Company"*



West Coast Classical presents

## World Music

Friday and Saturday, June 7 & 8, 2013, 7:30 pm

The Palmdale Concert and Symphonic Orchestras invite you to a special concert with music from around the world featuring the sparkling medley "Italian Folk Festival;" "American Folk Rhapsody," a classic Americana style work from Clare Grundman and "The Children of Sanchez," a piece that transforms Chuck Mangione's authentic Latin creation into a symphonic work that is almost too hot to handle.

Tickets: \$12/adults, \$10/seniors, students, military, 12 & under

Palmdale Ballet, Jazz and Tap Dance Ensembles present

## Dare To Dance

Saturday, June 22, 7:30 pm

Students in the Palmdale Playhouse Dance Program will present an exciting and dynamic dance presentation featuring classical ballet, modern jazz and rhythm tap. An evening of dance the entire family will enjoy.

Tickets: \$12/adults, \$10/seniors, students, military, 12 & under

West Coast Classical presents

## Spirit of America

Wednesday, July 3, 7:30 pm

Patriotic music rouses feelings of national pride and enthusiasm amongst citizens. West Coast Classical invites you to a special concert in celebration of the stars and stripes!

Tickets: \$10/adults, \$8/seniors, students, military, 12 & under

Palmdale Playhouse Theatre Experience presents

## The Canterbury Tales or...Geoffrey Chaucer's Flying Circus

By Burton Bumgarner

Friday, July 12, 7:30 pm

Many believe that Chaucer's literary masterpiece revolutionized English literature. Students from Senior Theatre Experience will revolutionize the study of this challenging literature by tossing in a good helping of Monty Python-styled humor and present a hysterical, screwball yet educational comedy.

Tickets: \$10/adults, \$8/seniors, students, military, 12 & under

"Produced by special arrangement with Pioneer Drama Service, Inc., Englewood, Colorado"

Palmdale Playhouse Junior Theatre Camp presents

## Law & Order: Nursery Rhyme Unit

By Jim and Jane Jeffries

Saturday, August 10, 2013, 2 pm & 7:30 pm

The Inspector and the Punnish Sir have been called in to investigate a crime scene where a Mister Humpty Dumpty has been found shattered and fowl play is suspected. Students from Junior Theatre Camp have one hour to solve the crime—the same time frame as a typical "Law and Order" episode, minus commercials. Can they do it? The yolk's on you with so many puns and plot twists that you'll be surprised by the ending!

Tickets: \$10/adults, \$8/seniors, students, military, 12 & under

"Produced by special arrangement with Pioneer Drama Service, Inc., Englewood, Colorado"

# OPEN AUDITIONS

The City of Palmdale presents

## The 1940's Radio Hour

a musical comedy By Walton Jones

Fri., September 20, 2013 • 6 pm

Sat., September 21, 2013 • 10 am

### At the Palmdale Playhouse

38334 10th St. E. Palmdale, CA 93550

- Bring a current bio and photo.
- Rehearsal schedule: September through December 2013, Times/Dates TBD
- Performance Dates: December 13-15, 2013 @ the Palmdale Playhouse
- Audition materials provided for both singing & non-singing roles
- Males & females ages 18-70 may audition

For more information or to view an audition flyer visit us online at

[www.cityofpalmdale.org/  
playhouse](http://www.cityofpalmdale.org/playhouse)

or call 661/267-5611



Follow the Palmdale Playhouse on Twitter – @PalmdaleCity and Facebook – City of Palmdale-Government

# adult sports

## Basketball Adult

Teams play one classification game prior to start of league and a 10-game schedule at local gyms. Teams pay \$25 per game for official. Register early, limited registration per division. Register 4/22-6/6.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14837	16+	Jun 24-Sep 23	M	6-10 pm	LS	\$440
14838	16+	Jun 26-Sep 25	W	6-10 pm	LS	\$440

## Basketball Adult 35+

Teams play one classification game prior to start of league and a 10-game schedule at local gyms. Teams pay \$25 per game for official. Register early, limited registration per division. Register 4/22-6/6.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14839	35+	Jun 23-Sep 15	Su	1-4 pm	MKPRC/POPC	\$440

## Adult Coed Hardball Slow Pitch

Teams play one classification game prior to start of league and a 10-game schedule. Teams pay \$11 per game for umpire. Register 5/20-7/18.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14850	16+	M	Aug 5-Oct 21	6:30-10:15 pm	BWSC	\$400
14851	16+	Tu	Aug 6-Oct 22	6:30-10:15 pm	BWSC	\$400
14852	16+	W	Aug 7-Oct 23	6:30-10:15 pm	BWSC	\$400
14853	16+	Th	Aug 8-Oct 24	6:30-10:15 pm	BWSC	\$400
14854	16+	Su	Aug 11-Oct 27	6:30-10:15 pm	BWSC	\$400

## Adult Coed Slow Pitch

Teams play one classification game prior to start of league and a 10-game schedule. Teams pay \$11 per game for umpire. Register 5/20-7/18.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14845	16+	Aug 5-Oct 21	M	6:30-10:15 pm	BWSC	\$400
14846	16+	Aug 6-Oct 22	Tu	6:30-10:15 pm	BWSC	\$400
14847	16+	Aug 7-Oct 23	W	6:30-10:15 pm	BWSC	\$400
14848	16+	Aug 8-Oct 24	Th	6:30-10:15 pm	BWSC	\$400
14849	16+	Aug 11-Oct 27	Su	6:30-10:15 pm	BWSC	\$400

## Men's Slow Pitch

Teams play one classification game prior to start of league and a 10-game schedule. Teams pay \$11 per game for umpire. Register 5/20-7/18.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14840	16+	Aug 6-Oct 22	Tu	6:30-10:15 pm	BWSC	\$400
14841	16+	Aug 7-Oct 23	W	6:30-10:15 pm	BWSC	\$400
14842	16+	Aug 8-Oct 24	Th	6:30-10:15 pm	BWSC	\$400
14843	16+	Aug 9-Oct 25	F	6:30-10:15 pm	BWSC	\$400
14844	16+	Aug 11-Oct 27	Su	5:15-9 pm	BWSC	\$400

Adult Sports are sponsored by

HIGH DESERT MEDICAL GROUP  
**HDMG** Life...



Looks better here



Not here.

Please don't litter.

**RECYCLE. IT'S GOOD FOR THE BOTTLE.  
IT'S GOOD FOR THE CAN.<sup>SM</sup>**

1-800-RECYCLE [www.bottlesandcans.com](http://www.bottlesandcans.com)





# adult sports

## 🔥 Adult Tournament Tennis

All students must bring one unopened can of tennis balls or \$5 materials fee. This class is for students interested in competitions. Student should be able to serve, hit forehand, backhand, sustain a short rally, play and score a game of tennis. Should know basic rules of tennis. Focus will be on point construction, foot work, and strategy.

Instructor: Leonard Johnson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14900	18+	Apr 27-Jun 15	Sa	4:30-6 pm	MKP	\$120
14901	18+	Jun 29-Aug 17	Sa	4:30-6 pm	MKP	\$120

## 🔥 Adult Coed Volleyball

Teams play one classification game prior to start of league and a 10-game schedule. Teams pay \$8 per game for official. Register 6/24-9/5.

COURSE	AGE	LEVEL	DATE	DAY	TIME	LOC	FEE
14855	16+	Rec	Sep 17-Dec 5	Tu, Th	6:15-10 pm	POPC/MKPRC	\$265

Adult Sports are sponsored by



# youth sports

## 🔥 T-Ball All-Stars

Students learn to bat, catch, field and run bases. Fundamental skills and good sportsmanship are emphasized. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15544	4-5	May 8-Jun 26	W	4-4:45 pm	POPC	\$27R/\$32NR
15545	6-7	May 8-Jun 26	W	5-5:45 pm	POPC	\$27R/\$32NR
15546	4-5	Jul 10-Aug 28	W	4-4:45 pm	POPC	\$27R/\$32NR
15547	6-7	Jul 10-Aug 28	W	5-5:45 pm	POPC	\$27R/\$32NR

## 🔥 Volleyball FUNDamentals

Bump, set and spike! Learn the fundamentals in this fun and exciting class including digging, hitting, serving and passing. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15543	8-13	Jul 11-Aug 29	Th	4-4:45 pm	POPC	\$27R/\$32NR
15542	8-13	Jul 11-Aug 29	Th	5-5:45 pm	POPC	\$27R/\$32NR

## 🔥 Youth Volleyball

Fee includes jersey, trophy and picture package. Teams play an eight-game schedule. Coach determines practice day and time. Games are held Saturdays between 9 am-5 pm. Proof of age required at registration. Register 5/20-8/29.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14867	7-9	Oct 5-Dec 7	Sa	9 am-5 pm	MKPRC/POPC	\$57R/\$68NR
14868	10-12	Oct 5-Dec 7	Sa	9 am-5 pm	MKPRC/POPC	\$57R/\$68NR
14869	13-16	Oct 5-Dec 7	Sa	9 am-5 pm	MKPRC/POPC	\$57R/\$68NR

## Track, Fit & Fun

This class is designed to teach youth fitness for life by focusing on speed, strength, coordination and balance that can be applied to any sport of their choice in the future including track and field. Instructor: Amos Wellington

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15595	4-8	May 7-28	Tu	5:30-6:15 pm	MKP	\$28
15596	9-13	May 7-28	Tu	6:30-7:15 pm	MKP	\$28
15597	4-8	Jun 4-25	Tu	5:30-6:15 pm	MKP	\$28
15598	9-13	Jun 4-25	Tu	6:30-7:15 pm	MKP	\$28
15599	4-8	Jul 9-30	Tu	5:30-6:15 pm	MKP	\$28
15600	9-13	Jul 9-30	Tu	6:30-7:15 pm	MKP	\$28
15601	4-8	Aug 6-27	Tu	5:30-6:15 pm	MKP	\$28
15602	9-13	Aug 6-27	Tu	6:30-7:15 pm	MKP	\$28

## Kidz Love Soccer

Kids aged 3½ to 6 learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method. Sessions include age-appropriate activities, skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Visit [www.kidzlovesoccer.com](http://www.kidzlovesoccer.com) for more information. KLS Rain-out Hotline: 1-888-372-5803. Instructor: Kidz Love Soccer

COURSE	LEVEL	AGE	DATE	DAY	TIME	LOC	FEE
14919	Soccer 1	5-6	Jun 10-Jul 8	M	4-4:45 pm	DSP	\$55
14918	Pre	4-5	Jun 10-Jul 8	M	4:45-5:20 pm	DSP	\$55
14917	Tot	3-4	Jun 10-Jul 8	M	5:20-5:50 pm	DSP	\$55
15266	Soccer 1	5-6	Jul 29-Aug 26	M	4-4:45 pm	DSP	\$55
15267	Pre	4-5	Jul 29-Aug 26	M	4:45-5:20 pm	DSP	\$55
15268	Tot	3-4	Jul 29-Aug 26	M	5:20-5:50 pm	DSP	\$55

## Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the world's most popular game. As you and your child participate in our fun, age appropriate activities, your child will develop motor and socialization skills. A variety of activities designed around soccer will be played each week. KLS Rain-out Hotline: 1-888-372-5803. Visit [www.kidzlovesoccer.com](http://www.kidzlovesoccer.com) for more information. Instructor: Kidz Love Soccer

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14916	2-3	Jun 10-Jul 8	M	6-6:30 pm	DSP	\$55
15269	2-3	Jul 29-Aug 26	M	6-6:30 pm	DSP	\$55

## Pee Wee Soccer

A fun, non-competitive introduction to this popular sport. Students learn to kick, dribble and pass. Fundamental skills and good sportsmanship are emphasized. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15528	4-5	May 7-Jun 25	Tu	4-4:45 pm	POPC	\$27R/\$32NR
15529	6-7	May 7-Jun 25	Tu	5-5:45 pm	POPC	\$27R/\$32NR
15657	4-5	Jul 9-Aug 27	Tu	4-4:45 pm	POPC	\$27R/\$32NR
15658	6-7	Jul 9-Aug 27	Tu	5-5:45 pm	POPC	\$27R/\$32NR

## Young Champions Youth Soccer

Students learn essential skills and strategy to play winning soccer! Master your skills to become a top player! Beginner, intermediate and advanced instruction provided. Learn dribbling, passing, trapping, shooting, defending and scoring. **Preregistration for this course must take place at the recreation & culture office or online.** Instructor: Young Champions

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14924	4-6	Apr 20-Jun 15	Sa	9:30-10:10 am	DSP	\$56
14925	7-9	Apr 20-Jun 15	Sa	10:20-11 am	DSP	\$56
14926	10-15	Apr 20-Jun 15	Sa	11:10-11:50 am	DSP	\$56
15621	4-6	Jun 22-Aug 24	Sa	9:30-10:10 am	DSP	\$68
15622	7-9	Jun 22-Aug 24	Sa	10:20-11 am	DSP	\$68
15623	10-15	Jun 22-Aug 24	Sa	11:10-11:50 am	DSP	\$68

## Basketball Hoopsters

This skills clinic is designed to teach youngsters fundamentals of basketball and good sportsmanship. Students learn to dribble, pass, shoot and more! Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15526	4-5	May 6-Jun 24	M	4-4:45 pm	POPC	\$24R/\$29NR
15527	6-7	May 6-Jun 24	M	5-5:45 pm	POPC	\$24R/\$29NR

## Youth Basketball

Coed youth basketball league includes jersey, picture package and trophy. Practices are held during the week between 4-9 pm; coach determines practice day and time. Games are held Saturdays 9 am-5 pm. Proof of age required at registration. Register early, limited registration per division. Register 4/22-6/6.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14861	7-8	Jul 20-Sep 14	Sa	9 am-5 pm	POPC/HAC	\$57R/\$68NR
14857	9-10	Jul 20-Sep 14	Sa	9 am-5 pm	POPC/HAC	\$57R/\$68NR
14858	11-12	Jul 20-Sep 14	Sa	9 am-5 pm	POPC/HAC	\$57R/\$68NR
14859	13-14	Jul 20-Sep 14	Sa	9 am-5 pm	POPC/HAC	\$57R/\$68NR
14856	7-8	Jul 27-Sep 21	Sa	9 am-5 pm	MKPRC/HAC	\$57R/\$68NR
14862	9-10	Jul 20-Sep 14	Sa	9 am-5 pm	MKPRC/HAC	\$57R/\$68NR
14863	11-12	Jul 20-Sep 14	Sa	9 am-5 pm	MKPRC/HAC	\$57R/\$68NR
14864	13-14	Jul 20-Sep 14	Sa	9 am-5 pm	MKPRC/HAC	\$57R/\$68NR

## Youth Baseball

Fee includes jersey, cap, picture package and trophy. Teams play an eight-game schedule and will have three weeks' practice prior to the first game. Practices are held during the week between 5-9 pm; coach determines practice day and time. Games are held Thursdays 5:30-8:30 pm. Proof of age required at registration. Register 4/22-6/6.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14865	9-11	Jul 18-Sep 5	Th	5-9 pm	BWSC	\$57R/\$68NR
14866	12-14	Jul 18-Sep 5	Th	5-9 pm	BWSC	\$57R/\$68NR

# youth sports

## Little Tennis 1

Parents are required to assist in class. Students will learn beginning control of the racket and ball, hand/eye coordination, movement and reflexes. Beginning racket skills, fun games and play day. Loaner tennis rackets provided. \$3 materials fee paid to instructor. Instructor: Leonard Johnson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14903	5-6	May 7-28	Tu	2:30-3:15 pm	MKP	\$66
14904	5-6	Jun 4-25	Tu	2:30-3:15 pm	MKP	\$66
15200	5-6	Jul 9-30	Tu	2:30-3:15 pm	MKP	\$66
15201	5-6	Aug 6-27	Tu	2:30-3:15 pm	MKP	\$66

## Little Tennis 2

Parents are required to assist in class. Students will learn racket control, forehand and backhand rally progression, beginning serve, return and volley. Fun games and play day. Loaner tennis rackets provided. \$3.00 materials fee per student paid to instructor. Instructor: Leonard Johnson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14906	7-8	May 9-30	Th	2:30-3:15 pm	MKP	\$66
14907	7-8	Jun 6-27	Th	2:30-3:15 pm	MKP	\$66
15202	7-8	Jul 11-Aug 1	Th	2:30-3:15 pm	MKP	\$66
15203	7-8	Aug 8-29	Th	2:30-3:15 pm	MKP	\$66

## Tennis Beginner

All students must bring one unopened can of tennis balls or \$5 materials fee. This is a beginner class. Students will have no or limited tennis background. Students will learn basic strokes, rules of tennis, scoring and beginning tennis games, and will be tested at the end of the eight week session if they wish to advance to the next level. Loaner tennis rackets provided.

Instructor: Leonard Johnson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14908	7-10	Apr 27-Jun 15	Sa	11:30 am-12:30 pm	MKP	\$100
14909	11-15	Apr 27-Jun 15	Sa	12:30-1:30 pm	MKP	\$100
14910	18+	Apr 27-Jun 15	Sa	1:30 am-2:30 pm	MKP	\$100
14911	7-10	Jun 29-Aug 17	Sa	11:30 am-12:30 pm	MKP	\$100
14912	11-15	Jun 29-Aug 17	Sa	12:30-1:30 pm	MKP	\$100
14913	18+	Jun 29-Aug 17	Sa	1:30-2:30 pm	MKP	\$100

## Jr. Team Tennis

All students must bring one unopened can of tennis balls or \$5 materials fee. This class is for intermediate to advanced players that are at a higher level of play and are currently playing tournaments, high school team tennis, tennis leagues, USTA Junior Team Tennis or aspire to do so. Player must be able to serve, hit forehand and backhand, volley, have an understanding of the court layout, play and score a game of tennis. Focus will be on improving technique, footwork, ball control, stroke production and point construction. Instructor: Leonard Johnson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14914	12-17	Apr 27-Jun 15	Sa	2:30-3:30 pm	MKP	\$100
14915	12-17	Jun 29-Aug 17	Sa	2:30-3:30 pm	MKP	\$100



## Young Champions Self-Defense & Safety Awareness

This program will combine with self-defense instruction in a fun, structured environment. Students learn and practice verbal and physical skills for self-defense against bullies and strangers. Course content includes breakaways, close contact techniques, communication skills and confident posture. Weekly safety awareness information addresses the lures strangers use to attract and abduct children and teens. Students progress in rank and earn their belts. **Preregistration for this course must take place at the recreation & culture office or online.**

Instructor: Young Champions

COURSE	LEVEL	AGE	DATE	DAY	TIME	LOC	FEE
14933	New Students	4-7	Apr 15-Jun 17	M	4:30-5:10 pm	POPC	\$62
14934	New Students	8-15	Apr 15-Jun 17	M	5:15-5:55 pm	POPC	\$62
14935	Yellow	5-15	Apr 15-Jun 17	M	6-6:40 pm	POPC	\$62
14936	Orange & Above	5-15	Apr 15-Jun 17	M	6:45-7:25 pm	POPC	\$62
14937	New Students	4-15	Apr 16-Jun 18	Tu	5:30-6:10 pm	MKPRC	\$62
14938	Yellow & Orange	5-15	Apr 16-Jun 18	Tu	6:15-6:55 pm	MKPRC	\$68
14939	Purple & Above	4-15	Apr 16-Jun 18	Tu	7-7:40 pm	MKPRC	\$68
14940	Adults	18+	Apr 16-Jun 18	Tu	7:45-8:25 pm	MKPRC	\$68
14927	New Students	4-7	Apr 20-Jun 15	Sa	9-9:40 am	MKPRC	\$56
14928	New Students	8-15	Apr 20-Jun 15	Sa	9:45-10:25 am	MKPRC	\$56
14929	Yellow	10-15	Apr 20-Jun 15	Sa	10:30-11:10 am	MKPRC	\$56
14931	Orange & Purple	5-15	Apr 20-Jun 15	Sa	11:15-11:55 am	MKPRC	\$56
14932	Green & Above	5-15	Apr 20-Jun 15	Sa	12-12:40 pm	MKPRC	\$56
14930	Adults	18+	Apr 20-Jun 15	Sa	12:45-1:25 pm	MKPRC	\$56
15634	New Students	4-7	Jun 22-Aug 24	Sa	9-9:40 am	MKPRC	\$68
15635	New Students	8-15	Jun 22-Aug 24	Sa	9:45-10:25 am	MKPRC	\$68
15636	Yellow	5-15	Jun 22-Aug 24	Sa	10:30-11:10 am	MKPRC	\$68
15638	Orange & Purple	5-15	Jun 22-Aug 24	Sa	11:15-11:55 am	MKPRC	\$68
15640	Green & Above	4-15	Jun 22-Aug 24	Sa	12-12:40 pm	MKPRC	\$68
15637	Adults	18+	Jun 22-Aug 24	Sa	12:45-1:25 pm	MKPRC	\$68
15641	New Students	4-7	Jun 24-Aug 26	M	4:30-5:10 pm	POPC	\$68
15642	New Students	8-15	Jun 24-Aug 26	M	5:15-5:55 pm	POPC	\$68
15643	Yellow	4-15	Jun 24-Aug 26	M	6-6:40 pm	POPC	\$68
14936	Orange & Above	5-15	Jun 24-Aug 26	M	6:45-7:25 pm	POPC	\$68
15644	New Students	4-15	Jun 25-Aug 27	Tu	5:30-6:10 pm	MKPRC	\$68
15639	Purple & Above	5-15	Jun 25-Aug 27	Tu	6:15-6:55 pm	MKPRC	\$68
15645	Purple & Above	4-15	Jun 25-Aug 27	Tu	7-7:40 pm	MKPRC	\$68
15646	Adults	4-15	Jun 25-Aug 27	Tu	7:45-8:25 pm	MKPRC	\$68

## Guerra Fencing Studio

Students will learn the sport of fencing, its history and rules. Develop concentration, flexibility, balance, speed and self-esteem while learning one of the most complete sports of all time. \$60 deposit for jacket payable to instructor. Deposit will be refunded upon jacket return at end of session. Instructor: Jose Guerra

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14949	6-12	May 8-29	W	6:30-7:30 pm	MKPRC	\$70
14950	13+	May 8-29	W	7:30-8:30 pm	MKPRC	\$70
14951	6-12	Jun 5-26	W	6:30-7:30 pm	MKPRC	\$70
14952	13+	Jun 5-26	W	7:30-8:30 pm	MKPRC	\$70
14953	6-12	Jul 10-31	W	6:30-7:30 pm	MKPRC	\$70
14954	13+	Jul 10-31	W	7:30-8:30 pm	MKPRC	\$70
14955	6-12	Aug 7-28	W	6:30-7:30 pm	MKPRC	\$70
14956	13+	Aug 7-28	W	7:30-8:30 pm	MKPRC	\$70



38434 9th Street East  
Suite H  
Palmdale, CA 93550  
**661-947-9686**  
www.koidyndynasty.com

The largest koi fish supplier in the Antelope and San Fernando Valleys!

**Pond/Aquarium Equipment**

**Filters  
Pumps  
Aeration  
Skimmers  
Lighting  
UV Sterilizers**



**We build ponds!**





Wide selection of koi fish food available

**Water/Fish Treatment**

**Beneficial Bacteria  
Algaecides  
Dechlorinator  
Clarifiers**

*Large variety of standard fin and butterfly koi. Sizes range from 4" - 30"*










# ENROLL NOW FREE TUITION!

*Open Enrollment • Grades K-12  
Seats Are Limited • A Best High School Choice*



## The Guidance Charter School

# 661-272-1701

[www.thegcs.org](http://www.thegcs.org)



Accredited by



## POOL LOCATIONS

### McADAM POOL

38115 30TH STREET EAST • 661/267-5654

TIME	DAY	SESSION
12-1:30 pm	Tu, Th	Recreational Swim
2-3 pm	Tu-F	Lessons
3:15-4 pm	Tu-F	Adaptive
6-7 pm	Tu-Th	Adult Swim Lessons

### PALMDALE OASIS POOL

3850-C EAST AVENUE S • 661/267-6157

TIME	DAY	SESSION
9-11:35 am	Tu-F	Lessons
12-2 pm	M-F	Lap Swim
2:30-4 pm	Tu-F	Novice Water Polo
4:30-6:05 pm	Tu-F	Lessons
6:30-7:30 pm	Tu-F	Novice Swim Team
6:30-8:30 pm	M, W, Th	Resistance Exercise (Drytown)
7:45-9 pm	Tu, Th	Lap Swim
7:45-9 pm	Tu	Drop-in Scuba

### MARIE KERR POOL

2723 RANCHO VISTA BLVD. • 661/267-6145

TIME	DAY	SESSION
8-10:35 am	Tu-F	Lessons
11 am-12 pm	M-F	Senior Swim
12-2 pm	M, W, F	Lap Swim
1-2:30 pm	Tu, Th	Recreational Swim
4:30-6:05 pm	Tu-F	Lessons
6:30-7:30 pm	Tu-F	Novice Swim Team
7:45-9 pm	Tu, Th	Lap Swim

## Aquatic Programs Scholarships Available

In conjunction with the LA84 Foundation, the Recreation and Culture Department has a limited number of Aquatics Scholarships available for children ages 17 and under who wish to participate in classes and programs offered by the City of Palmdale Aquatics Division. The maximum amount of any scholarship awarded shall not exceed \$50. Additional costs (i.e., material fees, uniforms, etc.) over and above the initial registration fee are not included. To determine eligibility, please call 661/267-5611 for more information or visit [www.cityofpalmdale.org](http://www.cityofpalmdale.org)

## Swim Lesson Registration

Swim lesson registration is available online at [www.cityofpalmdale.org/playpalmdale](http://www.cityofpalmdale.org/playpalmdale) and at the recreation and culture office, 38260 10th Street East Monday-Thursday only. Registration for online customers begins at 10 am on the dates below. Space is limited; online and walk-in registration is handled on a first-come, first served basis. Open your online account now (see page 19). No class Thursday, July 4.

LESSON DATES	SESSION	REGISTRATION BEGINS
June 25-July 5	A	Monday, June 10
July 9-19	B	Saturday, July 6
July 23-August 2	C	Saturday, July 20
August 6-16	D	Saturday, August 3
August 20-August 30	E	Saturday, August 17

## Levels

### INFANT/PRESCHOOL (6 MOS.-5 YRS.)

Parents/guardians work one-on-one with their children to help them develop a high comfort level with water and a readiness to swim. Instructors are available to provide guidance and assistance.

**Session Fee (Session A):** \$36R/\$43NR

**Session Fee (Session B, C, D, or E):** \$41R/\$49NR

### LEVEL 1 – INTRODUCTORY TO WATER SKILLS

Excellent Introductory class for beginning swimmers. Participants become familiar with the aquatic environment and learn elementary skills to build on as they progress through the swim program.

**Session Fee (Session A):** \$36R/\$43NR

**Session Fee (Session B, C, D, or E):** \$41R/\$49NR

### LEVEL 2 – FUNDAMENTAL AQUATIC SKILLS

Must be able to: Enter pool unassisted, retrieve an object from below the surface with eyes open, flutter kick, maintain an assisted front and rear float, recover to a standing position and exit the pool unassisted. This class builds on fundamental aquatic locomotion, safety and rescue skills presented in Level 1. Emphasis placed on swimming skills.

**Session Fee (Session A):** \$36R/\$43NR

**Session Fee (Session B, C, D, or E):** \$41R/\$49NR

### LEVEL 3 – STROKE DEVELOPMENT

Must be able to: Jump from side of pool unassisted, submerge and retrieve an object from the bottom of the pool with eyes open, float unassisted on stomach and back, tread water and display forward locomotion with alternating arms and a rhythmic kick. This class builds on aquatics locomotion, safety, and rescue skills taught in Levels 1 & 2. This class also prepares students for more advanced levels of swimming.

**Session Fee (Session A):** \$36R/\$43NR

**Session Fee (Session B, C, D, or E):** \$41R/\$49NR

### LEVEL 4 – STROKE IMPROVEMENT

Must be able to: Dive into pool from a compact or stride position, swim underwater, survival float, perform open turn on both front and back, and show competency in front crawl, breaststroke, butterfly and backstroke. Class develops confidence and competency in aquatic locomotion, safety and rescue skills, and prepares student swimmers for stroke analysis and a feet-first surface dive.

**Session Fee (Session A):** \$36R/\$43NR

**Session Fee (Session B, C, D, or E):** \$41R/\$49NR

### LEVEL 5/LEVEL 6 COMBO – SWIMMING AND SKILL PROFICIENCY

Must be able to: Demonstrate competency in Level 5 skills. Class coordinates and refines key strokes presented in previous levels and enables students to use them with greater ease, efficiency, power and smoothness over greater distances. Pike dive, tuck surface dive, additional turns and endurance swimming are introduced.

**Session Fee (Session A):** \$36R/\$43NR

**Session Fee (Session B, C, D, or E):** \$41R/\$49NR



# aquatics

TIME	LOCATION	DAYS	SESSION				
			A	B	C	D	E

## Infant/Parent

9:50-10:20 am	POP	Tu-F	15111	15112	15113			
8:50-9:20 am	MKP	Tu-F	15116	15117	15104			
2-2:30 pm	MP	Tu-F	15122	15123	15124			
4:30-5 pm	MKP	Tu-F	15105	15107	15108	15109	15110	
4:30-5 pm	POP	Tu-F	15118	15119	15120	15121	15115	

## Swimming - Level 1

9-9:35 am	POP	Tu-F	15170	15165	15194			
9-9:35 am	POP	Tu-F	15146	15138	15166			
8-8:35 am	MKP	Tu-F	15199	15198	15193			
8-8:35 am	MKP	Tu-F	15154	15192	15187			
9:50-10:25 am	POP	Tu-F	15130	15139	15143			
9:50-10:25 am	POP	Tu-F	15153	15142	15131			
8:50-9:25 am	MKP	Tu-F	15182	15140	15135			
10:40-11:15 am	POP	Tu-F	15147	15136	15169			
9:40-10:15 am	MKP	Tu-F	15148	15161	15188			
9:40-10:15 am	MKP	Tu-F	15134	15160	15162			
2-2:35 pm	MP	Tu-F	15175	15181	15178			
4:30-5:05 pm	MKP	Tu-F	15156	15157	15196	15127	15197	
4:30-5:05 pm	MKP	Tu-F	15163	15141	15189	15190		
4:30-5:05 pm	POP	Tu-F	15177	15159	15174	15158	15172	
4:30-5:05 pm	POP	Tu-F	15168	15144	15176	15149		
5:20-5:55 pm	POP	Tu-F	15183	15128	15129	15155	15173	
5:20-5:55 pm	MKP	Tu-F	15145	15184	15185	15186	15133	
5:20-5:55 pm	POP	Tu-F	15164	15180	15150	15151		

## Swimming - Level 2

9-9:35 am	POP	Tu-F	15128	15229	15241			
8-8:35 am	MKP	Tu-F	15243	15225	15226			
9:50-10:25 am	POP	Tu-F	15228	15230	15252			
8:50-9:25 am	MKP	Tu-F	15224	15205	15206			
8:50-9:25 am	MKP	Tu-F	15219	15246	15247			
10:40-11:15 am	POP	Tu-F	15207	15222	15208			
10:40-11:15 am	POP	Tu-F	15223	15254	15249			
9:40-10:15 am	MKP	Tu-F	15262	15255	15261			
2-2:35 pm	MP	Tu-F	15215	15242	15265			
4:30-5:05 pm	MKP	Tu-F	15263	15245	15237	15214	15227	
4:30-5:05 pm	MKP	Tu-F	15212	15258	15264	15234		
4:30-5:05 pm	POP	Tu-F	15240	15251	15231	15232	1550	
5:20-5:55 pm	MKP	Tu-F	15220	15260	15256	15236	15217	
5:20-5:55 pm	MKP	Tu-F	15253	15213	15235	15257		
5:20-5:55 pm	POP	Tu-F	15221	15259	15216	15211	15248	

## Swimming - Level 3

9-9:35 am	POP	Tu-F	15335	15336	15337			
8-8:35 am	MKP	Tu-F	15339	15340	15341			
9:50-10:25 am	POP	Tu-F	15342	15343	15344			
8:50-9:25 am	MKP	Tu-F	15346	15347	15348			
10:40-11:15 am	POP	Tu-F	15349	15350	15351			
9:40-10:15 am	MKP	Tu-F	15361	15362	15363			
2-2:35 pm	MP	Tu-F	15353	15354	15355			
4:30-5:05 pm	MKP	Tu-F	15364	15365	15366	15367	15674	
4:30-5:05 pm	POP	Tu-F	15368	15369	15371	15372	15360	
5:20-5:55 pm	POP	Tu-F	15370	15373	15374	15375	15380	
5:20-5:55 pm	POP	Tu-F						
5:20-5:55 pm	MKP	Tu-F	15376	15377	15378	15379	15359	

TIME	LOCATION	DAYS	SESSION				
			A	B	C	D	E

## Swimming - Level 4

9-9:45 am	POP	Tu-F	15382	15383	15384			
8-8:45 am	MKP	Tu-F	15386	15387	15388			
9:50-10:35 am	POP	Tu-F	15390	15391	15392			
8:50-9:35 am	MKP	Tu-F	15394	15395	15396			
10:40-11:25 am	POP	Tu-F	15397	15398	15399			
2-2:45 pm	MP	Tu-F	15427	15404	15405			
9:40-10:25 am	MKP	Tu-F	15401	15402	15403			
4:30-5:15 pm	MKP	Tu-F	15410	15411	15412	15413	15407	
4:30-5:15 pm	POP	Tu-F	15414	15415	15417	15675	15389	
5:20-6:05 pm	MKP	Tu-F	15422	15423	15424	15425	15409	
5:20-6:05 pm	POP	Tu-F	15416	15419	15420	15421	15426	

## Swimming - Level 5/6

9-9:45 am	POP	Tu-F	15082	15094	15095			
8-8:45 am	MKP	Tu-F	15083	15097	15098			
9:40-10:25 am	MKP	Tu-F	15080	15089	15090			
2-2:45 pm	MP	Tu-F	15084	15103	15102			
5:20-6:05 pm	MKP	Tu-F	15079	15086	15087	15088	15099	
5:20-6:05 pm	POP	Tu-F	15081	15091	15092	15093	15085	

## Recreation Swim

Recreation swim is open to all ages. In-water supervision is required for children under 47 inches in height or under 7 years of age. No recreation swim on Thursday, July 4.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15577	All	Jun 25-Aug 8	Tu, Th	12-1:30 pm	MP	Free/\$1
15578	All	Jun 25-Aug 8	Tu, Th	1-2:30 pm	MKP	Free/\$1

## Recreational Swim Guidelines

- Children under 47" in height or under 7 years of age must be accompanied on a one-on-one ratio by an adult 18 years or older.
- A swim test is required for anyone not demonstrating an ability to swim safely in deep water.
- Infants/toddlers must wear swim diapers under suits.
- Only Coast Guard approved life jackets are permitted in pools.
- No cut off jeans or shorts below the knees.
- Masks, fins, snorkels and goggles are not permitted.
- No alcohol or tobacco products permitted within facilities.
- No outside food or beverage (except bottled water) is permitted.

Recreational swim guidelines listed above are taken from the aquatics division "Pool Rules and Regulations." To request a complete set of pool rules please email [aquatics@cityofpalmdale.org](mailto:aquatics@cityofpalmdale.org).

Recreational swim guidelines listed above are taken from the aquatics division "Pool Rules and Regulations." To request a complete set of pool rules please email [aquatics@cityofpalmdale.org](mailto:aquatics@cityofpalmdale.org).



# aquatics

## Adult Lap Swim

This low impact, full body workout will help you reach your fitness goals. **NOTE:** Youth ages 12-15 must be accompanied by an adult. You must obtain an Aqua Pass (see pg. 19) to participate. Times and location are subject to change.

AGE	DATE	DAY	TIME	LOC	FEE
12+	Apr 29-Jun 21	M-F	12-2 pm	MKP	\$3R/\$4NR
12+	Apr 29-Jun 21	M-F	12-2 pm	POP	\$3R/\$4NR
12+	Apr 29-Jun 21	M, W, F	7:30-9 pm	MKP	\$3R/\$4NR
12+	Apr 29-Jun 21	M, W, F	7:30-9 pm	POP	\$3R/\$4NR
12+	Jun 24-Aug 30	M, W, F	12-2 pm	MKP	\$3R/\$4NR
12+	Jun 24-Aug 30	M-F	12-2 pm	POP	\$3R/\$4NR
12+	Jun 25-Aug 29	Tu, Th	7:45-9 pm	MKP	\$3R/\$4NR
12+	Jun 25-Aug 29	Tu, Th	7:45-9 pm	POP	\$3R/\$4NR

## Adult Swim Lessons

It's never too late to learn to swim. Adults of all ages are welcome in this semi-private learn-to-swim program. Skills taught are front and back float, supine and prone glide, and stroke development.

COURSE	AGE	LEVEL	DATE	DAY	TIME	LOC	FEE
15428	18+	Session A	Jun 25-Jul 4	Tu-Th	6-7 pm	MP	\$34R/\$40NR
15429	18+	Session B	Jul 9-18	Tu-Th	6-7 pm	MP	\$40R/\$48NR
15430	18+	Session C	Jul 23-Aug 1	Tu-Th	6-7 pm	MP	\$40R/\$48NR
15431	18+	Session D	Aug 6-15	Tu-Th	6-7 pm	MP	\$40R/\$48NR

## Senior Citizen Swim

Seniors, grab your suit and towel and head to the pool for a refreshing, therapeutic swim.

AGE	DATE	DAY	TIME	LOC	FEE
55+	Apr 29-Aug 30	M-F	11 am-12 pm	MKP	\$1.50

## Water Resistance Exercise

Join us at DryTown Water Park and train with the resistance of a current. This course will provide a full body workout while reducing the impact on your body.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15581	15+	Jun 3-27	M, W, Th	6:30-7:30 pm	POP	\$40R/\$48NR
15580	15+	Jun 3-27	M, W, Th	7:30-8:30 pm	POP	\$40R/\$48NR
15583	15+	Jul 1-25	M, W, Th	6:30-7:30 pm	POP	\$37R/\$45NR
15582	15+	Jul 1-25	M, W, Th	7:30-8:30 pm	POP	\$37R/\$45NR
15585	15+	Jul 29-Aug 22	M, W, Th	6:30-7:30 pm	POP	\$40R/\$48NR
15584	15+	Jul 29-Aug 22	M, W, Th	7:30-8:30 pm	POP	\$40R/\$48NR
15587	15+	Aug 26-Sep 19	M, W, Th	6:30-7:30 pm	POP	\$37R/\$45NR
15586	15+	Aug 26-Sep 19	M, W, Th	7:30-8:30 pm	POP	\$37R/\$45NR



## Adaptive Aquatics

Those who are physically or mentally challenged, or require special attention, are encouraged to join. Instructors are trained in American Red Cross Water Safety. Prerequisite: Must be at least 5 years and able to function in a small group.

COURSE	AGE	LEVEL	DATE	DAY	TIME	LOC	FEE
15432	5+	Session A	Jun 25-Jul 5	Tu-F	3:15-4 pm	MP	\$35R/\$42NR
15433	5+	Session B	Jul 9-19	Tu-F	3:15-4 pm	MP	\$40R/\$48NR
15434	5+	Session C	Jul 23-Aug 2	Tu-F	3:15-4 pm	MP	\$40R/\$48NR
15435	5+	Session D	Aug 6-16	Tu-F	3:15-4 pm	MP	\$40R/\$48NR

## Novice Swim Team

Offered in association with LA84 Foundation. Swimmers 7 years old must be able to swim a minimum of one pool length; ages 8-17 must be able to swim a minimum of two pool lengths. Fee includes picture package, T-shirt, cap and swim meet awards. Additional costs include swimsuit and goggles. A mandatory parent meeting will be held on June 20 at Marie Kerr and Oasis pools at 6:30 pm. Estimated additional costs for swimsuit and goggles will be approximately \$25 for boys, \$40 for girls. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15561	7-17	Jun 25-Aug 11	Tu-F	6:30-7:30 pm	MKP	\$80R/\$96NR
15562	7-17	Jun 25-Aug 11	Tu-F	6:30-7:30 pm	POP	\$80R/\$96NR

## Novice Water Polo

Offered in association with LA84 Foundation. This is a beginner to intermediate program. High energy, fast-paced, physically demanding water polo will provide participants with the skills, stamina and teamwork to compete against other novice teams. REGISTRATION FOR THIS CLASS WILL BEGIN ON MONDAY, APRIL 15. A mandatory parent meeting on June 20, at 5pm at Oasis Pool. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15567	12-14	Jun 25-Aug 11	Tu-F	2:30-4 pm	POP	\$60R/\$72NR
15568	9-11	Jun 25-Aug 11	Tu-F	2:30-4 pm	POP	\$60R/\$72NR

## Drop-In Scuba

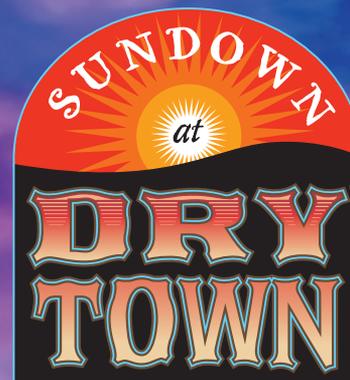
Certified divers can use the pool for training or just for fun. Note: You must obtain an Aqua Pass and present your C-card to participate. Children ages 10-16 must have adult present.

AGE	DATE	DAY	TIME	LOC	FEE
10+	Jun 27-Aug 29	Th	7:45-9 pm	POP	\$3R/\$4NR

## World's Largest Swim Lesson

On Tuesday, June 18 over 190 different aquatic facilities from 30+ states and six different countries will participate in an attempt to set the new Guinness World Record™ for the worlds largest swimming lesson. This attempt will aid in the Swimming Lessons Save Lives™ campaign. The City is looking for kids ages 1-17 to participate. **The lesson must start at exactly 8 am to ensure that the lesson is being conducted at the same time across the globe.** Please register them online or call recreation and culture for more information.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15588	1-17	Jun 18	Tu	7:45-8:45 am	MKP	FREE



**Splash into the night—  
We're  
open late\*  
on special summer evenings!**

Take a dip at dusk and experience the towering Rattler's Revenge, get wet on The Wildcatter, race with your friends down Dusty's Mineshaft Racer or float down Big Rock River while the sun sets.

**Fridays\*:**

**July 5, 12, 19 & 26 • August 2 & 9**

plus

**Saturday\*, July 20 – Ohana Fun**

Join us for a special Hawaiian evening, the first 100 guests will receive a free lei!

**Saturday\*, August 17 –  
Dusty's Round-up**

Join us for a special Western-themed evening, the first 100 guests will receive a free bandana!



**\*6:30-9:30 pm**

**Season Pass Holders FREE**

\$8 (48" & taller) • \$6 (42"-47") • Under 42" Free

[www.cityofpalmdale.org/drytown](http://www.cityofpalmdale.org/drytown)

 Like us for exclusive offers plus the Latest News, Updates & Events [www.facebook.com/DryTown](http://www.facebook.com/DryTown)





# fitness

## Total Body Challenge

Total Body Challenge is eight weeks of pushing, pulling, jumping, and stretching your way to a new you. Designed by fitness enthusiast Terrence Spann, a world champion track and field sprinter, TBC will take your fitness to the next level. Incorporating calisthenics and cardiovascular drills to train your arms, abs, and glutes! You will be on your way to a healthier and fitter you! Take the CHALLENGE TODAY! Bring exercise mat, towel, and water bottle. Instructor: Terrence Spann

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15619	18+	May 6-Jun 26	M, W	5:30-6:30 pm	POPC	\$160
15620	18+	Jul 8-Aug 28	M, W	5:30-6:30 pm	POPC	\$160

## Jazzercise

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Each class combines dance based cardio with strength training and stretching to sculpt, tone and lengthen muscles. Choreographed to today's hottest music, Jazzercise is a fusion of jazz dance, resistance training, pilates, yoga and kick-boxing. Start dancing yourself fit and change the shape of your body! Please bring a mat and hand weights to class. Access to all Jazzercise classes M-Th is \$39/mo. Please call recreation and culture at 267-5611 to register for all M-Th classes.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14967	15+	May 6-29	M, W	9:30-10:30 am	MKPRC	\$25
14963	15+	May 6-30	M, Tu, Th	6:15-7:15 pm	MKPRC	\$33
14968	15+	Jun 3-26	M, W	9:30-10:30 am	MKPRC	\$25
14964	15+	Jun 3-27	M, Tu, Th	6:15-7:15 pm	MKPRC	\$33
14969	15+	Jul 1-24	M, W	9:30-10:30 am	MKPRC	\$25
14965	15+	Jul 1-25	M, Tu, Th	6:15-7:15 pm	MKPRC	\$33
14970	15+	Aug 5-28	M, W	9:30-10:30 am	MKPRC	\$25
14966	15+	Aug 5-29	M, Tu, Th	6:15-7:15 pm	MKPRC	\$33

## Aerobics Fun for Kids

This class will educate the children on the importance of exercise. Fun and lively music will have children moving, sweating, and having fun with aerobics. Instructor: Tiffany Wellington

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15603	7-12	May 8-29	W	5:15-6 pm	MKP	\$58
15604	7-12	Jun 5-26	W	5:15-6 pm	MKP	\$58
15605	7-12	Jul 10-31	W	5:15-6 pm	MKP	\$58
15606	7-12	Aug 7-28	W	5:15-6 pm	MKP	\$58

## Pilates

Pilates is an exercise designed for people of all fitness levels. It is fun and invigorating while providing an overall body workout with a focus on the core muscles. The movements are slow and controlled to promote strength, endurance, flexibility, and muscle tone. Instructor: Sara Verdoom

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15589	16+	May 1-27	W, M	6-7 pm	MKPRC	\$40
15590	16+	Jun 3-26	M, W	6-7 pm	MKPRC	\$40
15591	16+	Jul 8-31	M, W	6-7 pm	MKPRC	\$40
15592	16+	Aug 5-28	M, W	6-7 pm	MKPRC	\$40

## Yoga

The physical practice of yoga is a great way to enhance your health through poses and observance of breath. Build a solid foundation in the basic poses or work on refining your practice! All levels of yoga practitioners are welcome as we challenge ourselves to develop strength, flexibility, stamina. Bring a yoga mat and wear comfortable clothes that are easy to move in.  
Instructor: Sarah Ibis

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15593	16+	May 7-Jun 27	Tu, Th	6:15-7:30 pm	MKPRC	\$80
15594	16+	Jul 9-Aug 29	Tu, Th	6:15-7:30 pm	MKPRC	\$80

## CREATIVE INSTRUCTORS WANTED

The City of Palmdale is looking for qualified contract instructors to submit proposals to potentially teach a variety of classes and programs. If you have a hobby or the passion to teach others, this is an opportunity for you! Class instructors need to submit a proposal and qualifications to teach a range of classes, such as dance, crafts, infant and toddler activities, fitness, foreign and sign language, music, and theater arts. Programs may be designed for preschoolers, school age children, teens, adults, families and seniors.

If you are interested in offering services please visit the City's website at [www.cityofpalmdale.org](http://www.cityofpalmdale.org) to download a proposal form, contact recreation and culture at 661/267-5611 or email [contractclasses@cityofpalmdale.org](mailto:contractclasses@cityofpalmdale.org).  
Proposal deadline is May 1, 2013.



# The Sweetest Spot for Mother's Day!



Mother's Day  
Cupcake Bouquet \$40

**DOUBLE "D"**  
**CUPCAKES**  
D • LUSCIOUS & D • LIGHTFUL

Gourmet Cupcakes & Cakes for All Your Special Occasions

Birthday • Baby Shower • Graduation • Wedding • Just Because!

 Find us on Facebook

**661/940-5522**



818 West Ave. | Lancaster (across from Costco) • [www.DoubleDCupcakes.com](http://www.DoubleDCupcakes.com)

TU.-TH. 7 AM-7 PM • FRI.-SAT. 7 AM-8 PM • SAT. 10:30 AM-8 PM • SUN. 11 AM-5 PM

# visual & performing arts



## Adult Acting Class

Adult Acting Workshop I & II is a combination class. Start training by building a solid foundation in acting. Here you will learn the building blocks of professional acting techniques and utilize your mind, voice, and body to communicate truth on stage. Further your training by exploring the craft of acting on an elevated level by learning advanced techniques from Meisner to Stanislavski. This class is designed for full group participation as well as individual scene study. Class culminates in an actor's showcase. \$40 materials fee payable to the Laity Arts Foundation. Instructor: James Goins

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15008	18+	May 2-Jul 11	Tu, Th	7-8:30 pm	PPH	\$140

## Palmdale Playhouse Junior Theatre Camp

Join us for an explosion of theatrical fun as students explore the essential building blocks of live performance. Bring your creative energy to this hands-on theatre experience. No previous theatre experience is required. Camp will end with two performances of *Law & Order: nursery rhyme unit* by Jim and Jane Jeffries on Saturday, August 10. Deadline to register is July 8. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15661	9-12	Jul 29-Aug 9	M-F	9 am-1 pm	PPH	\$125R/\$150NR

## Palmdale Playhouse Theatre Experience

Discover the practical aspects of acting and learn how to think creatively when it comes to interpreting stories and portraying characters. This fun and intense, three-week experience will immerse students into the production of a full length play. Students will read, rehearse and perform a spoof of Chaucer's great epic, *The Canterbury Tales* or... Geoffrey Chaucer's *Flying Circus* by Burton Bumgarner. No previous theatre experience is required. Deadline to register is June 1. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15659	13-17	Jun 24-Jul 12	M-F	8 am-1 pm	PPH	\$225R/\$250NR

## Theatre Boot Camp

Theatre Boot Camp is a three-day course designed to instruct and enlighten individuals on the magic of live theatre. The main focus of this course is set design and construction but will cover many of the fundamental aspects of technical theatre including lights, sound, etiquette, safety and more. Registration is open to the first 12 applicants. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15660	13-17	Jul 22-24	M-W	8 am-12 pm	PPH	\$45R/\$55NR



## How to Play Piano by Ear

A very practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing, all expressed in everyday language. This is an ideal follow-up to 'Instant Piano' and is open to anyone who has a basic understanding of chords on any instrument. **\$29 material fee payable to instructor.** \$10 discount if participant also registers for Instant Piano; call recreation and culture to receive discount. Instructor: Craig Coffman

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15072	18+	May 11	1-3:30 pm	Sa	POPC	\$30
15270	18+	Jul 27	12:15-2:45 pm	Sa	MKPRC	\$30

## Instant Piano for Hopelessly Busy People

In just a few hours you can learn enough secrets of the trade to give you years of musical enjoyment. While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in this one session. Beginners can request a free pamphlet by sending a SASE to Innovative Keyboard Instruction, 2841 S. Southwind Dr., Gilbert, AZ 85295. **\$29 material fee payable to instructor.** \$10 discount if participant also registers for How to Play Piano by Ear; call recreation and culture to receive discount.

Instructor: Craig Coffman

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15073	18+	May 11	Sa	9 am-12 pm	POPC	\$30
15271	18+	Jul 27	Sa	8:30-11:30 am	MKPRC	\$30

## Instant Guitar for Hopelessly Busy People

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs. Bring your acoustic guitar. **\$29 materials fee payable to instructor.** Visit [www.instantguitar.com](http://www.instantguitar.com) for more information. Instructor: Craig Coffman

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15074	18+	May 10	F	6:30-9 pm	POPC	\$30
15272	18+	Jul 27	Sa	3-5:30 pm	MKPRC	\$30

## Young Champions Art & Illustration

This is a fun and creative class, where students learn the fundamentals of art and illustration. Participants will expand creativity and imagination, learn drawing and painting methods, and strengthen individual and group skills. Learn to draw anime and other forms of cartooning! **Preregistration for this course must take place at the recreation & culture office or online.**

Instructor: Young Champions

COURSE	LEVEL	AGE	DATE	DAY	TIME	LOC	FEE
15014	All Students	4-6	Apr 15-Jun 17	M	5:30-6:10 pm	MKPRC	\$62
15015	All Students	7-9	Apr 15-Jun 17	M	6:15-6:55 pm	MKPRC	\$62
15016	All Students	10-15	Apr 15-Jun 17	M	7-7:40 pm	MKPRC	\$62
15631	All Students	4-6	Jun 24-Aug 26	M	5:30-6:10 pm	MKPRC	\$68
15632	All Students	7-9	Jun 24-Aug 26	M	6:15-6:55 pm	MKPRC	\$68
15633	All Students	10-15	Jun 24-Aug 26	M	7-7:40 pm	MKPRC	\$68

*Back by popular demand!*



*Come enjoy this family event!*

July 26

**Toy Story**

August 2

**The Hunger Games**

August 9

**How To Train Your Dragon**

August 16

**The Avengers**

### **"Care with Cans" Food Drive**

Receive a raffle ticket for each canned food item you donate for a chance to win prizes! "Care with Cans" benefits SAVES, which provides assistance to families experiencing a temporary emergency situation. Prizes will be awarded prior to the start of each movie.

GENEROUSLY SPONSORED BY

HIGH DESERT MEDICAL GROUP

**HDMG**

*Life...*



Valleywide Dental  
Dr. Robert Haze & Associates  
Creating Beautiful Smiles

Admission \$2, Kids 12 & under admitted free. Gates open at 6:30 pm, movies begin at dusk. Food and non-alcoholic beverages in coolers are **welcome** at Family Movie Night events. All bags and coolers will be inspected at the gate. Alcohol & pets are not allowed. Snack vendors will be on-site for your convenience. Bring a lawn chair or blanket. Children 12 & younger must be accompanied by a parent or guardian.

# visual & performing arts



## Belly Dance-American Tribal & Tribal Fusion

Learn the beautiful art of belly dance. Students will learn by drilling basic belly dance moves and combinations of American Tribal Style belly dance (ATS) in the FCBD format. Using slow movements and fast steps while focusing on group improvisation, you'll be dancing in your first class. Isolations, strengthening, drills, technique and an introduction to zills (finger cymbals). Geared toward the new student, this class is also for continuing students for refinement, and establishes a strong foundation. Performance opportunities available. Instructor: Dana Adoptante

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15017	12+	May 2-23	Th	7:45-8:45 pm	MKPRC	\$35
15018	12+	Jun 6-27	Th	7:45-8:45 pm	MKPRC	\$35
15019	12+	Jul 11-Aug 1	Th	7:45-8:45 pm	MKPRC	\$35
15020	12+	Aug 8-29	Th	7:45-8:45 pm	MKPRC	\$35

## Ballet for New Beginners

An introductory ballet class for new beginners, including the basics of barre and center work; also, a good review class for students who wish to return to ballet after a time-away from dance. Instructor: Heather Benes

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15655	7-12	May 7-Jun 11	Tu	3:45-4:45 pm	PPH	\$45

## Ballet & Tap Introduction

Step into dance! Your child will join a class full of fun and positive energy. Format includes technique, rhythm, locomotion and sharing. Instructor handles optional costume purchase for performances. Instructor: Melineh Alahverdian

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14991	4-5	May 1-Jun 12	W	3:30-4:15 pm	MKPRC	\$60
14992	6-12	May 1-Jun 12	W	4:30-5:15 pm	MKPRC	\$60
14993	4-5	Jul 3-Aug 28	W	3:30-4:15 pm	MKPRC	\$60
14994	6-12	Jul 3-Aug 28	W	4:30-5:15 pm	MKPRC	\$60

## Introduction to Children's Dance

Learn basic tap and ballet steps as well as rhythm while boosting self-confidence. This class is a fun way to increase and improve flexibility. Instructor handles optional costume purchase for performances. Tap and ballet shoes are required. Instructor: Caravan Dance Studio

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15039	3-4	Apr 30-May 21	Tu	4-4:45 pm	MKPRC	\$35
15040	5-7	Apr 30-May 21	Tu	4:45-5:30 pm	MKPRC	\$35
15041	3-4	May 28-Jun 18	Tu	4-4:45 pm	MKPRC	\$35
15042	5-7	May 28-Jun 18	Tu	4:45-5:30 pm	MKPRC	\$35
15043	3-4	Jun 25-Jul 16	Tu	4-4:45 pm	MKPRC	\$35
15044	5-7	Jun 25-Jul 16	Tu	4:45-5:30 pm	MKPRC	\$35
15045	3-4	Jul 23-Aug 13	Tu	4-4:45 pm	MKPRC	\$35
15046	5-7	Jul 23-Aug 13	Tu	4:45-5:30 pm	MKPRC	\$35



## Young Champions Hip-Hop Dance

This is a fun, high-energy class where students learn the fundamentals of hip-hop and modern dance. Popular with both girls and boys, this program promotes artistic expression, movement, and teamwork in a fun, musical environment. Participants are invited to participate in state competition. **Preregistration for this course must take place at the recreation & culture office or online.** Instructor: Young Champions

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15047	6-7	Apr 17-Jul 3	W	5:30-6:10 pm	MKPRC	\$68
15048	8-9	Apr 17-Jul 3	W	6:15-6:55 pm	MKPRC	\$68
15049	10-15	Apr 17-Jul 3	W	7-7:40 pm	MKPRC	\$68
15624	6-7	Jun 26-Sep 11	W	5:30-6:10 pm	MKPRC	\$74
15625	8-9	Jun 26-Sep 11	W	6:15-6:55 pm	MKPRC	\$74
15626	10-15	Jun 26-Sep 11	W	7-7:40 pm	MKPRC	\$74

## Young Champions Cheerleading

Students learn arm motions, formations, voice projection, cheers, chants and dance movements taught by experienced coaches. Cheering skills progress with each consecutive session. All students are invited to participate in a performance at the end of the session. **Preregistration for this course must take place at the recreation & culture office or online.**

Instructor: Young Champions

COURSE	LEVEL	AGE	DATE	DAY	TIME	LOC	FEE
15050	New & Stars	4-7	Apr 18-Jun 13	Th	4:30-5:10 pm	MKPRC	\$62
15051	New & Stars	8-15	Apr 18-Jun 13	Th	5:15-5:55 pm	MKPRC	\$62
15052	Jr. All Stars	5-15	Apr 18-Jun 13	Th	6-6:40 pm	MKPRC	\$62
15053	Pro All Stars & Elite	5-15	Apr 18-Jun 13	Th	6:45-7:25 pm	MKPRC	\$62
15627	New & Stars	4-7	Jun 20-Aug 22	Th	4:30-5:10 pm	MKPRC	\$68
15628	New & Stars	8-15	Jun 20-Aug 22	Th	5:15-5:55 pm	MKPRC	\$68
15630	Jr. All Stars	5-15	Jun 20-Aug 22	Th	6-6:40 pm	MKPRC	\$68
15629	Pro All Stars & Elite	5-15	Jun 20-Aug 22	Th	6:45-7:25 pm	MKPRC	\$68

## Music Mentoring Program

Kids and teens who have an interest in music will begin an adventure and discover the wonderful art we call 'Music'. This program is designed to teach the fundamentals of creating and playing music using various music software on the PC platform. Students will even have the opportunity to compose their very own compositions! Instructor: Palmdale Music Academy

Instructor: Jaythan Sparks

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15650	13-18	May 4-Jun 22	Sa	10-11 am	PPH	\$80
15649	13-18	May 4-Jun 22	Sa	11 am-12 pm	PPH	\$80
15651	13-18	Jul 13-Aug 31	Sa	10-11 am	PPH	\$60
15648	13-18	Jul 13-Aug 31	Sa	11 am-12 pm	PPH	\$60

## Orchestra Summer Class

Group and sectional rehearsals to prepare for the patriotic concert 'Spirits of America'. Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15656	9-90	Jun 12-26	W	6:30-9:30 pm	PPH	\$40

## Swordplay for Teens

Swordplay with padded boffer swords, basic combat choreography and rules for fair fighting will be taught in this interactive class for teens! Focus on etiquette, gentlemanly behavior and safety first. Social skills, fair play, and group interaction for your teen! \$10 materials fee for sword payable to instructor.

Instructor: Wayne Crews

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15004	10-17	M	May 6-27	6-7 pm	PPH	\$45
15005	10-17	M	Jun 3-24	6-7 pm	PPH	\$45
15006	10-17	M	Jul 8-29	6-7 pm	PPH	\$45

*Say it with Flowers*

We'll create the perfect arrangement for your special occasion!

**ANTELOPE VALLEY FLORIST**

BIRTHDAY \* GET WELL \* NEW BABY  
THANK YOU \* SYMPATHY \* WEDDING  
CONGRATULATIONS

1302 West Ave. J | Lancaster  
661/948-6006  
www.avflorist.com

"We Are AV Nice!"

**Martha Flores**  
Beauty Salon Full Service

**SENIOR MEN'S HAIR CUT** \$5.95  
WITH THIS COUPON

**UPDOs** \$20  
LONG HAIR EXTRA  
WITH THIS COUPON

**SENIOR WOMEN'S HAIR CUT** \$12  
WITH THIS COUPON

**PERMANENT MAKEUP** \$95  
EYEBROW OR LINER (UPPER OR LOWER) OR LIP LINER  
WITH THIS COUPON

**LADIES HAIR CUT** \$15  
LONG HAIR EXTRA  
WITH THIS COUPON

**HAIR EXTENSIONS** \$250 & UP  
WITH THIS COUPON

**MEN'S HAIR CUT** \$8  
WITH THIS COUPON

**HIGHLIGHTS** \$45  
**COLOR**  
**PERMS**  
LONG HAIR EXTRA  
WITH THIS COUPON

661 533-9737  
37951 47th St. East  
(47th St. East & Ave. R - Toms 27 Shopping Center)  
Se Habla Espanol

- Haircuts
- Waxing
- Color
- Highlights
- Conditioning
- Permanent Waves
- Makeovers
- Eyelash Extensions
- Licensed Hair Colorists

**OPEN 7 DAYS**

# educational/more choices



## After School Tutoring & Homework Help

This exciting new program offers homework help, additional tutoring in weak areas, and enrichment activities for students grades 2-8. Enrichment activities, support the student development of higher-level thinking skills through project based learning, public speaking, technology and writing. Additional activities include hands-on science investigation, music and art appreciation, and much more! Instructor: Math Magicians

COURSE	GRADE	DATE	DAY	TIME	LOC	FEE
15054	2-8	May 6-9	M-Th	3-5:30 pm	MKPRC	\$45
15055	2-8	May 13-16	M-Th	3-5:30 pm	MKPRC	\$45
15056	2-8	May 20-23	M-Th	3-5:30 pm	MKPRC	\$45
15057	2-8	May 27-30	M-Th	3-5:30 pm	MKPRC	\$45
15563	2-8	Jun 3-6	M-Th	3-5:30 pm	MKPRC	\$45
15564	2-8	Jun 10-13	M-Th	3-5:30 pm	MKPRC	\$45
15565	2-8	Jun 17-20	M-Th	3-5:30 pm	MKPRC	\$45
15566	2-8	Jun 24-27	M-Th	3-5:30 pm	MKPRC	\$45
15569	2-8	Jul 1-4	M-Th	3-5:30 pm	MKPRC	\$45
15570	2-8	Jul 8-11	M-Th	3-5:30 pm	MKPRC	\$45
15571	2-8	Jul 15-18	M-Th	3-5:30 pm	MKPRC	\$45
15572	2-8	Jul 22-25	M-Th	3-5:30 pm	MKPRC	\$45
15573	2-8	Aug 5-8	M-Th	3-5:30 pm	MKPRC	\$45
15574	2-8	Aug 12-15	M-Th	3-5:30 pm	MKPRC	\$45
15575	2-8	Aug 19-22	M-Th	3-5:30 pm	MKPRC	\$45
15576	2-8	Aug 26-29	M-Th	3-5:30 pm	MKPRC	\$45

## GED Prep

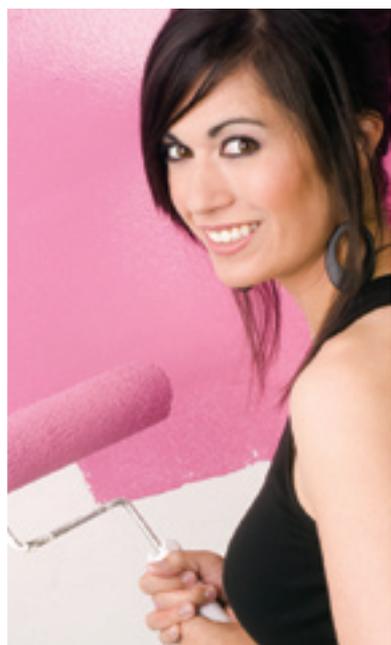
Students will learn practical strategies and helpful tips for the five main areas of the GED: math, reading, writing, social studies, and science. They will practice fundamental skills and review key concepts in addition to learning research-based test-taking strategies. Instructor: Math Magicians

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15058	16+	May 6-29	M, W	6:30-7:30 pm	MKPRC	\$69
15059	16+	Jun 3-26	M, W	6:30-7:30 pm	MKPRC	\$69
15060	16+	Jul 1-24	M, W	6:30-7:30 pm	MKPRC	\$69
15061	16+	Aug 5-28	M, W	6:30-7:30 pm	MKPRC	\$69

## Italian for Travelers

If you love Italian culture, food, customs, have Italian roots and want to understand the culture this class is for you! Learn basic phrases in Italian that will facilitate communication while traveling in Italy or anywhere Italian is spoken. This class will explain many of the cultural things you may not understand about Italians. Instructor: Rosaria Minneci-Campanil

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15062	15+	May 4-25	Sa	2-3:30 pm	MKPRC	\$80
15065	15+	Aug 3-24	Sa	2-3:30 pm	MKPRC	\$80



## PEAK Adventures Summer Camps

PEAK Adventures is an enrichment program designed to offer children educational and social opportunities beyond the classroom curriculum. The focus being on fun and challenging activities that will develop and encourage each participant and increase the students self-esteem. \$25 material fee paid to instructor. Sign up for a full day and receive \$10 off material fee. (must be 9-3 pm for the same week)

COURSE	AGE	LEVEL	DATE	DAY	TIME	LOC	FEE
15275	5-12	Harry Potter	Jun 10-14	M-F	9 am-12 pm	MKPRC	\$87
15276	5-12	Fossil Finders	Jun 10-14	M-F	12-3 pm	MKPRC	\$87
15277	5-12	Marine Biology	Jun 17-21	M-F	9 am-12 pm	MKPRC	\$87
15278	5-12	Cheerleading	Jun 17-21	M-F	12-3 pm	MKPRC	\$87
15279	5-12	Magic Camp	Jun 24-28	M-F	9 am-12 pm	MKPRC	\$87
15280	5-12	Crazy Chemistry	Jun 24-28	M-F	12-3 pm	MKPRC	\$87
15281	5-12	Legoland	Jul 1-5	M-F	9 am-12 pm	MKPRC	\$87
15283	5-12	"Bricks 4 Girlz"	Jul 1-5	M-F	9 am-12 pm	MKPRC	\$87
15282	5-12	Spy Kids	Jul 1-5	M-F	12-3 pm	MKPRC	\$87
15284	5-12	Survivor	Jul 8-12	M-F	9 am-12 pm	MKPRC	\$87
15285	5-12	Art Explosion	Jul 8-12	M-F	12-3 pm	MKPRC	\$87
15286	4-9	The Princess in Me	Jul 15-19	M-F	9 am-12 pm	MKPRC	\$87
15287	4-9	A Pirate's Life for	Jul 15-19	M-F	9 am-12 pm	MKPRC	\$87
15288	5-12	Critters N Clay	Jul 15-19	M-F	12-3 pm	MKPRC	\$87
15289	4-9	Disgusting	Jul 22-26	M-F	9 am-12 pm	MKPRC	\$87
15290	5-12	Space Academy	Jul 22-26	M-F	12-3 pm	MKPRC	\$87

## Fabulous Faux: Classic-Tuscan-Metallics

Save thousands and learn a faster, easier way for beginners to use a patterned basecoat tool to replicate old world, classic, romantic, or stone-like looks on your walls. Add the 'pizazz' of metallics for an extra 'wow' factor. Like granite, marble or travertine? This is the class to mimic 'texture'. Professional faux painter, Linda Coffman from Gilbert, Az, shares her years of experience with this method. Bring a paint shirt. \$29 materials fee payable to instructor. \$10 discount if participant also registers for Fabulous Faux Suede. Call recreation and culture to receive discount. Visit [www.twistonwalls.com](http://www.twistonwalls.com) for more information. Instructor: Linda Coffman

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15070	18+	May 11	Sa	9:30 am-12 pm	POPC	\$30
15273	18+	Jul 27	Sa	9:30 am-12 pm	MKPRC	\$30

## Fabulous Faux: Suede-Rustic-Modern

Want to achieve a soft blend of colors on your wall? From rustic western, warm southernwestern to sleek or modern, even contemporary and children's rooms with a 'two colors at the same time' approach that is much easier than sponging. Learn to make false raised bricks from sheetrock mud! Bring a paint shirt. \$10 discount if participant also registers in Fabulous Faux Metallics. Call recreation and culture to receive discount. Visit [www.twistonwalls.com](http://www.twistonwalls.com) for more information. Instructor: Linda Coffman

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15071	18+	May 11	Sa	1-3:30 pm	POPC	\$30
15274	18+	Jul 27	Sa	1-3:30 pm	MKPRC	\$30

## Scrapbooking

Are you overwhelmed with all your photos? Let me show you a fun and easy way to help you take your great photos and create a fabulous album to enjoy for a lifetime. This class is for the basic and advanced. Tools provided. Materials available for purchase. Bring about 24 photos from a theme. Instructor: Linda Olson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15066	16+	May 2-16	Th	10 am-12 pm	MKPRC	\$36
15067	16+	Jun 6-27	Th	10 am-12 pm	MKPRC	\$36
15068	16+	Jul 11-25	Th	10 am-12 pm	MKPRC	\$36
15069	16+	Aug 1-15	Th	10 am-12 pm	MKPRC	\$36

RESIDENTIAL & COMMERCIAL  
**CARPET, UPHOLSTERY, TILE & GROUT**

SAFE ♡ NON-TOXIC ♡ FAST DRY CLEANING



Spring Cleaning  
**SPECIAL**  
**\$99<sup>95</sup>** LIMITED TIME OFFER!  
3 ROOMS + HALLWAY UP TO 500 SQ. FT.



**All Green**  
Carpet, Tile & Upholstery Cleaning  
**(661) 670-1169**

**www.AllGreenCare.com**  
LOCALLY OWNED & OPERATED • CERTIFIED/LICENSED/INSURED

# early childhood



## Tiny Tots Registration Information

Session 1: Open registration will begin on **Monday, June 17** at 10 am. Participants may register in an open class at any time during the session, however, fees are not pro-rated. A birth certificate is required at registration. Children must be minimum 3 years old by October 1 to register for Twinkling Stars, or minimum of 4 years old by October 1 for Blazing Comets. Enrollment is limited to 20 per class. Participants may not enroll in more than one class per session.

Look for classes and registration information for Session 2 in the fall magazine.

### Tiny Tots

This program offers recreational curriculum for children ages 3-5 years. Your child will build social skills and independence while being introduced to the alphabet, numbers, colors and shapes in a developmentally appropriate environment. Children should be fully potty-trained and accustomed to parental separation. During two classes in the session, parents are required to assist, provide a snack and a simple hands-on craft project. Sibling discount available for each session. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
Blazing Comets						
15607	4-5	Aug 12-Nov 1	M, W, F	9 am-12 pm	MKPRC	\$240R/\$288NR
15608	4-5	Aug 12-Nov 1	M, W, F	9 am-12 pm	POPC	\$240R/\$288NR
15609	4-5	Aug 12-Nov 1	M, W, F	9 am-12 pm	DSP	\$240R/\$288NR
Twinkling Stars						
15610	3-4	Aug 13-Oct 31	Tu, Th	10 am-12 pm	MKP	\$120R/\$144NR
15611	3-4	Aug 13-Oct 31	Tu, Th	10 am-12 pm	POPC	\$120R/\$144NR
15612	3-4	Aug 13-Oct 31	Tu, Th	10 am-12 pm	DSP	\$120R/\$144NR

## Infant Massage

To provide parents/caregivers with techniques on how to interact with their infants through massage. Sessions will provide information on attachment/bonding and the benefits of infant massage. Parents must bring pillow and blanket for infant. Instructor: Lourdes Rocha

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15075	15+	May 4-25	Sa	11 am-12 pm	MKPRC	\$40
15076	15+	Jun 1-29	Sa	11 am-12 pm	MKPRC	\$40
15077	15+	Jul 6-27	Sa	11 am-12 pm	MKPRC	\$40
15078	15+	Aug 3-24	Sa	11 am-12 pm	MKPRC	\$40

### Adventures with Food

Experiment and create crafts with various types of food. Some projects might be good enough to eat! It is recommended children wear old clothing. Parent participation is required. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15530	2-4	May 3-24	F	11-11:45 am	POPC	\$19R/\$23NR
15531	2-4	Jun 7-28	F	11-11:45 am	POPC	\$19R/\$23NR
15532	2-4	Jul 5-26	F	11-11:45 am	POPC	\$19R/\$23NR
15533	2-4	Aug 2-23	F	11-11:45 am	POPC	\$19R/\$23NR



## Games to Grow On

Does your tot have energy to spare? Staff provide organized games and activities for toddlers in a fun and safe environment. Parent participation is required. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15556	2-3	May 1-22	W	9-9:45 am	POPC	\$14R/\$17NR
15553	2-3	May 1-22	W	10-10:45 am	POPC	\$14R/\$17NR
15548	3-5	May 1-22	W	11-11:45 am	POPC	\$14R/\$17NR
15557	2-3	Jun 5-26	W	9-9:45 am	POPC	\$14R/\$17NR
15552	2-3	Jun 5-26	W	10-10:45 am	POPC	\$14R/\$17NR
15549	3-5	Jun 5-26	W	11-11:45 am	POPC	\$14R/\$17NR
15558	2-3	Jul 10-31	W	9-9:45 am	POPC	\$14R/\$17NR
15554	2-3	Jul 10-31	W	10-10:45 am	POPC	\$14R/\$17NR
15550	3-5	Jul 10-31	W	11-11:45 am	POPC	\$14R/\$17NR
15559	2-3	Aug 7-28	W	9-9:45 am	POPC	\$14R/\$17NR
15555	2-3	Aug 7-28	W	10-10:45 am	POPC	\$14R/\$17NR
15551	3-5	Aug 7-28	W	11-11:45 am	POPC	\$14R/\$17NR

## Kids Korner

A wonderful introduction to the social world for your toddler. Class offers crafts, music, circle time and socialization. Parents are encouraged to stay and play. A parent/guardian must stay if child is not potty-trained or accustomed to parental separation. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15436	2-3	May 7-28	Tu	9:30-11 am	POPC	\$29R/\$35NR
15437	2-3	Jun 4-25	Tu	9:30-11 am	POPC	\$29R/\$35NR
15438	2-3	Jul 9-30	Tu	9:30-11 am	POPC	\$29R/\$35NR
15439	2-3	Aug 6-27	Tu	9:30-11 am	POPC	\$29R/\$35NR

## Kinder Korner

Preschoolers participate in circle time, music play, craft projects and free-play activities. Parents are encouraged to stay and play. A parent/guardian must stay if child is not potty-trained or accustomed to parental separation. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15440	3-5	May 9-30	Th	9:30-11 am	POPC	\$29R/\$35NR
15441	3-5	Jun 6-27	Th	9:30-11 am	POPC	\$29R/\$35NR
15442	3-5	Jul 11-Jul 25	Th	9:30-11 am	POPC	\$22R/\$27NR
15443	3-5	Aug 8-29	Th	9:30-11 am	POPC	\$29R/\$35NR

## Mini Masterpieces

Spark your toddler's creativity with art projects designed for little fingers. Children should wear old clothing. Parent participation is required. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15538	2-4	May 3-24	F	9-9:45 am	POPC	\$14R/\$17NR
15534	2-4	May 3-24	F	10-10:45 am	POPC	\$14R/\$17NR
15539	2-4	Jun 7-28	F	9-9:45 am	POPC	\$14R/\$17NR
15535	2-4	Jun 7-28	F	10-10:45 am	POPC	\$14R/\$17NR
15540	2-4	Jul 5-26	F	9-9:45 am	POPC	\$14R/\$17NR
15536	2-4	Jul 5-26	F	10-10:45 am	POPC	\$14R/\$17NR
15541	2-4	Aug 2-23	F	9-9:45 am	POPC	\$14R/\$17NR
15537	2-4	Aug 2-23	F	10-10:45 am	POPC	\$14R/\$17NR

## Discovering Dance

Your child will be introduced to the wonderful world of dance in this combination tap and ballet class. Students will learn basic tap and ballet through age appropriate music and instruction. Tap and ballet shoes are required. Instructor: Dance Evolutions

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
15033	2+	May 1-Jun 5	W	9-9:30 am	PPH	\$45
15034	3+	May 1-Jun 5	W	9:30-10:15 am	PPH	\$45
15035	4+	May 1-Jun 5	W	10:15-11 am	PPH	\$45
15021	2+	May 7-28	Tu	9-9:30 am	POPC	\$30
15022	3+	May 7-28	Tu	9:30-10:15 am	POPC	\$30
15023	4+	May 7-28	Tu	10:15-11 am	POPC	\$30
15027	2+	Aug 13-Sep 3	Tu	9-9:30 am	POPC	\$30
15028	3+	Aug 13-Sep 3	Tu	9:30-10:15 am	POPC	\$30
15029	4+	Aug 13-Sep 3	Tu	10:15-11 am	POPC	\$30

## Melanie's Dance Studio BALLET & TAP

### MONDAY CLASSES

4:00-4:45 pm Ages 4-5 years old  
5:00-5:45 pm Ages 6-12 years old  
6:00-6:45 pm Ages 5-8 years old

### TUESDAY CLASSES

3:30-4:15 pm Ages 3-4 years old  
4:30-5:15 pm Ages 5-6 years old  
5:30-6:15 pm Ages 7-12 years old

### THURSDAY CLASSES

3:30-4:15 pm Ages 3-4 years old  
4:30-5:15 pm Ages 5-6 years old

Classes fill quickly -  
**register June 17,**  
**5-7 pm at Palmdale**  
**Oasis Recreation**  
**Center.**



*Your child will be  
introduced to the  
wonderful world of dance  
in our year round  
tap/ballet combo classes.*

Classes are held at  
Palmdale Oasis Recreation Center  
3850 E. Avenue S, Palmdale

To register, please call  
Miss Melanie at  
661/202-0090  
or 661/272-1889

# after-school fun centers



We provide a structured environment with many opportunities to participate in group and individual activities. Recreation staff offer daily homework assistance and organized activities such as sports games and unique crafts. Fun Center participants must be registered with payment prior to participation. A weekly rate is charged; you can register in advance online or at the recreation & culture office. On-site registration is not available. NOTE: Westside School District sites dismiss 45 minutes early every Thursday.

## Cottonwood

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14875	K-6	Apr 29-May 3	M-F	2:15-6 pm	LS	\$27
14876	K-6	May 6-10	M-F	2:15-6 pm	LS	\$27
14877	K-6	May 13-17	M-F	2:15-6 pm	LS	\$27
14870	K-6	May 20-24	M-F	2:15-6 pm	LS	\$27
14874	K-6	May 28-31	Tu-F	2:15-6 pm	LS	\$22
14873	K-6	Jun 3-5	M-W	2:15-6 pm	LS	\$19
<b>2013-14 SCHOOL YEAR</b>						
14878	K-6	TBD	W-F	2:15-6 pm	LS	TBD
14871	K-6	Aug 12-16	M-F	2:15-6 pm	LS	\$27
14872	K-6	Aug 19-23	M-F	2:15-6 pm	LS	\$27
14879	K-6	Aug 26-30	M-F	2:15-6 pm	LS	\$27

## Esperanza Fun Center

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14888	K-6	Apr 29-May 3	M-F	1:55-6 pm	LS	\$31
14881	K-6	May 6-10	M-F	1:55-6 pm	LS	\$31
14883	K-6	May 13-17	M-F	1:55-6 pm	LS	\$31
14884	K-6	May 20-24	M-F	1:55-6 pm	LS	\$31
14885	K-6	May 28-31	Tu-F	1:55-6 pm	LS	\$26
14887	K-6	Jun 3-5	M-W	1:55-6 pm	LS	\$23
<b>2013-14 SCHOOL YEAR</b>						
14882	K-6	TBD	W-F	1:55-6 pm	LS	TBD
14886	K-6	Aug 12-16	M-F	1:55-6 pm	LS	\$31
14880	K-6	Aug 19-23	M-F	1:55-6 pm	LS	\$31
14889	K-6	Aug 26-30	M-F	1:55-6 pm	LS	\$31

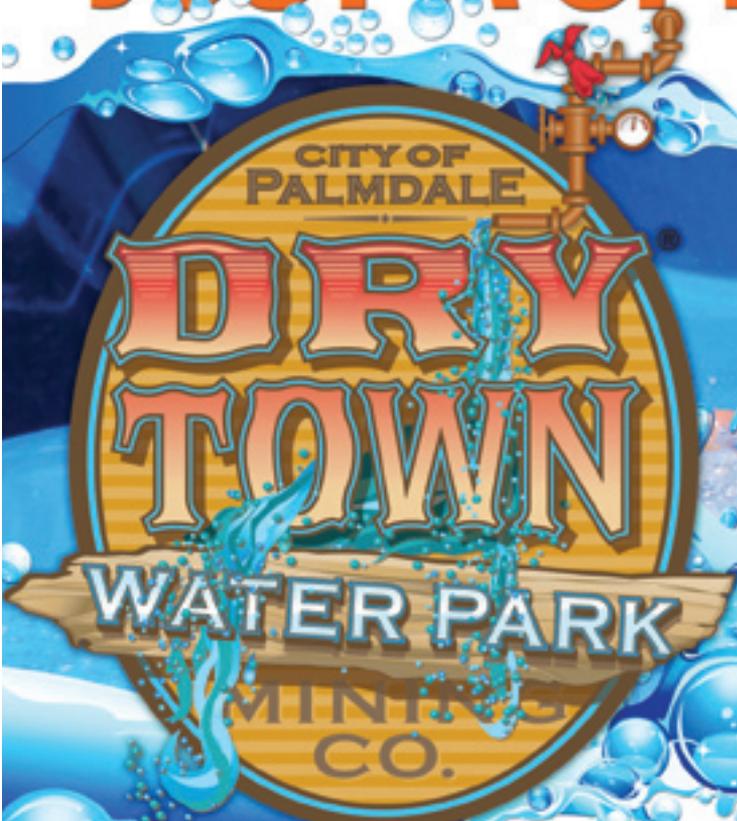
## Rancho Vista Fun Center

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
14898	K-6	Apr 29-May 3	M-F	2-6 pm	LS	\$29
14894	K-6	May 6-10	M-F	2-6 pm	LS	\$29
14895	K-6	May 13-17	M-F	2-6 pm	LS	\$29
14897	K-6	May 20-24	M-F	2-6 pm	LS	\$29
14893	K-6	May 28-31	Tu-F	2-6 pm	LS	\$24
14896	K-6	Jun 3-5	M-W	2-6 pm	LS	\$21
<b>2013-14 SCHOOL YEAR</b>						
14892	K-6	TBD	W-F	2-6 pm	LS	TBD
14890	K-6	Aug 12-16	M-F	2-6 pm	LS	\$29
14891	K-6	Aug 19-23	M-F	2-6 pm	LS	\$29
14899	K-6	Aug 26-30	M-F	2-6 pm	LS	\$29

\*First day of school TBD by WUSD.



# JUST A SPLASH AWAY!



- **Dusty's Mineshaft Racer**
- **Rattler's Revenge**
- **Devil's Punch Bowl**
- **Wildcatter**
- **Big Rock River**
- **Little Miner's Camp**
- **Splash Pad**

Enjoy unlimited visits with a Season Pass for **\$54<sup>50</sup>\*** plus, Season Pass holders receive:



**50% OFF**  
Fountain Drinks, Limeades, Iced Teas & Classic Slushes. \*\* RESTRICTIONS APPLY.

**OPEN DAILY MAY 25-AUGUST 11**  
**WEEKENDS ONLY AUGUST 17-SEPTEMBER 22**

Buy tickets & season passes online at  
[www.cityofpalmdale.org/drytown](http://www.cityofpalmdale.org/drytown)



Like us on Facebook for exclusive offers plus the Latest News, Updates & Events  
[www.facebook.com/DryTown](http://www.facebook.com/DryTown)



\*\$54.50 Season Pass is Palmdale resident rate for 4 or more passes. \*\*Sonic: Present your 2013 DryTown Water Park season pass through December 31, 2013 to receive 50% discount on fountain drinks, limeades, iced teas & classic slushes, Palmdale Sonic only. SEASON PASSES: \$68R/\$84NR • 4 OR MORE SEASON PASSES \$54.50R/\$67NR each • DAILY TICKETS: General (48" and taller) \$16R/\$21NR • Junior (Under 48" tall) \$12R/\$15NR • Guests under 42" tall FREE • Senior (62 years or older) \$12R/\$15NR • Military \$12 • Military Junior \$9 (Military ID required).

# Legacy Commons for Active Seniors

930 East Avenue Q-9 • 661/267-5904

Legacy Commons, Palmdale's newest award-winning recreation facility, was designed especially for active adults aged 55+. Amenities include an auditorium with stage, three classrooms, billiards room, TV/social nook, Wi-Fi and outdoor patio in over 14,000 square feet. Lawn games include bocce, croquet, fling golf and horseshoes (drop-in and pick-up game equipment at the front desk). Visitors are invited to pick up a detailed schedule of activities. Legacy Commons is also available for event rentals.

- Open Monday-Thursday, 8 am-4:30 pm, Friday, 8 am-12 pm 
- Programs and activities are available to those age 55+.
- Most activities are free and require no membership.

## Monthly Birthday Parties

*Sponsored by High Desert Medical Group*

Celebrate your special day with friends at Legacy Commons. On the fourth Monday of each month, birthday celebrants are honored with cake, ice cream and lots of laughs. Note: When the fourth Monday falls on a holiday, the party is held on the third Monday.

AGE	DAY	TIME	LOC	FEE
55+	4th M	11-11:30 am	LC	Free

## Legacy Commons Advisory Board

The board meets to discuss programs and business. Participants are encouraged to attend.

AGE	DAY	TIME	LOC	FEE
55+	1st W	9:15-10 am	LC	Free

## Fitness Walk and Breakfast

*Sponsored by High Desert Medical Group*

Spring into shape! Participants receive a T-shirt and breakfast; all ages are welcome to participate. Advance registration by May 14th is appreciated; walk-ins welcome.

AGE	DATE	TIME	LOC	FEE
All	May 16	8-10 am	LC	\$5

## Free Wi-Fi Access

*Sponsored by Lockheed Martin*

You will need a Wi-Fi enabled device. Most newer computers, tablets and smart phones have built-in Wi-Fi. Older versions may require a separate Wi-Fi card which can be purchased at most electronic retail stores.





YOUTH BENEFITS OF PARKS & RECREATION

# Great cities nurture effective and capable kids

With nearly five million of California's households having children under 18, it is vital to recognize the importance of recreation to youth. Recreation is fundamental for children's physical, mental, social and emotional development. Participating in recreation activities helps to develop our youth, improves their education, and deters negative behaviors. Most parents, teachers and community leaders are well aware of the positive benefits youths receive from after-school activities at local parks and through recreation programs.

**Parks  
Make  
Life  
Better!**<sup>SM</sup>

- Recreation programs provide youth an opportunity to form meaningful relationships with adults, provide opportunities for communities to become connected, and reduce crime through involvement.<sup>1</sup>
- Recreation program involvement sets youth on a path of academic achievement, positive school attendance, better behavior, and the ability to develop life skills.<sup>2</sup>
- Families who participate in recreation programs and outdoor activities develop well-rounded youth who are productive and responsible community members.<sup>1</sup>
- Outcomes of participating and getting children involved in recreation programs include: reduced juvenile delinquency; improved self-confidence, optimism and initiative; and increased civic responsibility and participation.<sup>3</sup>
- Participation in recreation programs is an investment in your community. Studies have shown that every dollar spent on recreation programs saves taxpayers approximately \$3 in public safety and health related costs.<sup>1</sup>

Recreation programs and outdoor play strengthen our neighborhoods and families — get out and play today!

<sup>1</sup>Afterschool Alliance, <sup>2</sup>National Institute on Out-of-School Time, <sup>3</sup>National Recreation & Park Association

## Table Tennis

Join us for an energetic game of table tennis. Paddles and ping-pong balls are provided.

AGE	DAY	TIME	LOC	FEE
55+	M	9:30-11 am	LC	Free

## Billiards

Anyone interested in picking up a game of eight or nine ball is invited to stop in at the billiards room.

AGE	DAY	LOC	FEE
55+	M-F	LC	Free

## Bingo

Bring your friends for a chance to win groceries!

AGE	DAY	TIME	LOC	FEE
55+	W	1-3 pm	LC	\$0.25/card

## Bunco

Join us each month for a lively game of bunco. This dice game is easy to learn and lots of fun.

AGE	DAY	TIME	LOC	FEE
55+	1st & 3rd Fri	9-10:45 am	LC	Free

## Lawn Games

Bocce, croquet, ladder golf and horseshoes; pick up game equipment at the front desk.

AGE	DAY	LOC	FEE
55+	M-F	LC	Free

## Knitting & Crocheting

Create an heirloom; bring your own supplies.

AGE	DAY	TIME	LOC	FEE
55+	W	8 am-12 pm	LC	Free

## Songbirds

Come join the fun singing oldies and new standards. This group meets once a week for sing-a-longs and performs at various Legacy Commons functions as well as community events.

AGE	DAY	TIME	LOC	FEE
55+	M	9:15-9:45 am	LC	Free

## Golden Jammers

Do you play an instrument or sing? Join this weekly group for a fun, casual jam session.

AGE	DAY	TIME	LOC	FEE
55+	F	10-11 am	LC	Free

## Volunteer-led Programs

*The City is grateful to the volunteers who make these programs possible.*

## Fit, Lean & Fun!

A fun, energetic and lively workout that combines chair with standing exercises. Light cardio with swing, jazz, and 60s music will keep you motivated during this upbeat class. Wear comfortable clothing and workout shoes.

AGE	DAY	TIME	LOC	FEE
55+	M-F	8:15-9 am	LC	Free

## Jazzercise LITE

Low impact cardio movements plus strength training using weights for abdominals, upper and lower torso and a stretch finale, all set to music! Wear comfortable clothing and workout shoes.

AGE	DAY	TIME	LOC	FEE
55+	Tu	9:30-10:30 am	LC	Free

## Flex, Stretch & Cardio with BB

Choreographed cardio for fitness and fun, Latin dance, muscle toning, stretch, balance, coordination and agility (beg. to adv.). AFAA certified instructor. Bring towel and water. Optional weights and tubes. Wear comfortable clothing and workout shoes.

AGE	DAY	TIME	LOC	FEE
55+	W	8-9 am	LC	Free

## Hatha Yoga

Learn poses (asanas) to tone, build stamina, and invigorate the body. Smooth transitions and breathing techniques are stressed. Benefits can extend to emotional and mental aspects. Wear comfortable clothing, and bring a mat and small towel.

AGE	DAY	TIME	LOC	FEE
55+	Tu, Th	9-10 am	LC	Free
55+	Tu, Th	10:15-11:15 am	LC	Free

## My Yoga

Ashtanga incorporates controlled breath with poses for flexibility and strength. Some yoga experience recommended. Wear loose fitting clothing and bring a floor mat and towel.

AGE	DAY	TIME	LOC	FEE
55+	Tu, Th	8-9 am	LC	Free

## Yoga Made Easy

Stretch and tone, learn breathing techniques, and enjoy the benefits of restorative meditation. Wear loose clothing, and bring a mat, towel and water.

AGE	DAY	TIME	LOC	FEE
55+	M	10:30-11:30 am	LC	Free
55+	W	10:30-11:30 am	LC	Free

## Volunteer-led Programs

The City is grateful to the volunteers who make these programs possible.

### Basic Computer Class

Challenge yourself and have fun learning the basics of computer operation in this eight week course. Call for class registration and dates.

AGE	DAY	TIME	LOC	FEE
55+	M	8:30-11:30 am	LC	Free

### Book Club

Looking for something new to read? Join us each month for a lively discussion on a selected book. Our book list is available at the front desk.

AGE	DAY	TIME	LOC	FEE
55+	3rd M	9-11 am	LC	Free

### Legacy of Art

Try your hand at creating a masterpiece using a variety of paint mediums; bring your own supplies.

AGE	DAY	TIME	LOC	FEE
55+	F	9-11 am	LC	Free

### Creative Crafters

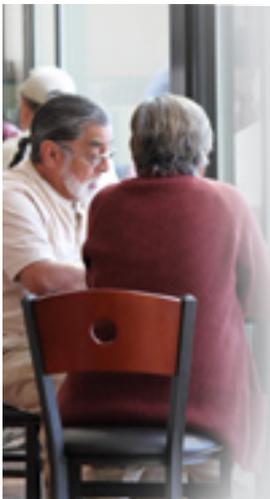
If you love crafts, this is for you! This group meets twice each month to create simple, fun crafts. All supplies are provided.

AGE	DAY	TIME	LOC	FEE
55+	2nd & 4th Tu	9:30-11 am	LC	Free

### Digital Photography

Learn how to operate your digital camera and take great pictures. Call for class start dates.

AGE	DAY	TIME	LOC	FEE
55+	Th	9:30-10:30 am	LC	Free



Legacy Commons for Active Seniors

## Resource Fair

Thursday, April 25 from 10 am-2 pm

Representatives from organizations that provide assistance to individuals age 55+ will be on hand to share information on health and wellness, housing, transportation, leisure activities and more.

Join us for this convenient and informative opportunity.

## Senior Services

The City appreciates the individuals and organizations who make these programs possible.

### AVCOA Meals for Seniors

Nutritious lunches are served by the Antelope Valley Committee on Aging; Registration begins at 10 am. First-come, first-served.

AGE	DAY	TIME	LOC	FEE
60+	M-F	11 am-12 pm	LC	\$2 suggested donation

### Blood Pressure Testing

Tested is offered weekly.

AGE	DAY	TIME	LOC	FEE
55+	Th	9-11 am	LC	Free

### Diabetes Self-Management

Learn how to minimize the complications of diabetes through self-care management. Instructor: Naomi Tanikawa, R.N., M.S.

AGE	DAY	TIME	LOC	FEE
55+	4th W	9:15-10:15 am	LC	Free

### Hearing Aid Service

Belton provides free hearing aid cleaning and service. Please call the day you plan to come to verify service.

AGE	DAY	TIME	LOC	FEE
55+	2nd Tu	10-11:30 am	LC	Free

### AARP Driver Safety Program

This two-day class may help you receive auto insurance discounts. Advanced registration required. AARP member fee \$12; non-member \$14. Please call Legacy Commons for monthly dates.

AGE	DAY	TIME	LOC	FEE
50+	Th & F	8 am-12 pm	LC	\$12/\$14

### Notary Service

Free notary service by James S. Bryant, licensed Notary Public.

AGE	DAY	TIME	LOC	FEE
55+	1st Tu	9:30-11:30 am	LC	Free

### Parkinson's Support Group

For those with Parkinson's Disease and/or their family.

AGE	DAY	TIME	LOC	FEE
18+	3rd Tu	10 am-12 pm	LC	Free

# Legacy Commons

## Rental Programs

The City is grateful to the individuals and organizations who make these programs possible.

### Antelope Valley Square Dance

Come enjoy an evening of just dancing with Charlie Robertson. To Plus, A-1, A-2 and C-1.

AGE	DAY	TIME	LOC	FEE
55+	1st & 3rd W	6-9 pm	LC	\$5

### Aces & Deuces Square Dances

Swing your partner and do-si-do to the latest steps. Suggested donation payable to Aces & Deuces. Rounds 7-7:30 pm.

AGE	DAY	TIME	LOC	FEE
55+	2nd Sa	7-10:15 pm	LC	\$8

### Round Dance Lessons

Ballroom dance steps choreographed to oldies and modern music. Learn the two-step, waltz, foxtrot, rumba, cha-cha, and swing.

AGE	LEVEL	DAY	TIME	LOC	FEE
55+	Beg	Th	4-6 pm	LC	\$5

### Square Dance Lessons

Square dancing for beginners, as easy as 1-2-3.

AGE	LEVEL	DAY	TIME	LOC	FEE
55+	Plus, A	Th	6-7 pm	LC	\$5
55+	Beg	Th	7-9 pm	LC	\$5

### Fun After Forty Dance Club

Dance away the evening to ballroom music. Lessons available prior to the dance at 6:30 p.m.

AGE	DAY	TIME	LOC	FEE
40+	F	7:30-10 pm	LC	\$5

### Line Dancing

Discover the newest, oldest and everything in-between! Class size is limited. Instructor will determine student placement in the Thursday Intermediate class.

AGE	LEVEL	DAY	TIME	LOC	FEE
55+	Beg	Tu	1-3 pm	LC	\$4
55+	Int	Th	1-3 pm	LC	\$4

### Happy Hoofers Tap Dancers

Learn basic tap dance and performance skills.

AGE	LEVEL	DAY	TIME	LOC	FEE
55+	Beg	F	4-5 pm	LC	\$20

## useful information

### Services Directory

Administration .....	267-5115
Animal Care and Control.....	940-4190
Antelope Valley Hispanic Chamber of Commerce .....	538-0607
Antelope Valley Human Relations Task Force (94-PRIDE) .....	947-7433
Antelope Valley Transit Authority (AVTA).....	945-9445
AV Environmental Collection Center (888/CLEAN LA).....	888/253-2652
Building & Safety .....	267-5353
Business License.....	267-5434
Business Watch.....	267-5170
City Clerk.....	267-5151
City Council .....	267-5115
City Hall.....	267-5100
Code Enforcement .....	267-5234
Communications .....	267-5115
Crime Prevention .....	267-5170
Crime Tip Hotline (94-PRIDE) .....	947-7433
Economic Development .....	267-5125
Engineering .....	267-5353
Finance .....	267-5440
Fire Prevention (Emergency 911).....	949-6319
Graffiti Removal Hotline (94-PRIDE) .....	947-7433
Hearing Impaired Access-TDD.....	267-5167
Housing.....	267-5126
Housing Rights Center .....	800/477-5977
Human Resources.....	267-5400
Jobs Hotline (24-hr. recorded information).....	267-JOBS
Maintenance (94-PRIDE) .....	947-7433
MetroLink (800/COMMUTE).....	800/266-6883

Neighborhood Watch .....	267-5170
Palmdale Chamber of Commerce .....	273-3232
Palmdale City Library.....	267-5600
Palmdale Film, Convention & Visitors Bureau.....	267-5125
Palmdale Geographic Information Systems (GIS) .....	267-5353
Palmdale Playhouse.....	267-5684
Palmdale Pride Line (94-PRIDE) .....	947-7433
Palmdale Sheriff's Station.....	272-2400
Palmdale Transportation Center.....	267-5977
Parking Enforcement.....	267-5436
Parks & Recreation .....	267-5611
Partners Against Crime (PAC) .....	267-5172
Planning.....	267-5200
Pocitlán Square.....	267-5656
Public Safety & Community Relations.....	267-5181
Public Works .....	267-5353
Purchasing.....	267-5444
Sewer Maintenance .....	267-5272
Sheriff (Emergency 911) .....	272-2400
Shopping Cart Retrieval (94-PRIDE) .....	947-7433
South Antelope Valley Emergency Services (SAVES).....	267-5191
South Valley WorkSource Center .....	265-7421
Street Cleaning.....	267-5338
Traffic Signals (94-PRIDE) .....	947-7433
Traffic/Transportation .....	267-5353
Trash Service.....	947-7197
Used Oil Recycling .....	800/449-7587

### Organizations

American Indian Little League .....	972-2234
American Red Cross .....	267-0650

A.V. Athletic Club.....	951-8553
A.V. Track Club .....	209-6525
Aces & Deuces Square Dance Club.....	944-5518
Adorable Baby's Jump Start.....	272-9416
Antelope Adult Futbol League.....	406-0869
Antelope Valley Sea Cadets.....	266-2165
Antelope Valley Special Olympics.....	945-6210
AYSO - Palmdale.....	626/568-4779
AYSO - Quartz Hill .....	943-7008
Boy Scouts of America.....	942-0582
Coach Leonard's Tennis Instruction... ..	818/800-7802
Canyon Aquatics .....	362-3210
Frog Aquatics .....	406-3849
Girl Scouts.....	723-1230
Highland Youth Football .....	305-7472
International Moms Club .....	877/257-0956
Lions Club.....	947-7909
Palmdale Boys & Girls Club.....	274-2582
Palmdale Bullets Track Club .....	317-4575
Palmdale Little League .....	285-2166
Palmdale Pony Youth Baseball, Inc. ....	947-7676
Palmdale Youth Soccer League .....	533-2255
Palmdale Universal Futbol-Soccer & Lightning Soccer Club .....	998-3428
Palmdale Youth Football.....	450-8793
Pete Knight Hawks Youth Tackle Football & Cheerleading.....	250-4321
SoCal Supersonic Youth Track Club....	323-309-4601
Youngblood Wrestling Club .....	547-3403
Youth Have Vision, Inc. ....	947-9705

**Palmdale youth and adult non-profit organizations may request to be listed by calling 267-5611.**



## RECYCLE USED OIL

*It's good  
for everyone!*

- To find the nearest Certified Collection Center, please call **888/CLEANLA** or visit **www.cleanla.com**
- For Free collection from your home (1 per year), please visit **www.cleanla.com** or **www.AtYourDoor@WM.com** or call **800/HHW-PKUP**
- Take your used oil to **AVECC**, 1200 West City Ranch Road. Hours: 9 AM-3PM, first & third Saturday of every month.



# parks/facilities map



**1. Parks & Recreation Office**

38260 10th Street East  
267-5611 • Fax 267-5636

**Palmdale Playhouse**  
38334 10th Street East • 267-5684

**2. Melville J. Courson Park**

38226 10th Street East • 267-5611  
Pool • 267-5688

**3. Legacy Commons**

930 East Avenue Q-9 • 267-5904

**4. Chimbole Cultural Center**

38350 Sierra Highway • 267-5656

**Palmdale City Library**  
700 East Palmdale Blvd. • 267-5600

**5. Poncitlán Square**

38315 9th Street East • 267-5656

**6. Barrel Springs Trail & Equestrian Arena**

1300 Barrel Springs Road • 267-5611

**7. Pelona Vista Park**

37800 Tierra Subida Avenue • 267-5611

**8. Manzanita Heights Park**

431 Mesa Verde Street • 267-5655

**9. Joshua Ranch Trail - Closed**

**10. Marie Kerr Park**

39700 30th Street West • 267-5611

**Marie Kerr Park Pool**  
2723 Rancho Vista Blvd. • 267-6145

**Marie Kerr Park Recreation Center**

**Palmdale Amphitheater**

**Best of the West Softball Complex**  
2723 Rancho Vista Blvd. • 267-5611

**11. Arnie Quinones Park**

41003 50th Street West • 267-5611

**12. Desert Sands Park**

39117 3rd Street East • 267-5611

**13. Hammack Activity Center/  
Roller Hockey Rinks**

815 East Avenue Q-6 • 267-5611

**14. Joe Davies Heritage Airpark  
at Palmdale Plant 42**

2001 East Avenue P • 267-5300

**15. William J. McAdam Park**

38115 30th Street East • 267-5611  
Pool • 267-5654

**16. Domenic Massari Park**

37716 55th Street East • 267-5611

**17. Palmdale Oasis Park  
and Recreation Center**

3850 East Avenue S • 267-6150

**Palmdale Oasis Pool** • 267-6157

**DryTown Water Park**

3850 East Avenue S • 267-6161

**18. Joshua Hills Park**

Fairfield & Via del Rio • 267-5611

**19. Anaverde Park**

2820 Greenbrier Street • 267-5611

**20. Foothill Park**

2525 The Groves • 267-5611

**21. South Valley Work Source Center**

38510 Sierra Highway • 265-7421

**22. South Antelope Valley  
Emergency Services (SAVES)**

1002 East Avenue Q-12 • 267-5191



**MORRIS DAY**  
& THE TIME | JULY 6



**CLAY WALKER**  
JULY 13



**BLUE OYSTER CULT**  
JULY 20



**BLOOD, SWEAT  
& TEARS** | JULY 27

TICKETS ON SALE APRIL 15 AT [WWW.CITYOFPALMDALE.ORG/AMP](http://WWW.CITYOFPALMDALE.ORG/AMP)



WE GRATEFULLY ACKNOWLEDGE THE GENEROUS SUPPORT OF OUR SPONSORS:



Valleywide Dental  
Dr. Robert Haze & Associates  
Creating Beautiful Smiles





CITY OF PALMDALE  
38300 Sierra Highway  
Palmdale, CA 93550-4798

PRST STD  
U.S. Postage  
PAID  
Palmdale, CA  
Permit No. 99

Residential Customer



# AUTO GROUP

PALMDALE AUTO MALL



BUICK



WE ARE PROFESSIONAL GRADE



Cadillac



KIA



HYUNDAI



MITSUBISHI  
MOTORS



VOTED  
ANTELOPE VALLEY'S  
BEST DEALERSHIP



3 YEARS RUNNING  
SERVICE & PARTS

• WE SERVICE ALL GM MODELS

CERTIFIED  
PRE-OWNED Genuine GM | Parts  
CHEVROLET BUICK GMC



**RALLY**  
BUICK / GMC / CADILLAC  
39012 CARRIAGE WAY  
PALMDALE AUTOMALL



**RALLY**  
KIA  
438 AUTO VISTA DRIVE  
PALMDALE AUTOMALL



**RALLY**  
HYUNDAI  
38958 CARRIAGE WAY  
PALMDALE AUTOMALL

RALLY HOTLINE (661) 947-6000 • www.4Rally.com