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CITY OF PALMDALE
NEWS RELEASE

CONTACT: John Mlynar
PHONE: 661/267-5115
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Free Yoga Returns to the Palmdale City Library

PALMDALE – The Palmdale City Library will host a free yoga session led by local yoga guru Shannon Quigley on Saturday, April 12 at 11 am at the Library, located at 700 E. Palmdale Blvd.

“Bring a yoga mat or large towel, and come on by and learn how to relax!” said Library Director Thomas Vose. “This program is for ages 16 and up, and space is limited, so make sure you get there early.”

The Palmdale City Library is open seven days a week. Hours of operation are Monday through Thursday from 10 am to 8 pm; Friday and Saturday from 10 am to 5 pm; and Sunday from 1 to 5 pm.

For more information, please call the Palmdale City Library at 661/267-5600 or TDD 267-5167, or visit www.cityofpalmdale.org/library.

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www.cityofpalmdale.org