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CITY OF PALMDALE
NEWS RELEASE

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Palmdale City Library to Host Bullying Prevention Workshop

PALMDALE – The Palmdale City Library, in partnership with the Child and Family Guidance Center, will host a free “Bullying Prevention Workshop” on Thursday, Oct. 16 from 5 to 6 pm at the Library, located at 700 E. Palmdale Blvd.

“This program will cover physical and emotional harassment, as well as cyber-bullying as well, and will give advice on how to keep it from happening to you or your child,” said Library Director Thomas Vose. “With October designated as ‘Bullying Awareness Month,’ find out what you can do to recognize and prevent bullying in your family or your life.”

The Child and Family Guidance Center has provided community mental health services for more than five decades. Today they are the oldest and largest provider of mental health services to the children and families of the Antelope Valley. In 2009, the Center provided services to over 1,200 families in the Antelope Valley region. The Center has two Antelope Valley locations with an outpatient center in Palmdale and an intensive school based program at Desert Pathways High School.

The Palmdale City Library is open seven days a week. Hours of operation are Monday through Thursday from 10 am to 8 pm; Friday and Saturday from 10 am to 5 pm; and Sunday from 1 to 5 pm.

For more information, please call the Palmdale City Library at 661/267-5600 or TDD 267-5167, or visit www.cityofpalmdale.org/library.