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CITY OF PALMDALE
NEWS RELEASE

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Palmdale City Library to Host “Yoga in the Library”

PALMDALE – The Palmdale City Library will host a free yoga class led by local yoga group “The Yoga Roots” on Saturday, Aug. 20, at 1 pm at the Library, located at 700 E. Palmdale Blvd. Registration is required.

“If you’ve always wanted to try yoga but did not know where to start this class is for you,” said Assistant Library Director Debbie Petersen. “Join us and try out a yoga class for free. For the best experience bring a yoga mat or large towel.”

The Palmdale City Library is open seven days a week. Hours of operation are Monday through Thursday from 10 am to 8 pm; Friday and Saturday from 10 am to 5 pm; and Sunday from 1 to 5 pm.

For more information, please call the Palmdale City Library at 661/267-5600 or TDD 267-5167, or visit www.cityofpalmdale.org/library.

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