

FOR IMMEDIATE RELEASE

CITY OF PALMDALE

NEWS RELEASE

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Marie Kerr Park to Host AV Heart Walk This Saturday

PALMDALE – The City of Palmdale’s Marie Kerr Park, located at 39700 30th St. West, will host the American Heart Association’s Antelope Valley Heart Walk this Saturday, Oct. 11.

Registration and expo begin at 7 am at the recreation center off of **30th St. West**. The opening ceremony will be held at 8 am and the walk will begin immediately following. There will be a 5K and 1 Mile Survivor route. After the walk, check out the fun activities for kids, and learn about heart health with free CPR demonstrations and blood pressure screenings.

The American Heart Association is the nation's largest voluntary health organization dedicated to building healthier lives, free of heart disease and stroke. The money raised through the Heart Walk funds research, and initiatives that promote the prevention, treatment and better patient care in the areas of cardiovascular disease, the leading killer in the United States.

“Join walkers from across Antelope Valley as they step out to have fun, get inspired, & support a meaningful cause,” said Palmdale’s Communications Manager John Mlynar.

To register, go to www.heartwalkla.org. For information contact the Antelope Valley Heart Walk Team at **213/291-7094** or la.heartwalk@heart.org.

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