

CITY OF PALMDALE

MEDIA ALERT

CONTACT: John Mlynar
PHONE: 661/267-5115
DATE: August 25, 2015

PHOTO/INTERVIEW OPPORTUNITY

WHAT: Lip Synching Concert at the City of Palmdale's Legacy Commons for Active Seniors.

WHEN: **Thursday, August 27 at 1 pm.**

WHERE: Legacy Commons for Active Seniors, 930 East Avenue Q-9, Palmdale.

WHO: Legacy Commons patrons, staff and visitors.

INFO: Legacy Commons provides adults age 55+ the opportunity to remain young-at-heart with a wide range of drop-in activities in a modern, contemporary center. Experience camaraderie, enhance your overall health, continue learning and foster self-reliance through our fitness and exercise classes, visual and performing arts programs, informational seminars and special interest groups. Adjacent Legacy Park features walking paths and picnic tables, bocce ball courts, horseshoe pits and a croquet lawn. Visitors are invited to pick up a detailed schedule of activities. No membership required.

Legacy Commons is located at 930 East Avenue Q-9, and is open Monday through Thursday, from 8 am to 4:30 pm and Friday's from 8 am to 12 noon. For more information call Legacy Commons at 661/267-5904

VISUALS: Images of patrons lip synching to popular tunes.

INFORMATION: John Mlynar at 661/267-5115.

-30-