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## CITY OF PALMDALE

### *NEWS RELEASE*

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#### DeShawn Shead Free Youth Skill Football Camp Coming to Domenic Massari Park This Saturday

PALMDALE –Highland High School graduate DeShawn Shead, a member of the 2014 Super Bowl winning Seattle Seahawks football team, will host a free Youth Skill Football Camp on Saturday, June 27 from 9 am to 4 pm at Domenic Massari Park, 37716 55<sup>th</sup> St. East in Palmdale.

The camp is designed for ages 8 to 17 and will focus on speed/agility, explosiveness, hand/eye coordination, flexibility/mobility, body control and advanced footwork. Check in time is at 8 am. Lunch will be provided. Spaced is limited.

Registration is available at

<http://register.myonlinecamp.com/camp.cfm?sport=19&id=62590>

Shead enjoyed a highly successful high school career at Highland High School and was a two-time All-Conference defensive back. He was also named the winner of the 2006 National Football Foundation Scholar Athlete award, and holds the school's pole vault record.

He attended Portland State on a scholarship, where he was a four-year starter in the defensive backfield for the Vikings, registering 211 tackles, 11 interceptions, five fumble recoveries, four forced fumbles and 29 passes defended throughout 44 games in

his career, while also handling kickoff return duties. He was an All-Big Sky conference selection his senior year, a second-team All-Big Sky his junior year, and earned his teammates' vote as the team's Most Outstanding Defensive back.

The Seahawks signed Shead as a rookie free agent in April 2012, and has since played a significant role on the team, including a victory in Super Bowl XLVIII.

For more information, please visit [www.deshawnshead.com](http://www.deshawnshead.com).

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