



Fall
registration begins
August 22
@ 7:30 am

PALMDALE RECREATION & CULTURE

38260 10th Street East
661/267-5611 · 661/267-5636 fax
Monday-Thursday, 7:30 am-6 pm
Please arrive at least 15 minutes prior to closing

Registration information

Register online anytime, or in-person during business hours at the recreation and culture office. Programs are filled on a first-come, first-served basis. Registration information is subject to change without notice.

Online registration

Visit www.cityofpalmdale.org/playpalmdale to register online.

- All customers must create a new account effective April 15, 2015. You may visit www.cityofpalmdale.org/playpalmdale to create a new account.

Resident/non-resident

Resident and non-resident fees are in place to benefit Palmdale residents. Those living outside Palmdale city limits pay the full fee for some classes.

Sibling discount

Now available online!

A sibling discount is offered for select programs when two or more children in your immediate family are registered in the same program.

Payment options

We accept cash, check, Visa, Discover and MasterCard.

Notice

Registration or participation in City of Palmdale programs and events constitutes authorization to use program/participant photographs for City marketing purposes. The City of Palmdale reserves the right to prohibit any individual from participating.

For additional information regarding department policies, including proof of age requirements, withdrawals/refunds, materials fees and required waiver, visit www.cityofpalmdale.org/Residents/Recreation-and-Culture/Faq

Scholarships



A limited number of partial scholarships will be available. An application is required. Visit www.cityofpalmdale.org/PlayPalmdale for application information links.

Any resident of the City of Palmdale is eligible to apply for a scholarship for a child (17 years of age and under) in their immediate family. Partial scholarships are awarded to children based on family size and income level.



activities guide



what's inside

- 24 Sports
- 28 Aquatics
- 30 Mind and Body
 - Health
 - Fitness
- 34 Arts & Entertainment
 - Dance
 - Theater
 - Art
 - Music
- 42 Education & Technology
 - Tiny Tots
- 44 Hobbies & Interest
- 46 After-School Fun Center Programs

In every issue

- 47 Legacy Commons for Active Seniors
- 49 Directory of Organizations
- 50 Parks/Facilities Map

Class Location Key

AVP	Anaverde Park	DT	DryTown Water Park	POP	Palmdale Oasis Park/Pool
AQP	Arnie Quinones Park	HAC	Hammack Activity Center	POPC	Palmdale Oasis Park Center
BVL	Brunswick Vista Lanes	JHP	Joshua Hills Park	PPH	Palmdale Playhouse
BWSC	Best of the West Softball Complex	LC	Legacy Commons	PRO	Recreation and Culture Office
CCC	Chimbole Cultural Center	LS	Local Schools	PTC	Palmdale Transportation Center
CPB	Courson Pool Building	MZP	Manzanita Park	PVP	Pelona Vista Park
CP	Courson Park/Pool	MKP	Marie Kerr Park/Pool		
DSP	Desert Sands Park	MKPRC	Marie Kerr Park Recreation Center		
DMP	Domenic Massari Park	MP	McAdam Park/Pool		

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- Search the **'What Goes Where?'** database for detailed recycle instructions specific to Palmdale

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sports

Adult

Basketball Adult

Register October 17-December 1

Teams play one classification game prior to start of league and a 10-game schedule at local gyms. Teams pay \$25 per game for official. Register early, limited registration per division.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7376	16+	Jan 9-Mar 27	M	7-10 pm	POPC/MKPRC/LS	\$440
7377	16+	Jan 11-Mar 29	W	7-10 pm	POPC/MKPRC/LS	\$440

Basketball Adult 35+

Register October 17-December 1

Teams play one classification game prior to start of league and a 10-game schedule at local gyms. Teams pay \$25 per game for official. Register early, limited registration per division.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7375	35+	Jan 8-Mar 19	S	1-4 pm	POPC/MKPRC	\$440

Tennis Beginner

Students will learn basic strokes, rules of tennis, scoring, and beginning tennis games.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7219	18+	Oct 8-Nov 26	Sa	1:30-2:30 pm	MKP	\$100R/\$125NR

Youth

Basketball Hoopsters

This skills class is designed to teach youngsters fundamentals of basketball and good sportsmanship. Students learn to dribble, pass, shoot and more!
Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7407	4-5	Sep 12-Oct 31	M	4-4:45 pm	POPC	\$32R/\$40NR
7408	6-7	Sep 12-Oct 31	M	5-5:45 pm	POPC	\$32R/\$40NR
7409	4-5	Nov 7-Dec 19	M	4-4:45 pm	POPC	\$32R/\$40NR
7410	6-7	Nov 7-Dec 19	M	5-5:45 pm	POPC	\$32R/\$40NR

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🏀 Youth Basketball

Register October 3-November 23

Coed youth basketball league includes jersey, picture package and trophy. Practices are held during the week between 4-9 pm; coach determines practice day and time. Games are held Saturdays 9 am-5 pm. Proof of age required at registration. Register early, limited registration per division.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7374	5-6	Jan 28-Mar 18	Sa	9 am-3 pm	HAC	\$65R/\$76NR
7370	7-8	Jan 28-Mar 18	Sa	9 am-3 pm	POPC/HAC	\$65R/\$76NR
7371	7-8	Jan 28-Mar 18	Sa	9 am-3 pm	MKPRC/HAC	\$65R/\$76NR
7372	9-10	Jan 28-Mar 18	Sa	9 am-3 pm	POPC/HAC	\$65R/\$76NR
7373	9-10	Jan 28-Mar 18	Sa	9 am-3 pm	MKPRC/HAC	\$65R/\$76NR
7366	11-12	Jan 28-Mar 18	Sa	9 am-3 pm	POPC/HAC	\$65R/\$76NR
7378	11-12	Jan 28-Mar 18	Sa	9 am-3 pm	MKPRC/HAC	\$65R/\$76NR
7368	13-14	Jan 28-Mar 18	Sa	9 am-3 pm	POPC/HAC	\$65R/\$76NR
7369	13-14	Jan 28-Mar 18	Sa	9 am-3 pm	MKPRC/HAC	\$65R/\$76NR

🥋 Guerra Fencing

Students will learn the sport of fencing, its history and rules. Develop concentration, flexibility, balance, speed and self-esteem while learning one of the most complete sports of all time. Instructor: Jose Guerra

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7222	7-12	Sep 7-Sep 28	W	6:30-7:30 pm	MKPRC	\$70R/\$88NR
7223	13+	Sep 7-Sep 28	W	7:30-8:30 pm	MKPRC	\$70R/\$88NR
7224	7-12	Oct 5-Oct 26	W	6:30-7:30 pm	MKPRC	\$70R/\$88NR
7225	13+	Oct 5-Oct 26	W	7:30-8:30 pm	MKPRC	\$70R/\$88NR
7226	7-12	Nov 2-Nov 23	W	6:30-7:30 pm	MKPRC	\$70R/\$88NR
7227	13+	Nov 2-Nov 23	W	7:30-8:30 pm	MKPRC	\$70R/\$88NR
7228	7-12	Dec 7-Dec 14	W	6:30-7:30 pm	MKPRC	\$37R/\$47NR
7229	13+	Dec 7-Dec 14	W	7:30-8:30 pm	MKPRC	\$37R/\$47NR

🎾 Tennis Beginner

Students will learn basic strokes, rules of tennis, scoring and beginning tennis game. Instructor: Leonard Johnson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7217	7-11	Oct 8-Nov 26	Sa	11 am-12 pm	MKP	\$100R/\$125NR
7218	11-17	Oct 8-Nov 26	Sa	12 pm-1 pm	MKP	\$100R/\$125NR

🎾 Junior Tournament Tennis

Not for Beginners. Student must be able to serve, hit forehands and backhands, volley, play and score a game of tennis. Instructor will determine if students meet these requirements on the first day of class. Students will learn ball control, point construction, court positioning, strategy, mental focus/toughness, and sportsmanship. Instructor: Leonard Johnson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7216	12-17	Oct 8-Nov 26	Sa	2:30-4 pm	MKP	\$120R/\$150NR

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sports

Pee Wee Soccer

A fun, non-competitive introduction to this popular sport. Students learn to kick, dribble and pass. Fundamental skills and good sportsmanship are emphasized. Class is in gymnasium and cleats are not allowed. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7419	4-5	Sep 6-Oct 25	T	4-4:45 pm	POPC	\$32R/\$40NR
7420	4-5	Sep 6-Oct 25	T	4-4:45 pm	MKPRC	\$32R/\$40NR
7421	6-7	Sep 6-Oct 25	T	5-5:45 pm	POPC	\$32R/\$40NR
7422	6-7	Sep 6-Oct 25	T	5-5:45 pm	MKPRC	\$32R/\$40NR
7423	4-5	Nov 1-Dec 20	T	4-4:45 pm	MKPRC	\$32R/\$40NR
7425	4-5	Nov 1-Dec 20	T	4-4:45 pm	POPC	\$32R/\$40NR
7424	6-7	Nov 1-Dec 20	T	5-5:45 pm	MKPRC	\$32R/\$40NR
7426	6-7	Nov 1-Dec 20	T	5-5:45 pm	POPC	\$32R/\$40NR

Kidz Love Soccer – Mommy/Daddy & Me Soccer

Here is your chance to join in as we introduce your toddler to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week, adult participation is required. Instructor: Kidz Love Soccer

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7356	2-3½	Sep 26-Oct 24	M	5:45-6:15 pm	DSP	\$58R/\$73NR

Kidz Love Soccer – Tot Soccer

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Shin guards are required after the first meeting. Instructor: Kidz Love Soccer

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7357	3½-4	Sep 26-Oct 24	M	5:05-5:35 pm	DSP	\$58R/\$73NR

Kidz Love Soccer – Pre-Soccer

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting. Instructor: Kidz Love Soccer

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7358	4-5	Sep 26-Oct 24	M	4:30-5:05 pm	DSP	\$58R/\$73NR

Kidz Love Soccer – Soccer 1

Players will learn dribbling, passing, receiving, shooting, and defense. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting. Instructor: Kidz Love Soccer

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7359	5-6	Sep 26-Oct 24	M	3:45-4:30 pm	DSP	\$58R/\$73NR



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Young Champions Youth Soccer

Students learn the essential skills & strategy to play “winning” soccer! Master your skills to become a top player! Beginner, intermediate, and advanced instruction provided. Learn dribbling, passing, trapping, shooting, defending, and scoring! Games will be played beginning week #4. Instructor: Young Champions

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7282	4-6	Sep 17-Jan 14	Sa	9:30-10:10 am	DSP	\$113R/\$142NR
7283	7-9	Sep 17-Jan 14	Sa	10:20-11 am	DSP	\$113R/\$142NR
7284	10-15	Sep 17-Jan 14	Sa	11:10-11:50 am	DSP	\$113R/\$142NR

T-Ball Allstars

Students learn to bat, catch, field and run bases. Fundamental skills and good sportsmanship are emphasized. Class is in gym and cleats are not allowed. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7414	4-5	Sep 7-Oct 26	W	4-4:45 pm	POPC	\$32R/\$40NR
7412	4-5	Sep 7-Oct 26	W	4-4:45 pm	MKPRC	\$32R/\$40NR
7411	6-7	Sep 7-Oct 26	W	5-5:45 pm	POPC	\$32R/\$40NR
7413	6-7	Sep 7-Oct 26	W	5-5:45 pm	MKPRC	\$32R/\$40NR
7416	4-5	Nov 2-Dec 21	W	4-4:45 pm	POPC	\$32R/\$40NR
7417	4-5	Nov 2-Dec 21	W	4-4:45 pm	MKPRC	\$32R/\$40NR
7415	6-7	Nov 2-Dec 21	W	5-5:45 pm	POPC	\$32R/\$40NR
7418	6-7	Nov 2-Dec 21	W	5-5:45 pm	MKPRC	\$32R/\$40NR

Young Champions Self Defense & Safety Awareness – Orange & Above

This program combines self-defense instruction in a fun, structured environment. Students learn and practice verbal and physical skills for self-defense against bullies and strangers. Course content includes breakaways, close contact techniques, communication skills and confident posture. Weekly safety awareness information addresses the lures strangers use to attract and abduct children and teens. Students progress in rank and earn their belts. \$30 uniform fee. Young Champions program contact 714/259-1400. Instructor: Young Champions

COURSE	AGE	LEVEL	DATE	DAY	TIME	LOC	FEE
7273	4-18	New	Sep 12-Jan 9	M	4:30-5:10 pm	POPC	\$106R/\$133NR
7279	4-18	Yellow	Sep 12-Jan 9	M	5:15-5:55 pm	POPC	\$106R/\$133NR
7277	4-18	Orange+	Sep 12-Jan 9	M	6-6:40 pm	POPC	\$106R/\$133NR
7274	4-18	New	Sep 13-Jan 10	T	6-6:40 pm	MKPRC	\$120R/\$150NR
7281	4-18	Yellow	Sep 13-Jan 10	T	6:45-7:25 pm	MKPRC	\$120R/\$150NR
7278	4-18	Orange+	Sep 13-Jan 10	T	7:30-8:10 pm	MKPRC	\$120R/\$150NR
7275	4-18	New	Sep 17-Jan 14	Sa	9:45-10:25 am	MKPRC	\$113R/\$142NR
7280	4-18	Yellow	Sep 17-Jan 14	Sa	10:30-11:10 am	MKPRC	\$113R/\$142NR
7276	4-18	Orange/Purple	Sep 17-Jan 14	Sa	11:15-11:55 am	MKPRC	\$113R/\$142NR
7272	4-18	Green+	Sep 17-Jan 14	Sa	12-12:40 pm	MKPRC	\$113R/\$142NR

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aquatics



Lifeguard Academy

Lifeguard Academy participants successfully completing requirements will receive American Red Cross certification and are guaranteed an interview with the City of Palmdale for a lifeguard position. A completed employment application and pre-screening test are required during recruitment. Course fee includes textbooks and supplies. A pocket mask must be purchased by the participant and an additional \$35 certification fee is due the first day of the class. Participants must be able to swim 300 yards continuously prior to the first day. Participant meeting will take place Wednesday, September 14, at 6 pm at Marie Kerr Pool. All lifeguard candidates who wish to apply for a job must be 17 years of age by May 1, 2017. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7401	15+	Sep 16-Oct 1	F	5-9 pm	MKP	\$80R/\$96NR
			Sa, Su	9 am - 4 pm		

Private Swim Lessons

Certified instructors provide one-on-one teaching with you or your child geared toward specific swimming goals and the individual's ability level and age.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7402	All	Aug 30-Sep 8	T, Th	3:30-4 pm	POP	\$70R/\$84NR
7403	All	Aug 30-Sep 8	T, Th	4:15-4:45 pm	POP	\$70R/\$84NR
7404	All	Aug 30-Sep 8	T, Th	3:30-4 pm	MKP	\$70R/\$84NR
7405	All	Aug 30-Sep 8	T, Th	4:15-4:45 pm	MKP	\$70R/\$84NR

PADI Open Water Diver

The PADI Open Water Diver Course teaches you the basics of scuba diving and how to stay safe through knowledge development and practical training. The course consists of three parts: knowledge development to understand the principles, confined water dives to learn basic scuba skills, and open water dives using those skills to explore the underwater world.

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7441	10+	Sep 7-Sep 23	W, F	6-9:15 pm	MKPRC	\$159R/\$199NR
7442	10+	Oct 8-Oct 16	S, Sa	10 am-6:15 pm	MKPRC	\$159R/\$199NR
7443	10+	Nov 2-Nov 18	W, F	6-9:15 pm	MKPRC	\$159R/\$199NR
7444	10+	Dec 3-Dec 11	S, Sa	10 am-6:15 pm	MKPRC	\$159R/\$199NR



Aqua Pass Required

A prepaid Aqua Pass, available at the recreation and culture office, is required for courses with this symbol. Aqua Pass users must be at least 14 years old.

Adult Lap Swim

This low impact, full body workout will help you reach your fitness goals. Times and location are subject to change.

AGE	DATE	DAY	TIME	LOC	FEE
14+	Aug 29-Dec 9	M, Tu, Th	6:30-8:30 pm	MKP	Aqua Pass
14+	Aug 29-Dec 9	M, W, Th	6:30-8:30 pm	POP	Aqua Pass
14+	Aug 29-Dec 9	M-F	12-2 pm	POP/MKP	Aqua Pass

Senior Citizen Lap Swim

Seniors, grab your suit and towel and head to the pool for a refreshing, therapeutic swim. Instructor: Staff

AGE	DATE	DAY	TIME	LOC	FEE
55+	Aug 29-Oct 31	M-F	11 am-12 pm	POP/MKP	Aqua Pass

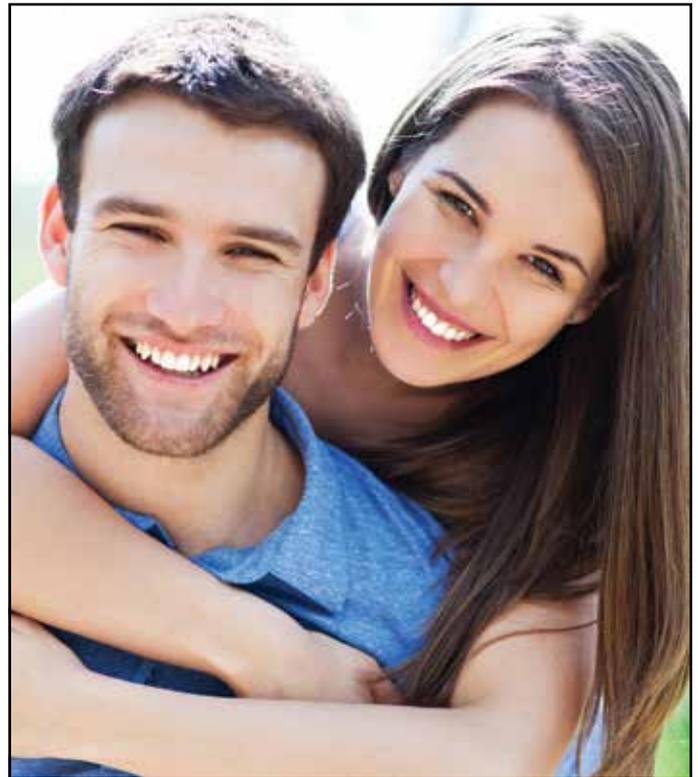


Aqua passes are available as a 10-pack or 20-pack of swims and are renewable in the same quantities. First time purchases must be made at the recreation and culture office.

Renewals can be made online at www.cityofpalmdale.org/PlayPalmdale

10-Pack..... \$40R/\$50NR
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55+
 10-Pack..... \$20R/\$25NR
 20-Pack..... \$40R/\$50NR



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mind & body

Early Childhood

Move and Groove Tots

Enjoy music and movement with your toddler. Staff provide organized games and activities that emphasize balance, coordination, motor skills and self-expression. Toddlers are encouraged to explore, create and play together! Parent participation required. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7434	2-4	Sep 7-Sep 28	W	10-10:45 am	POPC	\$21R/\$26NR
7435	2-4	Sep 8-Sep 29	Th	10-10:45 am	MKPRC	\$21R/\$26NR
7436	2-4	Oct 5-Oct 26	W	10-10:45 am	POPC	\$21R/\$26NR
7437	2-4	Oct 6-Oct 27	Th	10-10:45 am	MKPRC	\$21R/\$26NR
7438	2-4	Nov 2-Nov 23	W	10-10:45 am	POPC	\$21R/\$26NR
7439	2-4	Nov 3-Nov 17	Th	10-10:45 am	MKPRC	\$21R/\$26NR

Tiny Masterpieces

Spark your toddler's creativity with art projects designed for tiny fingers. Create masterpieces in this class. Children should wear old clothing. Parent participation is required. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7433	2-4	Sep 9-Sep 30	F	10-10:45 am	POPC	\$21R/\$26NR
7431	2-4	Oct 7-Oct 28	F	10-10:45 am	POPC	\$21R/\$26NR
7432	2-4	Nov 4-Nov 18	F	10-10:45 am	POPC	\$21R/\$26NR

Adult

Jazzercise

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Each class combines dance-based cardio with strength training and stretching to sculpt, tone and lengthen muscles. Choreographed to today's hottest music, Jazzercise is a fusion of jazz dance, resistance training, pilates, yoga and kick-boxing. Start dancing yourself fit and change the shape of your body! Please bring a mat and hand weights to class.

Instructor: Joanne Harris

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7230	14+	Sep 1-Sep 29	M, Tu, Th	6:15-7:15 pm	MKPRC	\$34R/\$43NR
7231	14+	Oct 3-Oct 31	M, Tu, Th	6:15-7:15 pm	MKPRC	\$34R/\$43NR
7232	14+	Nov 1-Nov 29	M, Tu, Th	6:15-7:15 pm	MKPRC	\$34R/\$43NR
7233	14+	Dec 1-Dec 15	M, Tu, Th	6:15-7:15 pm	MKPRC	\$24R/\$30NR





Michael Thompson's Ultimate Bootcamp

A unique, sport-inspired training program designed to take you to a new level of fitness and athleticism! This boot camp gives you the best of both worlds using cardio along with weights to obtain optimal muscle strength and endurance for each one of the participants. This boot camp is never boring. Instructor has his own unique style of teaching that motivates you to do your best!

Instructor: Michael Thompson

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7248	16+	Sep 1-Sep 29	T, Th	7:30-8:30 pm	MKPRC	\$40R/\$50NR
7249	16+	Sep 7-Sep 28	W	7:30-8:30 pm	POPC	\$20R/\$25NR
7250	16+	Oct 4-Oct 27	T, Th	7:30-8:30 pm	MKPRC	\$40R/\$50NR
7252	16+	Oct 5-Oct 26	W	7:30-8:30 pm	POPC	\$20R/\$25NR
7251	16+	Nov 1-Nov 29	T, Th	7:30-8:30 pm	MKPRC	\$40R/\$50NR
7253	16+	Nov 2-Nov 30	W	7:30-8:30 pm	POPC	\$20R/\$25NR
7255	16+	Dec 1-Dec 22	T, Th	7:30-8:30 pm	MKPRC	\$40R/\$50NR
7254	16+	Dec 7-Dec 21	W	7:30-8:30 pm	POPC	\$20R/\$25NR

Yoga

All levels of yoga practitioners are welcome in this mixed-level yoga class. Yoga is a great way to enhance your health through poses and observance of breath. Build a solid foundation in the poses or work on refining as you develop strength, flexibility, stamina, and ease in the body and breath in order to quiet the mind. Please bring a yoga mat, water and wear comfortable clothes that are easy to move in. Instructor: Sarah Ibis

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7234	16+	Sep 6-Sep 27	T	6:30-7:45 pm	MKPRC	\$35R/\$44NR
7235	16+	Oct 4-Oct 25	T	6:30-7:45 pm	MKPRC	\$35R/\$44NR
7236	16+	Nov 1-Nov 22	T	6:30-7:45 pm	MKPRC	\$35R/\$44NR
7237	16+	Nov 29-Dec 20	T	6:30-7:45 pm	MKPRC	\$35R/\$44NR

Zumba Fitness

Zumba is an exhilarating Latin-inspired calorie burning dance fitness party. The class will provide an hour of fun movin' and shakin' and getting your sweat on! A great way for men and women to get fit and make new friends. Bring a towel and water bottle. Instructor: Lydia Maine

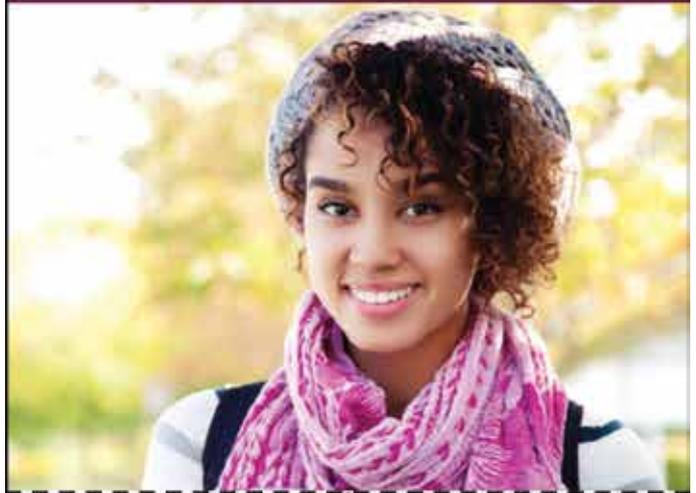
COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7360	14+	Sep 1-Sep 29	T, Th	6:30-7:30 pm	POPC	\$40R/\$50NR
7361	14+	Oct 4-Oct 27	T, Th	6:30-7:30 pm	POPC	\$40R/\$50NR
7362	14+	Nov 1-Nov 29	T, Th	6:30-7:30 pm	POPC	\$40R/\$50NR
7363	14+	Dec 1-Dec 22	T, Th	6:30-7:30 pm	POPC	\$40R/\$50NR

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Blood Pressure Testing

Monitor your blood pressure; testing is offered weekly.
Volunteer: Jeanie Nizlak

AGE	DAY	TIME	LOC	FEE
55+	Th	9-11 am	LC	Free

Dance Fitness with BB

Increase muscle strength, joint flexibility, and balance through easy dance-steps, aerobics, and low impact, safe cardio using oldies and international music. Beginners to advanced women and men. Bring hand weights and bottled water. Certified Fitness Instructor.

AGE	DAY	TIME	LOC	FEE
55+	W	8:15-9:15 am	LC	Free

Diabetes Self-Management

Learn how to minimize diabetes complications through self-care management.

Volunteer: Naomi Tanikawa, R.N., M.S.

AGE	DAY	TIME	LOC	FEE
55+	4th W	9:15-10:15 am	LC	Free

Fit, Lean & Fun!

A fun, energetic and lively workout that combines chair and standing exercises. Light cardio with swing, jazz and '60s music will keep you motivated during this upbeat class. Volunteer: Annamarie Dyemartin

AGE	DAY	TIME	LOC	FEE
55+	M, F	8:15-9:15 am	LC	Free

Hatha Yoga

Learn poses (asanas) to tone, build stamina, and invigorate the body. Benefits can extend to emotional and mental well-being. Volunteer: Ingrid VanDerHope

AGE	DAY	TIME	LOC	FEE
55+	M	12-1 pm	LC	Free
	M	1-2 pm		
	Th	9-10:15 am		
	Th	10:10-11:15 am		

Hearing Aid Service

Beltone provides free hearing aid cleaning and service. Please call the day you plan to come to verify service.

AGE	DAY	TIME	LOC	FEE
55+	2nd Tu	10-11:30 am	LC	Free



My Yoga

Ashtanga incorporates controlled breathing with poses for flexibility and strength. Some yoga experience is recommended. Volunteer: Patricia Young

AGE	DAY	TIME	LOC	FEE
55+	T, Th	8-9:30 am	LC	Free

Rio Rhythms

Come join us for this upbeat, high energy workout to Carnivale style music. Volunteer: Ruth Knight

AGE	DAY	TIME	LOC	FEE
55+	M, W	9:30-10:15 am	LC	Free

Skincare

Have you ever wondered if the skincare products or makeup you use is right for your skin type? Once a month you can meet with a former beauty consultant to discuss your questions or concerns. Volunteer: Juanita McWilliams

AGE	DAY	TIME	LOC	FEE
55+	3rd M	12-1 pm	LC	Free

Yoga Made Easy

Stretch and tone, learn breathing techniques, and enjoy the benefits of restorative meditation.

Volunteer: Marcia Johnson

AGE	DAY	TIME	LOC	FEE
55+	M, T, W	10:30-11:30 am	LC	Free

YWCA Intervale Service Meals for Seniors

Nutritious lunches are served by YWCA Intervale Services. Please call 267-5904 for more information prior to your first visit.

AGE	DAY	TIME	LOC	FEE
60+	M-F	11 am-12 pm	LC	\$3 Suggested Donation



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Early Childhood

Discovering Dance

Your child will be introduced to the wonderful world of dance in this combination tap and ballet class. Students will learn basic tap and ballet through age-appropriate music and instruction. Tap and ballet shoes are required. Dance Evolutions. Instructor: Keri Sullivan

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7256	2-3	Sep 6-Sep 27	T	9-9:30 am	PPH	\$30R/\$38NR
7257	4-5	Sep 6-Sep 27	T	9:30-10 am	PPH	\$30R/\$38NR
7259	2-3	Oct 4-Oct 25	T	9-9:30 am	PPH	\$30R/\$38NR
7258	4-5	Oct 4-Oct 25	T	9:30-10 am	PPH	\$30R/\$38NR
7261	2-3	Nov 1-Nov 29	T	9-9:30am	PPH	\$30R/\$38NR
7262	4-5	Nov 1-Nov 29	T	9:30-10 am	PPH	\$30R/\$38NR
7260	2-3	Dec 6-Dec 20	T	9-9:30am	PPH	\$30R/\$38NR
7263	4-5	Dec 6-Dec 20	T	9:30-10 am	PPH	\$30R/\$38NR

Fun Foodie Creations

Experiment and create crafts with various types of food. Some projects might be good enough to eat! It is recommended children wear old clothing. Parent participation is required. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7428	2-4	Sep 9-Sep 30	F	11-11:45 am	POPC	\$25R/\$30NR
7429	2-4	Oct 7-Oct 28	F	11-11:45 am	POPC	\$25R/\$30NR
7430	2-4	Nov 4-Nov 18	F	11-11:45 am	POPC	\$25R/\$30NR

Family

Beginner's Drawing

Drawing is a personal expression that takes self development through practice. This class is a foundation for painting that will teach you what dark, light, and tone really mean. The mediums include pencil, charcoal, and soft pastels. This program will establish where your imagination can take you. Material fee \$25.

Instructor: Juanita McWilliams

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7238	10+	Sep 10-Oct 29	Sa	12-1 pm	POPC	\$30R/\$38NR
7239	10+	Nov 5-Dec 17	Sa	12-1 pm	POPC	\$30R/\$38NR



Fall registration begins August 22 @ 7:30 am unless noted

Beginner's Painting

Have you always dreamed of painting? This class will teach you to see as an artist, primary/secondary colors and how to mix them. The mediums you will use include acrylic and soft pastels. Material fee \$30.

Instructor: Juanita McWilliams

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7241	10+	Sep 10-Oct 29	Sa	10 am-12 pm	POPC	\$40R/\$50NR
7242	10+	Nov 5-Dec 17	Sa	10 am-12 pm	POPC	\$40R/\$50NR

Beginning Guitar for Absolute Beginners

This is a great way to get started playing the most popular instrument of today. Absolutely no previous experience required! During this course you will learn basic guitar chords and principles of rhythm to get you started on your way to playing some of your favorite songs! Personal mentoring during the class time will help you maximize your growth on the guitar, therefore this course may be repeated as often as desired. Must have acoustic or electric guitar and small amp. Instructor: Vic Grady

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7245	8+	Sep 6-Sep 27	T	3:30-4:30 pm	PPH	\$80R/\$100NR
7246	8+	Oct 4-Oct 25	T	3:30-4:30 pm	PPH	\$80R/\$100NR
7247	8+	Nov 1-Nov 29	T	3:30-4:30 pm	PPH	\$80R/\$100NR

Palmdale Junior Ballet Beginning Ballet I/II

For students with little or no experience in classical ballet. Students begin their formal training at this level and move to the next level as they demonstrate competency in elementary ballet skills. Creative movement, stage etiquette and performance skills are included in class work. Dance recital: Dec. 4. Instructor: Heather Benes

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7305	6-9	Sep 12-Dec 12	M	4-5 pm	PPH	\$80R/\$100NR
7299	9-12	Sep 13-Dec 13	T	4-5 pm	PPH	\$80R/\$100NR
7300	6-9	Sep 15-Dec 15	Th	4-5 pm	PPH	\$80R/\$100NR

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Palmdale Junior Ballet Basic Ballet I/II

These classes assume correct execution of elementary ballet skills. Students add to their movement vocabulary, while increasing their ability to execute more complex dance phrases with speed, proper technique and stage presence. Students are encouraged to take more than one hour/week to facilitate their progress. Dance recital Dec. 4. Instructor: Heather Benes

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7304	9+	Sep 12-Dec 12	M	5:15-6:30 pm	PPH	\$100R/\$125NR
7297	9+	Sep 13-Dec 13	T	5:15-6:30 pm	PPH	\$100R/\$125NR
7298	9+	Sep 15-Dec 15	Th	5:15-6:30 pm	PPH	\$100R/\$125NR

Palmdale Junior Ballet Intermediate/Advanced Ballet Plus

These classes are quite difficult and performance-oriented, require a well-developed technique and knowledge of classical ballet vocabulary. They are designed for students who have completed many years of training and who study ballet several hours per week. In these classes, the student increases his/her ability to execute dance phrases with speed, precision and artistry. Dance recital Dec. 4. Instructor: Heather Benes

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7302	12+	Sep 13-Dec 13	T	6:45-8:30 pm	PPH	\$125R/\$157NR
7306	12+	Sep 12-Dec 12	M	6:45-8:30 pm	PPH	\$125R/\$157NR
7301	12+	Sep 15-Dec 15	Th	6:45-8:30 pm	PPH	\$125R/\$157NR

Palmdale Junior Ballet The Nutcracker Story

Choreography and rehearsal for Palmdale Junior Ballet production of *The Nutcracker Story*. Students must audition on Saturday, Sept. 24, from 10 am-1 pm or by appointment for placement. Roles are available for actors, dancers and gymnasts. Previous stage experience and/or dance training is preferred, but beginning performers, age 6 through adult, are welcome. Performance date: December 4. Instructor: Heather Benes

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7303	6+	Sep 24-Dec 3	Sa	10 am-1 pm	PPH	\$100

Melanie's Dance Ballet

These classes will encourage students to love to dance because dance is the hidden language of the soul. Instructor: Melineh Alahverdian

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7307	8-9	Sep 8-Oct 27	Th	4:30-5:30 pm	POPC	\$65R/\$82NR
7308	10-17	Sep 8-Oct 27	Th	5:30-6:30 pm	POPC	\$65R/\$82NR
7317	8-9	Nov 3-Dec 22	Th	4:30-5:30 pm	POPC	\$65R/\$82NR
7318	10-17	Nov 3-Dec 22	Th	5:30-6:30 pm	POPC	\$65R/\$82NR

Children's Tap and Ballet

This class introduces young dancers to the wonderful world of tap and ballet. This is a fun and positive way to learn basic technique and rhythm, creative movement, and boost self-confidence. Instructor handles optional costume purchase for performances. Tap and ballet shoes are required. Instructor: Caravan Dance Studio

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7264	3-4	Sep 6-Sep 27	T	4-4:45 pm	MKPRC	\$35R/\$44NR
7265	5-8	Sep 6-Sep 27	T	4:45-5:30 pm	MKPRC	\$35R/\$44NR
7266	3-4	Oct 4-Oct 25	T	4-4:45 pm	MKPRC	\$35R/\$44NR
7268	5-8	Oct 4-Oct 25	T	4:45-5:30 pm	MKPRC	\$35R/\$44NR
7267	3-4	Nov 1-Nov 22	T	4-4:45 pm	MKPRC	\$35R/\$44NR
7269	5-8	Nov 1-Nov 22	T	4:45-5:30 pm	MKPRC	\$35R/\$44NR
7270	5-8	Dec 6-Dec 20	T	4:45-5:30 pm	MKPRC	\$28R/\$35NR
7271	3-4	Dec 6-Dec 20	T	4-4:45 pm	MKPRC	\$28R/\$35NR

Melanie's Dance Ballet and Tap

These classes will encourage students to love to dance because dance is the hidden language of the soul. Instructor: Melineh Alahverdian

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7312	4-5	Sep 6-Oct 25	T	4-4:45 pm	POPC	\$65R/\$82NR
7313	6-7	Sep 6-Oct 25	T	5-5:45 pm	POPC	\$65R/\$82NR
7316	8-12	Sep 6-Oct 25	T	6-6:45 pm	POPC	\$65R/\$82NR
7309	4-5	Sep 12-Oct 31	M	4-4:45 pm	POPC	\$65R/\$82NR
7310	6-7	Sep 12-Oct 31	M	5-5:45 pm	POPC	\$65R/\$82NR
7311	8-12	Sep 12-Oct 31	M	6-6:45 pm	POPC	\$65R/\$82NR
7315	4-5	Nov 1-Dec 20	T	4-4:45 pm	POPC	\$65R/\$82NR
7314	6-7	Nov 1-Dec 20	T	5-5:45 pm	POPC	\$65R/\$82NR
7319	8-12	Nov 1-Dec 20	T	6-6:45 pm	POPC	\$65R/\$82NR
7320	4-5	Nov 7-Dec 19	M	4-4:45 pm	POPC	\$65R/\$82NR
7321	6-7	Nov 7-Dec 19	M	5-5:45 pm	POPC	\$65R/\$82NR
7322	8-12	Nov 7-Dec 19	M	6-6:45 pm	POPC	\$65R/\$82NR

Palmdale Theatre Dance Teen & Adult Tap

Tap dance builds aerobic fitness and muscle control in a fun and exciting environment. Class introduces students to all basic tap steps, new vocabulary, acapella combinations and improvisation. Class training helps the student become a successful dancer with performance opportunities for beginning to advanced dancers. Dance recital Dec. 4. Instructor: Erin Hvegholm

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7285	11+	Sep 12-Nov 28	M	6:30-7:30 pm	PPH	\$80R/\$100NR

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Palmdale Theatre Dance Kids Hip Hop Jazz

Learn the popular elements of jazz and hip hop's unique dance styles. Jazz dance is a uniquely American dance form, which includes a variety of styles from primitive to classic, musical theatre/Broadway, contemporary, and hip hop. Recital Dec. 4. Instructor: Erin Hvegholm

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7286	7-10	Sep 12-Nov 28	M	5:15-6:15 pm	PPH	\$80R/\$100NR
7289	7-10	Sep 13-Nov 29	T	5:30-6:30 pm	PPH	\$80R/\$100NR

Palmdale Theatre Dance Kids Tap

Class introduces students to the fundamentals of tap, built on time steps and rhythms, from the basics to the complex. Class training also helps the student become a successful dancer with performance opportunities for beginning to advanced dancers. Instructor: Erin Hvegholm

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7287	6-11	Sep 12-Nov 28	M	4:15-5:15 pm	PPH	\$80R/\$100NR

Palmdale Theatre Dance Teen & Adult Hip Hop Jazz

Learn the popular elements of jazz and hip hop's unique dance styles. Jazz dance is a uniquely American dance form which includes a variety of styles from primitive to classic, musical theatre/Broadway, contemporary, and hip hop. Class training helps the student become a successful dancer with performance opportunities for beginning to advanced dancers. Dance recital Dec. 4. Instructor: Erin Hvegholm

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7288	12+	Sep 13-Nov 22	T	6:30-7:30 pm	PPH	\$80R/\$100NR



West Coast Advanced Jazz Improvisation

Course is designed for advanced students who have a solid foundation on blues and standard chord progressions. Students will explore improvisational skills through advanced harmonic levels. For more information email Jeff Kaser at jeffkaser@hotmail.com or westcoastclassical.org. All students are required to purchase Jamey Aebersold's *Volume 54 Maiden Voyage* book. All other materials will be provided.

Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7290	6+	Sep 13-Dec 13	T	7-8:30 pm	PPH	\$110R/\$138NR

West Coast Classical Beginning Band

Course is designed for beginning woodwinds, brass and percussion who want to learn the basics of musical performance. For more information, contact Jeff at 818/590-4190, jeffkaser@hotmail.com. All students are required to purchase Hal Leonard's *Essential Elements Book 1* method book for their specific instrument.

Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7291	6+	Sep 14-Dec 14	W	4-5 pm	PPH	\$110R/\$138NR

West Coast Classical Beginning Strings

Program is designed for beginning violin, viola, cello and bass musicians who want to learn the basics of musical performance. For more information, contact Patricia at 805/490-3635, grahamgracenotes@aol.com. Materials will be provided. Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7292	6+	Sep 14-Dec 14	W	4-5 pm	PPH	\$110R/\$138NR

West Coast Classical Concert Orchestra

Program is designed for intermediate to advanced level musicians and offers a creative outlet for musicians wishing to play a wide variety of musical styles. The concert orchestra performs contemporary arrangements as well as traditional orchestral repertoire. You must register for an audition online at www.cityofpalmdale.org/PlayPalmdale, audition course #7427. For more information, contact Patricia at 805/490-3635 or grahamgracenotes@aol.com. Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7293	6+	Sep 14-Dec 14	W	6:15-7:45 pm	PPH	\$110R/\$138NR

West Coast Classical Flute Choir

Program is designed to be a performance oriented class, exploring diverse flute ensemble literature, for intermediate to advanced members, audition required. For more information email Jeff Kaser at jeffkaser@hotmail.com or westcoastclassical.org. All repertoire materials will be provided. Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7294	6+	Sep 17-Dec 17	Sa	10-11:30 am	PPH	\$110R/\$138NR

West Coast Classical String Orchestra

Program is designed for intermediate violin, viola, cello and bass musicians, providing an opportunity to explore and share an exciting range of music written specifically for string repertoire, audition required. You must register for an audition online at www.cityofpalmdale.org/PlayPalmdale. Audition course #7427. For more information email Patricia Graham at grahamgracenotes@aol.com or westcoastclassical.org. All repertoire materials will be provided. Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7295	6+	Sep 14-Dec 14	W	5-6 pm	PPH	\$110R/\$138NR

West Coast Classical Symphonic Orchestra

This course is an advanced-level orchestra specializing in traditional repertoire and solo opportunities for qualifying members. The Symphonic Orchestra performs literature written by such composers as Beethoven, Brahms, Tchaikovsky, Mozart, Mussorgsky and Mendelssohn. Audition required. You must register for an audition online at www.cityofpalmdale.org/PlayPalmdale, audition course #7427. For more information email Patricia Graham at grahamgracenotes@aol.com or westcoastclassical.org. All repertoire materials will be provided.

Instructor: Patricia Graham

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7296	6+	Sep 14-Dec 14	W	8-9:30 pm	PPH	\$110R/\$138NR

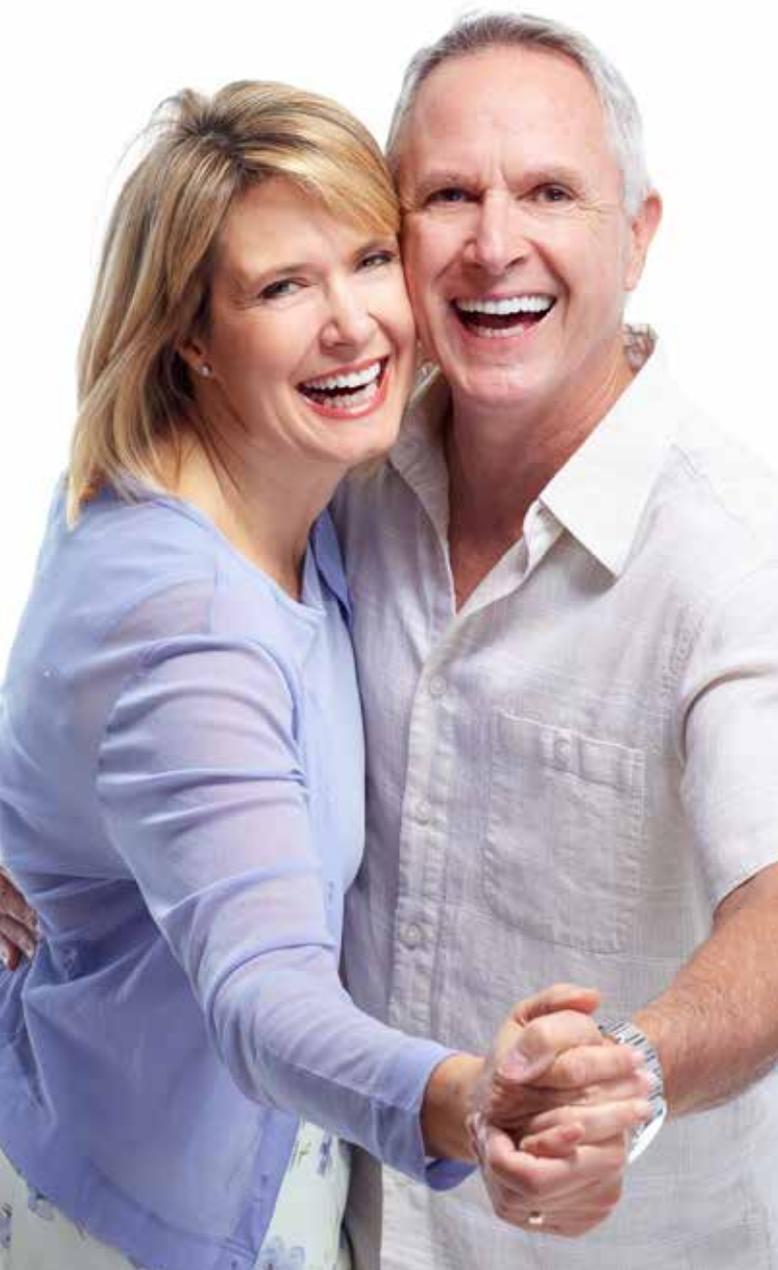
Perfect Harmony Piccolo

Class continuation from Summer Perfect Harmony Piccolo. New students are welcome! Students will learn the basics of a capella with professional vocal instruction in a safe and comfortable group setting. Classes will also focus on performance skills and musicality. Class will culminate with a live recital at the Palmdale Playhouse. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7440	9-15	Sep 12-Nov 7	M	5-7 pm	PPH	\$80R/\$100NR



Orchestra courses require an audition. Auditions will be held August 31, September 1, 7, and 8. You must register online in course #7427 at www.cityofpalmdale.org/PlayPalmdale for a 10 minute audition time. No walk-ins will be accepted.



arts & entertainme

All About Theatre

Learn basic acting skills in a fun and encouraging theatre environment. Students with little or no theatre experience welcome. Program will prepare students for a showcase of their talents at the end of the course. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7399	7-11	Sep 8-Nov 3	Th	5-6 pm	PPH	\$80R/\$100NR

The Theatre Experience

Students will discover and improve performance skills through fun, interactive lessons and games while learning acting and character techniques. Class will focus on building techniques and skills to prepare students for a showcase of their talents at the end of the course. Beginners are welcome. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7400	12-17	Sep 8-Nov 17	Th	6:30-8:30 pm	PPH	\$80R/\$100NR

Adult

Aces & Deuces Square Dances

Square dancing for everyone; fun, mature crowd.

AGE	DAY	DATE	TIME	LOC	FEE
40+	2nd Sa	7-10:15 pm	LC	\$8 Suggested Donation	

Fun After Forty Dance Club

Dance away the evening to ballroom music. Lessons available prior to the dance at 6:30 pm.

AGE	DAY	TIME	LOC	FEE
40+	F	6-9:30 pm	LC	\$7

Square Dance Lessons

Square dancing for beginners, as easy as 1-2-3.

AGE	LEVEL	DAY	TIME	LOC	FEE
40+	Plus A	Th	6-9 pm	LC	\$5



55+

Bunco

Join us twice a month for a lively game of bunco. This dice game is easy to learn and lots of fun!

AGE	DAY	TIME	LOC	FEE
55+	1st & 3rd F	9:15-10:30 am	LC	Free

Legacy of Art

Try your hand at creating a masterpiece using a variety of paint mediums; bring your own supplies.

Volunteer: Debra Schneider

AGE	DAY	TIME	LOC	FEE
55+	Th	1-3 pm	LC	Free
	F	9-11 am		

Persian Dance

Learn the traditional Iranian dance, Raghs Ironi, which is also good physical exercise. Volunteer: Bijan Omid

AGE	DAY	TIME	LOC	FEE
55+	Th	10-11 am	LC	Free



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Early Childhood

Tiny Tots Registration Information

Session 2 – Children currently enrolled in Session 1 receive Priority Registration for Session 2. Open registration for any available spots will begin online on Monday, October 17, 7:30 am. Children must be minimum 3 years old by September 1, 2016 to register for Twinkling Stars, or minimum of 4 years old by September 1, 2016 for Blazing Comets. Enrollment is limited to 20 per class.

Tiny Tots

This program offers recreational curriculum. Your child will build social skills and independence while being introduced to the alphabet, numbers, colors and shapes in a developmentally appropriate environment. Children should be fully potty-trained and accustomed to parental separation. During two classes in the session, parents are required to assist, provide a snack and a simple hands-on craft project. Sibling discount available.

Instructor: Staff

Blazing Comets

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7393	4-5	Oct 31-Feb 17	M,W,F	9 am-12 pm	DSP	\$240R/ \$288NR
7395	4-5	Oct 31-Feb 17	M,W,F	9 am-12 pm	MKP	\$240R/ \$288NR
7397	4-5	Oct 31-Feb 17	M,W,F	9 am-12 pm	POPC	\$240R/ \$288NR

Twinkling Stars

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7394	3-4	Nov 1-Feb 16	T,Th	10 am-12 pm	DSP	\$120R/\$144NR
7396	3-4	Nov 1-Feb 16	T,Th	10 am-12 pm	MKP	\$120R/\$144NR
7398	3-4	Nov 1-Feb 16	T,Th	10 am-12 pm	POPC	\$120R/\$144NR

Lunch Box Tots

For children currently enrolled in Tiny Tots. Pack her/his lunch once each week and she/he can stay and play when class is over! Children have lunch with friends, listen to stories and enjoy music while parents have time for errands or just an afternoon off. Instructor: Staff

Blazing Comets

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7387	4-5	Nov 2-Feb 15	W	12-1 pm	DSP	\$36R/\$43NR
7389	4-5	Nov 2-Feb 15	W	12-1 pm	MKP	\$36R/\$43NR
7391	4-5	Nov 2-Feb 15	W	12-1 pm	POP	\$36R/\$43NR

Twinkling Stars

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7388	3-4	Nov 1-Feb 14	T	12-1 pm	DSP	\$36R/\$43NR
7390	3-4	Nov 1-Feb 14	T	12-1 pm	MKP	\$36R/\$43NR
7392	3-4	Nov 1-Feb 14	T	12-1 pm	POP	\$36R/\$43NR



Family

Creative Writing Workshop

Everyone has a story inside them, just waiting to be told. Learn how to tell yours! Participants will have the opportunity to bring projects in for feedback from other writers, including the instructor (a published author and working editor). We will also spark creativity and generate new pieces from fun and inspiring writing prompts. Learn to increase your powers of observation, discover your best stories, and create memorable pieces of writing using descriptive and narrative techniques. Open to everyone from novice writers to experienced authors. Everyone can benefit from this workshop!

Instructor: Anne Yale

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7243	15+	Sep 10-Oct 1	Sa	10 am-12 pm	MKPRC	\$40R/\$50NR
7244	15+	Oct 8-Oct 29	Sa	10 am-12 pm	MKPRC	\$40R/\$50NR
7364	15+	Nov 5-Dec 3	Sa	10 am-12 pm	MKPRC	\$40R/\$50NR

Youth

The Imagination Machine: Fall Writing Workshop

This is a ten-session intensive writing and performing workshop. Students will create their own stories, produce and perform in an Imagination Machine-style show, music included. They will learn basic improv and acting skills, the art of storytelling and, most importantly, how to construct a story with a complete and well-rounded plot.

Instructor: The Imagination Machine

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7355	6-12	Sep 13-Nov 15	T	4-4:45 pm	MKPRC	\$175R/\$218NR

55+

AARP Smart Driver Class

This two-day class may help you with auto insurance discounts. Advance registration required. AARP member fee \$15; non-member \$20. Please call Legacy Commons for monthly dates.

AGE	DAY	TIME	LOC	FEE
55+	Th-F	8 am-12 pm	LC	Free

Basic Computer Class

Challenge yourself and have fun learning the basics of computer operation in this eight week course. Call 267-5904 for class registration dates.

Volunteer: Cortez Bundley

AGE	DAY	TIME	LOC	FEE
55+	M	8:30-11:30 am	LC	Free

Parkinson's Support Group

For those with Parkinson's Disease and/or their family.

Volunteer: Joan Osborne

AGE	DAY	TIME	LOC	FEE
18+	3rd Tu	10 am-12 pm	LC	Free

hobbies & interest

Early Childhood

Kids Korner

A wonderful introduction to the social world for your toddler. Class offers crafts, music, circle time and socialization. Parents are required to stay and play. Please bring a light snack for your child. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7379	2	Sep 6-Sep 27	T	9:30-11 am	POPC	\$29R/\$35NR
7380	2	Oct 4-Oct 25	T	9:30-11 am	POPC	\$29R/\$35NR
7381	2	Nov 1-Nov 22	T	9:30-11 am	POPC	\$22R/\$26NR
7382	2	Dec 6-Dec 20	T	9:30-11 am	POPC	\$22R/\$26NR

Kinder Korner

Children participate in circle time, music play, craft projects and free-play activities. Parents are encouraged to stay and play. A parent/guardian must stay if child is not potty-trained or accustomed to parental separation. Please pack a light snack for your child. Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7383	3-4	Sep 8-Sep 29	Th	9:30-11 am	POPC	\$29R/\$35NR
7384	3-4	Oct 6-Oct 27	Th	9:30-11 am	POPC	\$29R/\$35NR
7385	3-4	Nov 3-Nov 17	Th	9:30-11 am	POPC	\$22R/\$26NR
7386	3-4	Dec 1-Dec 22	Th	9:30-11 am	POPC	\$22R/\$26NR

Youth

Kids Night Out

Kids will enjoy a night of games, crafts and fun activities while parents enjoy a few hours to themselves.

Instructor: Staff

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
5945	5-12	Sep 23	F	6-9 pm	MKPRC	\$13R/\$15NR
5946	5-12	Oct 28	F	6-9 pm	MKPRC	\$13R/\$15NR
5947	5-12	Nov 18	F	6-9 pm	MKPRC	\$13R/\$15NR
5948	5-12	Dec 16	F	6-9 pm	MKPRC	\$13R/\$15NR



Family

Advanced Digital Photography

This course will benefit the basic point and shooter as well as the more advanced SLR user. This class will teach techniques and concepts that will improve your photography. From camera and equipment buying to using your camera to its full potential, you'll learn how to shoot in manual mode, understand light and fundamental principles of photography, composition, color management and lighting. Digital cameras are not provided, participants are encouraged to bring their own DSLR camera. Instructor: Adore Image Photography

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7220	13+	Oct 8-Oct 29	Sa	10-11:30 am	MKPRC	\$105R/\$131NR

Introduction to Digital Photography

This course will benefit the basic point and shooter as well as the more advanced SLR user. This class will teach techniques and concepts that will improve your photography. From camera and equipment buying to using your camera to its full potential, you'll learn how to shoot in manual mode, understand light and fundamental principles of photography, composition, color management and lighting. Digital cameras are not provided, participants are encouraged to bring their own DSLR camera. Instructor: Adore Image Photography

COURSE	AGE	DATE	DAY	TIME	LOC	FEE
7221	13+	Sep 3-Sep 24	Sa	10-11:30 am	MKPRC	\$83R/\$104NR

55+

Archaeology Club

Interested in archaeology and paleontology? Come hang out with other aficionados for learning and fun.

AGE	DAY	TIME	LOC	FEE
55+	T	9:30-11:30 am	LC	Free

Basic Sewing

Learn basic sewing skills by hand or machine. Sew buttons, hems, zippers or straight seam. You will also learn to read pattern guides. Volunteer: Rosie Hall

AGE	DAY	TIME	LOC	FEE
55+	T	1-3 pm	LC	Free

Billiards

Anyone interested in picking up a game of eight or nine ball is invited to stop in at the billiards room.

AGE	DAY	TIME	LOC	FEE
55+	M-Th	8 am-4 pm	LC	Free

Bingo

Sponsored by Sierra Medical Group

Bring your friends for a chance to win groceries!

AGE	DAY	TIME	LOC	FEE
55+	W	1-3 pm	LC	\$0.25

Golden Jammers

Do you play an instrument or sing? Join this weekly group for a fun, casual jam session.

AGE	DAY	TIME	LOC	FEE
55+	F	10-11 am	LC	Free

Knitting & Crocheting Club

Create an heirloom; bring your own supplies.

AGE	DAY	TIME	LOC	FEE
55+	W	8 am-12 pm	LC	Free

Knitting 4 Fun

This class is designed for non-knitters who would like to learn the basic first steps to knitting and purling.

Volunteer: Denise Gregg

AGE	DAY	TIME	LOC	FEE
55+	Th	11 am-1 pm	LC	Free

Lawn Games

Bocce, croquet, ladder golf and horseshoes; pick up game equipment at the front desk.

AGE	DAY	TIME	LOC	FEE
55+	M-F	8 am-4 pm	LC	Free

Ping Pong

Join us for an energetic game of ping pong. Paddles and balls are provided.

AGE	DAY	TIME	LOC	FEE
55+	M, W	10:30 am-4 pm	LC	Free

Songbirds

Come join the fun singing oldies and new standards. This group meets once a week for sing-a-longs and performs at various Legacy Commons functions.

Volunteer: Sherry Williams

AGE	DAY	TIME	LOC	FEE
55+	M	9-10:15 am	LC	Free



after-school fun centers

☆☆☆

DISCOUNTED FEE AVAILABLE FOR ONLINE AND IN-PERSON OFFICE REGISTRATIONS
 ALL FUN CENTER PHONE REGISTRATIONS PAY FULL COURSE FEE

Afterschool Programs

A structured environment is provided with opportunities to participate in group and individual activities. Recreation staff offer daily homework assistance and organized activities such as sports, games and unique crafts. Participants must be registered with payment prior to participation. A weekly rate is charged; you can register in advance online or at the recreation and culture office for a discounted fee. On-site registration is not available. A \$5 late registration fee will be assessed per child, per day for registrations after 12 pm Monday the week of attendance.

2016-17 School Year

Cottonwood Fun Center

GRADE	DATES	DAYS	TIMES	DISCOUNT/FULL FEE
K-6	Weekly Aug 8-Dec 16	M-F	2-6 pm	\$40/\$50

Esperanza Fun Center

GRADE	DATES	DAYS	TIMES	DISCOUNT/FULL FEE
K-6	Weekly Aug 8-Dec 16	M-F	2-6 pm	\$40/\$50

Rancho Vista Fun Center

GRADE	DATES	DAYS	TIMES	DISCOUNT/FULL FEE
K-6	Weekly Aug 8-Dec 16	M-F	2-6 pm	\$40/\$50





Legacy Commons for Active Seniors

930 East Avenue Q-9 • 661/267-5904

Hours: Monday-Thursday, 8 am-4:30 pm;
Friday, 8 am-12 pm

Legacy Commons provides adults age 55+ the opportunity to remain young-at-heart with a wide range of drop-in activities in a modern, contemporary center. Experience camaraderie, enhance your overall health, continue learning and foster self-reliance through our fitness and exercise classes, visual and performing arts programs, informational seminars and special interest groups. Adjacent Legacy Park features walking paths and picnic tables, bocce ball courts, horseshoe pits and a croquet lawn. Visitors are invited to pick up a detailed schedule of activities. No membership required.

Monthly Birthday Parties

Sponsored by High Desert Medical Group

Celebrate your special day with friends at Legacy Commons. On the fourth Monday of each month, birthday celebrants are honored with cake, ice cream and lots of laughs. Note: When the fourth Monday falls on a holiday, the party is held on the third Monday.

AGE	DAY	TIME	LOC	FEE
55+	4th M	11-11:30 am	LC	Free

Legacy Commons Advisory Board

The board meets to discuss programs and business. Participants are encouraged to attend.

AGE	DAY	TIME	LOC	FEE
55+	1st W	9:15-10 am	LC	Free

Free Wi-Fi Access



Sponsored by Lockheed Martin

You will need a Wi-Fi enabled device. Most newer computers, tablets and smart phones have built-in Wi-Fi. Older versions may require a separate Wi-Fi card which can be purchased at most electronic stores.



Free Coffee

Sponsored by High Desert Medical Group

I recycle because

I ♥ Palmdale

REMEMBER THESE SIMPLE THINGS BEFORE RECYCLING

Keep full water bottles and food items out of your recycle bin.
And remember to recycle plastic bags at your participating retailer, not at home.



Learn More and become a Recycling Ambassador at KeepingAVClean.com



Download the Palmdale My Waste App

To help you stay informed, the City of Palmdale and Waste Management have partnered to bring you the My Waste app.

With the Palmdale My Waste app, you can get recycling tips, set service day reminders, report illegal dumping and more!



Waste Management is proud to call Palmdale home.

Our local team of over 200 drivers and support staff are dedicated to delivering the highest level of waste and recycling services to Palmdale residents and businesses. Working together, we can continue to make the City of Palmdale a cleaner, greener place to call home.



frequently called numbers

City Services Directory

Administration	267-5115	Neighborhood Services	267-5181
AV Human Relations Task Force	947-7433	Neighborhood Watch	267-5170
Building & Safety	267-5353	Palmdale City Library	267-5600
Business License	267-5434	Palmdale Film, Convention & Visitors Bureau	267-5115
Business Watch	267-5170	Palmdale Playhouse	267-5684
City Clerk	267-5151	Palmdale Pride (94-PRIDE)	947-7433
City Council	267-5115	Palmdale Sheriff's Station	272-2400
City Hall	267-5100	Palmdale Transportation Center	267-5977
Code Enforcement	267-5234	Parking Enforcement	267-5436
Communications	267-5115	Partners Against Crime (PAC)	267-5172
Crime Prevention	267-5170	Planning	267-5200
Crime Tip Hotline (94-PRIDE)	947-7433	Poncitán Square	267-5656
Economic Development	267-5115	Public Works	267-5353
Engineering	267-5353	Purchasing	267-5444
Finance	267-5440	Recreation & Culture	267-5611
Geographic Information Systems (GIS)	267-5353	Sewer Maintenance	267-5272
Graffiti Removal Hotline	947-7433	South Antelope Valley Emergency Services (SAVES)	267-5191
Hearing Impaired Access-TDD	267-5167	Shopping Cart Retrieval	947-7433
Housing	267-5126	South Valley WorkSource Ctr.	265-7421
Human Resources	267-5400	Street Cleaning	267-5338
Jobs Hotline (24-hr. recorded information)	267-JOBS	Traffic Signals (94-PRIDE)	947-7433
Maintenance (94-PRIDE)	947-7433	Traffic/Transportation	267-5353

Non-City Services Directory

Access Paratransit	800/883-1295	Dial-A-Ride Service	945-9445
Animal Care & Control	940-4190	Fire (Emergency 911)	949-6319
Antelope Valley Committee on Aging (Info & referrals)	942-6244	Housing Rights Center	800/477-5977
Antelope Valley Transit Authority (AVTA)	945-9445	Meal Services by YWCA	948-2320
AV Environmental Collection Center (888/CLEAN LA)	888/253-2652	Metrolink	800/266-6883
AV Mosquito & Vector Control District	942-2917	Sheriff (Emergency 911)	272-2400
		Trash Service	947-7197
		Used Oil Recycling	800/449-7587

Business Organizations

A.V. African American Chamber of Commerce	272-5807	Palmdale Chamber of Commerce	273-3232
A.V. Hispanic Chamber of Commerce	538-0607	Chamber of Commerce of the Antelope Valley	361-8254

Youth & Adult Non-Profit Organizations

American Indian Little League	491-4222	Highland Youth Football	305-7472
American Red Cross	267-0650	Lions Club	947-7909
A.V. Track Club	209-6525	Palmdale Boys & Girls Club	274-2582
Aces & Deuces Square Dance Club	992-3817	Palmdale Bullets Track Club	317-4575
Adorable Baby's Jump Start	272-9416	Palmdale Little League	285-2166
Antelope Adult Futbol League	406-0869	Palmdale Pony Youth Baseball, Inc.	947-7676
Antelope Valley Sea Cadets	266-2165	Palmdale Universal Futbol-Soccer & Lightning Soccer Club	998-3428
Antelope Valley Special Olympics	945-6210	Palmdale Youth Football	262-8605
Antelope Valley Youth Build	266-8900	Palmdale Youth Soccer League	533-2255
AYSO - Palmdale	aysopalmdale.org	Pete Knight Hawks Youth Tackle Football & Cheerleading	250-4321
AYSO - Quartz Hill	943-7008	SoCal Supersonic Youth Track Club	323/309-4601
Boy Scouts of America	942-0582	Youngblood Wrestling Club	965-0800
Canyon Aquatics	362-3210		
Coach Leonard's Tennis Instruction	818/800-7802		
Frog Aquatics	406-3849		
Girl Scouts	213/213-0123		

Palmdale youth and adult non-profit organizations may request to be listed in 'Adult & Youth Non-Profit Organizations' by calling 661/267-5611.

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Palmdale Chamber of Commerce
Willam J. "Pete" Knight

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to West Ave. P-8 off of 25th St. West
SATURDAY, DECEMBER 10 • 10 AM
Sponsorship opportunities are now available!
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Thank you to our 2015 Sponsors

City of Palmdale Parks & Recreation Facilities Locations & Residency Map

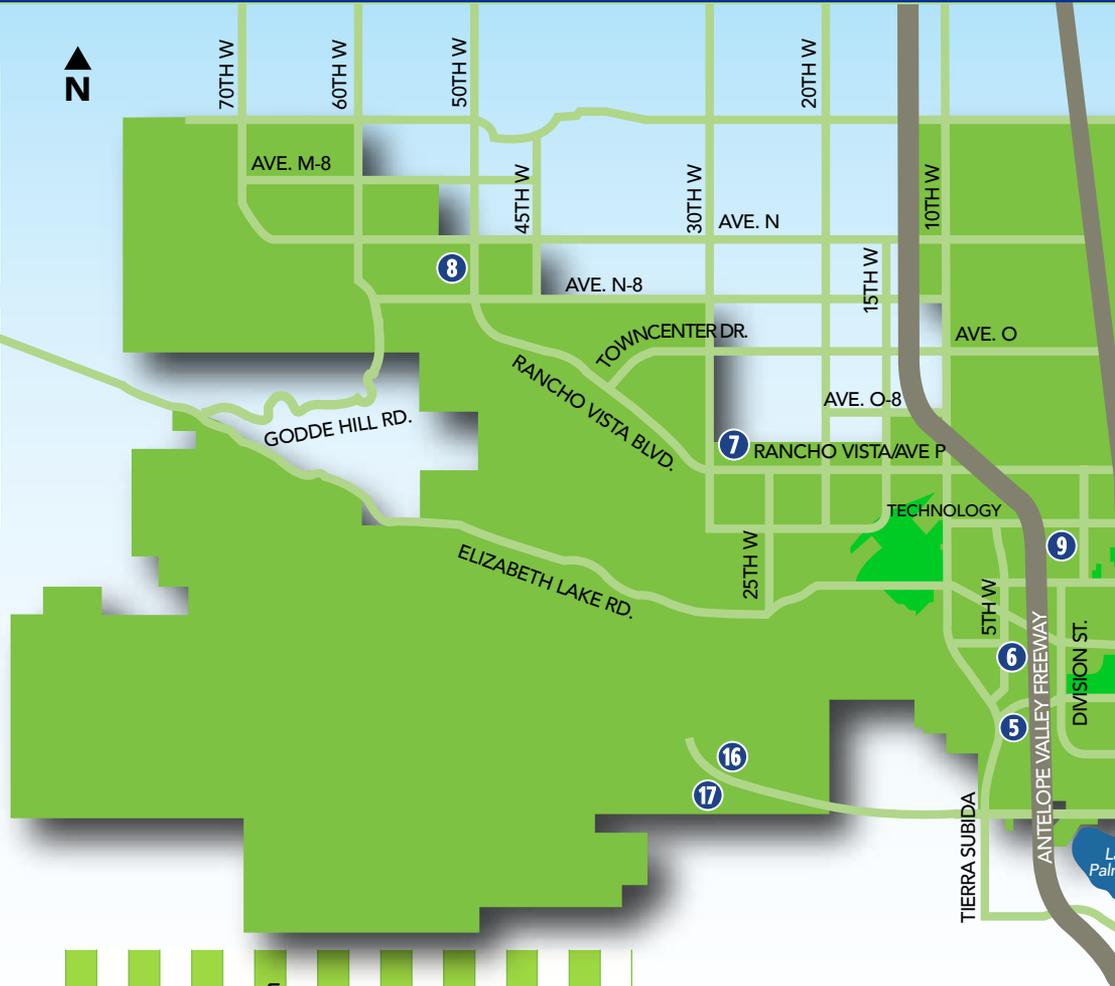
City of Palmdale Boundary

Non-Resident

Parks and/or Recreation Facilities

The City of Palmdale does not warrant the accuracy of the data of the map and assumes no liability for any errors or omissions.

This map is intended to give patrons a general idea of the City's boundaries and park locations. Prior to registering for a class, please confirm your residency by visiting the Recreation & Culture office. Resident and non-resident fees are in place for some classes to benefit Palmdale residents. Those living outside City limits pay an extra fee for some registrations.



City of Palmdale Parks & Recreation Facility Amenities

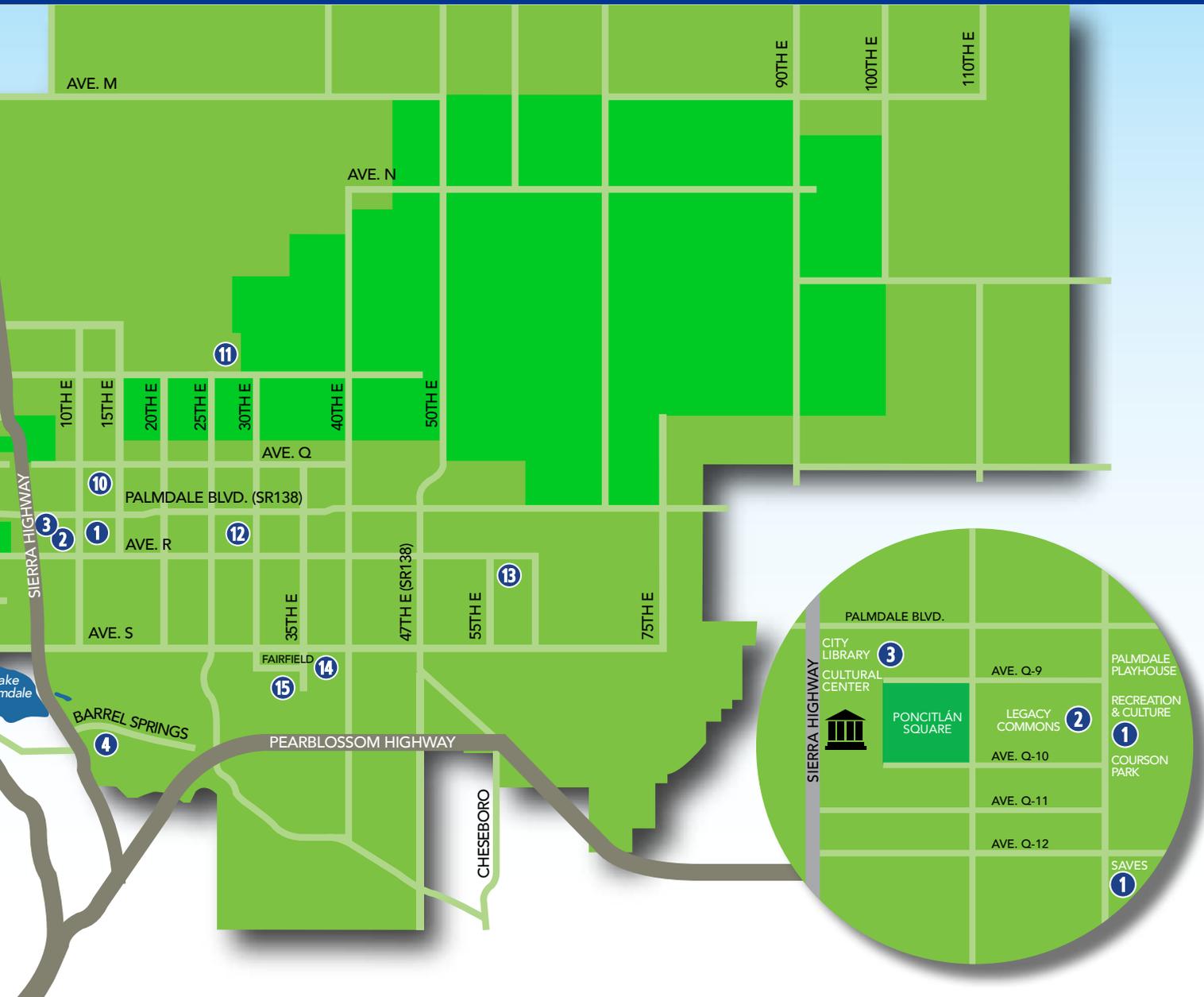
	Barbecues	Basketball Court	Child Play Area	Community Room	Kitchen Facility	Picnic Tables	Picnic Pad/Pavilion	Pool	Recreation Center	Restrooms	Skatepark	Soccer Fields	Soft/Baseball Fields	Playfield	Tennis Courts	Tours	Volleyball Court(s)	Walk/Jog Path
16 Anaverde Park (AVP)	✓	✓	✓		✓	✓			✓					✓				✓
8 Arnie Quinones Park (AQP)												✓		✓				
7 Best of the West Softball Complex (BWSC)	T								✓				✓					
3 Chimbole Cultural Center (CCC)	T			✓	✓				✓									
1 Courson Park (CP)	✓	✓	✓	✓	✓	✓			✓					✓				
9 Desert Sands Park (DSP)	T	✓	✱	✓	✓	✓	✓		✓			✱	✓	✓	✓		✓	✓
13 Domenic Massari Park (DMP)	T	✓	✱	✓	✓	✓			✓		✱	✓	✓	✓	✓		✓	✓
14 DryTown Water Park (DT)	T					✓			✓									✱
17 Foothill Park (FP)		✓	✓			✓			✓			✓		✓				✱
10 Hammack Activity Center (HAC)		✓		✓					✓									
11 Joe Davies Heritage Airpark	✓					✓	✓		✓								✓	✓
15 Joshua Hills Park (JHP)			✓			✓			✓					✓				
2 Legacy Commons (LC)	T			✓	✓				✓									
6 Manzanita Park (MZP)	✓	✓	✓			✓			✓					✓				
7 Marie Kerr Park (MKP)	T	✓	✓	✓	✓	✓	✓	✓	✓	✓	✱	✱	✓	✓	✓	✓	✓	✓
> Recreation Center (MKPRC)	T	✓		✓				✓	✓	✓							✓	✓
12 McAdam Park (MP)	T	✓	✓			✓		✓	✓			✓	✓	✓			✓	✓
7 Palmdale Amphitheater	T								✓					✓				
14 Palmdale Oasis Park (POP)	T							✓	✓	✓				✓				
> Recreation Center (POPC)	T	✓		✓					✓	✓								✓
1 Palmdale Playhouse (PPH)	T			✓					✓					✓				
5 Pelona Vista Park (PVP)	T					✓			✓			✱						✓

- T Facility and/or some features are available for reservation. Visit www.cityofpalmdale.org or call 661/267-5611 for more information.
- ✓ Amenity at this location
- ✱ Lighted – can be used day or night

For information or to make a park, facility or field reservation, please call 661/267-5611.

Breathe easy: Palmdale parks are smoke-free.

**Parks
Make
Life
Better!**



CITY HALL
38300 Sierra Highway, Suite A
267-5100 · Fax 267-5122

1 RECREATION & CULTURE OFFICE
38260 10th Street East
267-5611

PALMDALE PLAYHOUSE (PPH)
38334 10th Street East · 267-5684

MELVILLE J. COURSON PARK (CP)
38226 10th Street East · 267-5611
➤ Pool (CP) · 267-5611

**SOUTH ANTELOPE VALLEY
EMERGENCY SERVICES (SAVES)**
1002 East Avenue Q-12 · 267-5191

2 LEGACY COMMONS FOR ACTIVE SENIORS (LC)
930 East Avenue Q-9 · 267-5904

3 CHIMBOLE CULTURAL CENTER (CCC)
38350 Sierra Highway · 267-5656

PALMDALE CITY LIBRARY
700 East Palmdale Blvd. · 267-5600

PONCITLÁN SQUARE
38315 9th Street East · 267-5656



4 BARREL SPRINGS TRAIL & EQUESTRIAN ARENA
1300 Barrel Springs Road · 267-5611

5 PELONA VISTA PARK (PVP)
37800 Tierra Subida Avenue · 267-5611

6 MANZANITA HEIGHTS PARK (MZP)
431 Mesa Verde Street · 267-5611

7 MARIE KERR PARK (MKP)
2723 Rancho Vista Blvd. · 267-5611
➤ Pool (MKP) · 267-6145
➤ Recreation Center (MKPRC) · 267-6137
➤ Palmdale Amphitheater · 267-5611
➤ Best of the West Softball Complex (BWSC) · 267-5611



8 ARNIE QUINONES PARK (AQP)
41003 50th Street West · 267-5611

9 DESERT SANDS PARK (DSP)
39117 3rd Street East · 267-5611

**10 HAMMACK ACTIVITY CENTER/
ROLLER HOCKEY RINKS (HAC)**
815 East Avenue Q-6 · 267-5611

SOUTH VALLEY WORK SOURCE CENTER 
38510 Sierra Highway · 265-7421

**11 JOE DAVIES HERITAGE AIRPARK
AT PALMDALE PLANT 42**
2001 East Avenue P · 267-5300



12 WILLIAM J. McADAM PARK (MP)
38115 30th Street East · 267-5611
➤ Pool · 267-5654

13 DOMENIC MASSARI PARK (DMP)
37716 55th Street East · 267-5611

14 PALMDALE OASIS PARK (POP)
3850 East Avenue S · 267-5611
➤ Recreation Center (POPC) · 267-5611
➤ Pool (POPC) · 267-6157
➤ DryTown Water Park (DT) · 267-6161



15 JOSHUA HILLS PARK (JHP)
Fairfield & Via del Rio · 267-5611

16 ANAVERDE PARK (AVP)
2820 Greenbrier Street · 267-5611

17 FOOTHILL PARK (FP)
2525 The Groves · 267-5611



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