

E-cigarette and Tobacco Facts

Nicotine use before age 25 can harm brain development and lead to addiction.



7.2% of middle school and 27.1% of high school students have used a tobacco product.




19.5% of US high school youth currently use a tobacco product.


E-cigarette aerosol can contain **harmful substances.**



A single JUUL refill pod can contain as much nicotine as a pack of 20 cigarettes.



E-cigarette aerosol can have heavy metals, volatile organic compounds, and cancer-causing agents.



Secondhand smoke causes heart disease, stroke, and lung cancer.



Some e-cigs look like flash drives that kids can use unnoticed at home and in school.



Smokeless tobacco has at least **28 cancer-causing chemicals**



There is **no safe level** of secondhand smoke exposure.



CITY OF PALMDALE
NEIGHBORHOOD SERVICES

Tobacco Compliance: 661/267-5313

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38250 Sierra Highway, 2nd Floor • Palmdale, CA 93550

Hours: Monday-Thursday 7:30 am-6 pm

For more info:





7 out of 10 middle and high school students who currently use tobacco have used a **flavored** product.

63% of students who currently use e-cigarettes have used **flavored** e-cigarettes. (1.6 million.)

61% of students who currently use hookah have used **flavored** hookah. (1 million.)

64% of students who currently use cigars have used **flavored** cigars. (910,000)

Source: CDC Morbidity and Mortality Weekly Report (MMWR).

4 out of 5 kids who have used tobacco started with a **flavored** product

American Journal of Preventive Medicine

Flavors and menthol may make smoking feel less harsh, but it **does not make smoking safer**. Flavored tobacco is as **dangerous and addicting** as nonflavored tobacco.

TobaccoFreeCA.com, search for The Tobacco Industry has a Kids Menu

