

PALMDALE CITY LIBRARY

Depression

Symptoms and Treatment

What is severe depression and what causes it? Get answers, tips on self-care, and information on where to get help with this free presentation provided by L.A. County Department of Mental Health.

Spanish presentation
Monday, October 7, 2019
6:30 p.m.

English presentation
Monday, October 21, 2019
6:30 p.m.

