

# CITY OF PALMDALE

## *MEDIA ALERT*

CONTACT: John Mlynar  
PHONE: 661/267-5115  
DATE: August 23, 2016

### *PHOTO/INTERVIEW OPPORTUNITY*

**WHAT:** “Club Fabulous,” a lip sync concert by patrons of the City of Palmdale’s Legacy Commons for Active Seniors.

**WHEN:** **Thursday, August 25, 1 to 3 pm.**

**WHERE:** Legacy Commons for Active Seniors, 930 East Avenue Q-9, Palmdale.

**WHO:** Legacy Commons patrons, staff and visitors.

**INFO:** “Club Fabulous,” led by Juanita McWilliams, will feature Legacy Commons participants who will lip sync and dance in costume to popular songs.

Legacy Commons provides adults age 55+ the opportunity to remain young-at-heart with a wide range of drop-in activities in a modern, contemporary center. Experience camaraderie, enhance your overall health, continue learning and foster self-reliance through our fitness and exercise classes, visual and performing arts programs, informational seminars and special interest groups. Adjacent Legacy Park features walking paths and picnic tables, bocce ball courts, horseshoe pits and a croquet lawn. Visitors are invited to pick up a detailed schedule of activities. No membership required.

Legacy Commons is located at 930 East Avenue Q-9, and is open Monday through Thursday, from 8 am to 4:30 pm and Friday’s from 8 am to 12 noon. For more information call Legacy Commons at 661/267-5904

**INFORMATION:** John Mlynar at 661/267-5115.

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