

FOR IMMEDIATE RELEASE
CITY OF PALMDALE
NEWS RELEASE

CONTACT: John Mlynar
PHONE: 661/267-5115
DATE: August 14, 2015

Palmdale City Library to Offer Free Yoga Class

PALMDALE – The Palmdale City Library will host a free yoga session led by local yoga group “The Yoga Roots” on Saturday, Sept. 5 at 1 pm at the Library, located at 700 E. Palmdale Blvd. No registration is required, but space is limited.

“Yoga is a wonderful way to get in shape,” said Library Director Thomas Vose. “If you haven’t tried it yet, now is your chance!”

The Palmdale City Library is open seven days a week. Hours of operation are Monday through Thursday from 10 am to 8 pm; Friday and Saturday from 10 am to 5 pm; and Sunday from 1 to 5 pm.

For more information, please call the Palmdale City Library at 661/267-5600 or TDD 267-5167, or visit www.cityofpalmdale.org/library.

-30-

Communications Department • 38300 Sierra Highway • Palmdale, CA 93550
www.cityofpalmdale.org