

FOR IMMEDIATE RELEASE

## CITY OF PALMDALE *NEWS RELEASE*

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### Legacy Commons to Host Free Resource Fair for Seniors

PALMDALE – The City of Palmdale’s Legacy Commons for Active Seniors will host a Resource Fair on Thursday, April 17 from 10 am to 1 pm at Legacy Commons, East Avenue Q-9 in Palmdale.

“This is a great opportunity for active seniors to get information on everything from health and wellness, to housing and transportation, to leisure activities and more,” said Palmdale’s Recreation Coordinator Jennifer Tallakson. “Representatives from organizations that provide assistance and resources to individuals 55 and above will be on hand to answer questions and present information.”

Participating organizations include: Joshua Memorial Park and Mortuary, Acton Vale Pharmacy, Anthem Blue Cross, First City Credit Union, Halley Olsen Murphy Funerals and Cremation, AV Chiropractic/B Strong 4 Life, AVTA, The Department of Public Social Services, ProCare Hospice, Summit Urgent Care, Americana Referral Services, Legal Shield, A.V. Seniors Network, Sierra Medical Group, Office of Assembly member Steve Fox, Bigelow Family Home Care Inc., Rancho Village and William J. “Pete” Knight Veterans Home of California.

Legacy Commons for Active Seniors, Palmdale’s newest award-winning recreation facility, was designed especially for active adults aged 55+. Amenities include an auditorium with stage, three classrooms, billiards room, TV/social nook, Wi-Fi and outdoor patio in over 14,000 square feet. Lawn games include bocce, croquet, fling golf and horseshoes (drop-in and

pick-up game equipment at the front desk). Visitors are invited to pick up a detailed schedule of activities. Legacy Commons is also available for event rentals.

For more information, please call 661/267-5904.

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