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CITY OF PALMDALE
NEWS RELEASE

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Palmdale City Library to Host Free Yoga Session

PALMDALE – The Palmdale City Library will host a free yoga session led by local yoga group “The Yoga Roots” this Saturday, July 16 at 1 pm at the Library, located at 700 E. Palmdale Blvd.

Registration is required; call 661/267-5600 to register.

“Come beat the heat with a little yoga in the library,” said Assistant Library Director Debbie Petersen. “This free class is great for all levels. For the best experience we suggest you bring a yoga mat or large towel.”

The Palmdale City Library is open seven days a week. Hours of operation are Monday through Thursday from 10 am to 8 pm; Friday and Saturday from 10 am to 5 pm; and Sunday from 1 to 5 pm.

For more information, please call the Palmdale City Library at 661/267-5600 or TDD 267-5167, or visit www.cityofpalmdale.org/library.

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