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CITY OF PALMDALE

NEWS RELEASE

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Legacy Commons to Host Free Resource Fair for Seniors This Thursday

PALMDALE – The City of Palmdale’s Legacy Commons for Active Seniors will host a Resource Fair tomorrow, Thursday, April 17 from 10 am to 1 pm at Legacy Commons, East Avenue Q-9 in Palmdale.

“This is a great opportunity for active seniors to get information on everything from health and wellness, to housing and transportation, to leisure activities and more,” said Palmdale’s Recreation Coordinator Jennifer Tallakson. “Representatives from organizations that provide assistance and resources to individuals 55 and above will be on hand to answer questions and present information.”

Participating organizations include: Legacy Commons Advisory Board, Parkinson’s Support Group, State Senator Steve Knight, Office of Assemblymember Steve Fox, The Department of Public Social Services, Social Security Administration, Los Angeles County Department of Mental Health, Antelope Valley Transit Authority (AVTA), A.V. Seniors Network/CARA/AARP, Joshua Memorial Park and Mortuary, Halley Olsen Murphy Funerals and Cremation, High Desert Medical Group, Sierra Medical Group, Anthem Blue Cross, SCAN Health Plan, Summit Urgent Care, AV Chiropractic/B Strong 4 Life, Bigelow Family Home Care Inc., Rancho Village, William J. “Pete” Knight Veteran’s Home of California-Lancaster, Hoffman Hospice, Home Instead Senior Care, ProCare Hospice, Legal Shield, First City Credit Union, Americana Referral Services, Rite Aid Pharmacy, Acton Vale Pharmacy and Sam’s Club

Legacy Commons for Active Seniors, Palmdale's newest award-winning recreation facility, was designed especially for active adults aged 55+. Amenities include an auditorium with stage, three classrooms, billiards room, TV/social nook, Wi-Fi and outdoor patio in over 14,000 square feet. Lawn games include bocce, croquet, fling golf and horseshoes (drop-in and pick-up game equipment at the front desk). Visitors are invited to pick up a detailed schedule of activities. Legacy Commons is also available for event rentals.

For more information, please call 661/267-5904.

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