

FOR IMMEDIATE RELEASE

# CITY OF PALMDALE

## *NEWS RELEASE*

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### Tykes & Waddlers Exercise Classes for Toddlers Begin in June

PALMDALE – The City of Palmdale’s recreation and culture department is offering “Tykes and Waddlers” exercise classes in June and July at the Marie Kerr Park Recreation Center, 2723 Rancho Vista Blvd. in Palmdale.

Structured for ages 7 months to 22 months old, this class introduces a wide range of abilities, interactive songs and dances. Toddlers will enjoy a variety of beginning stretches, exercises and introductory tumbling.

Classes are available Mondays from June 1 through July 20 from 8:30 to 9:30 am, and Tuesdays from June 2 to July 21 from 9:30 to 10:30 am. The cost is \$49. The next session of classes begins on July 27.

Registration is available online at [www.cityofpalmdale.org/playpalmdale](http://www.cityofpalmdale.org/playpalmdale), at the recreation and culture office located at 38260 10<sup>th</sup> St. East in Palmdale Monday through Thursday from 10 am to 6 pm, or by calling 661/267-5611.

For more information, visit [www.cityofpalmdale.org](http://www.cityofpalmdale.org) or call 661/267-5611, Monday through Thursday from 7:30 am to 6 pm.

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